

COACHING DEVELOPMENT COMMITTEE
Conference Call – Monday November 16th, 2009

Approved Minutes

Participants

Peter Steele – Chair, Atlantic
Annie Sarrat – Quebec
David Gilday – West
Sandi Vyse – Far West
Mike Rivet – ON
Dawn Currie – SSC

Absent

Yanna Moncion - SSC

1. Call Meeting to Order at 20h36 EST
2. Approval of Agenda as presented by Mike
Second by Annie
Motion passed
3. Approval of Minutes – October 19th and November 02nd – Deferred to next meeting.
4. Business Arising

Action	Who	Task	Status

5. Budget – See Attached
6. Correspondence - None
7. New Business
 - a. LTPAD – See Attached for Committee Recommendations
 - i. Track Sizes – Discussion took place prior to making committee recommendations with the following questions or points raised:
 1. What kind of research has been done that shows a 100m track is safer?

2. With the shift to only hosting meets in Olympic size rinks, it means that only a few communities can ever host events. By utilizing the 100m, more communities will be able to host meets.
 3. How do you run practices when you have multiple tracks and multiple levels of skaters?
 4. What about the clubs that only have one group?
 5. When a skater needs to race on a 111.12m track, they also need to train on a 111.12, do we then need to add an additional track?
 6. The 100m does not address the few “fast” skater needs to make their practice and/or races “meaningful”. The recommendation is that males will be 16 years and female 15 years before they can skate on a 111.12m track. While the number is low for the skaters that will be affected, there are still skaters whose needs will need to be addressed. Is it safe to force them to skate on a smaller track?
 7. A minimum standard size of ice for hosting regional events needs to be made.
 8. Can a skater who is much better move up so that the competition can be meaningful?
- ii. Events/Activities
1. Provide menu of activities, but let the branches/clubs run the meets.
 2. We don't want to “Over-regulate”.
- iii. Equipment
1. Once a skater is in an actual speed skating program, they should be required to use speed skates.
 2. Do not want to lose the “emphasis” that skaters are in speed skating.
 3. Question – How do we regulate when a speed skater has minimum skills to move into speed skates. Answer – Link both the Curriculum and Pin Program, so that it is clearly identified that at up to “stage?” they are to use either hockey skates or speed skates, but after “Stage?”, it is recommended they use speed skates only.
 4. Ask for program material used by Karen McLaren, Annie Sarrat and other coaches who have developed their own pre pin program skill development material.

- 8. Next Meeting – December 14th at 8:00PM EST
- 9. Adjournment at 22h43 EST

Action Item Summary

Action	Who	Task	Status
7.a	Dawn	Send draft of recommendations to committee for review.	Done
7.a	Dawn	Send recommendations to LTPAD group and other committee Chairs.	Done
7.iii	Dawn	Request resource material already being used by various clubs for pre pin program level of development.	In Progress