

**COACHING DEVELOPMENT COMMITTEE  
IN-PERSON MEETING – JUNE 21-22<sup>nd</sup>, 2009  
Richmond, BC**

**Approved Minutes**

**Participants**

Peter Steele – Chair, Atlantic

Annie Sarrat – QC

Mike Rivet – ON/Nunavut

David Gilday – West

Keith Gordon – Far West

Dawn Currie – SSC

Yanna Moncion – SSC

Douglas Duncan – SSC (from 10h30 – 12h00)

1. Meeting began at 8h45
2. LTPAD Recommendations

Coaching Committee will come up with race ideas/examples (catalogue of races) for a variety of race formats, a one-sheet of sure-things for each event and distance in order to help prevent failures. Coaches should be on the ice for the majority of these events.

Create a template for the race/event examples and send them to the appropriate groups of people for their ideas and include it with the implementation of the LTPAD recommendations.

Meet Manager Program will need to be modified.

Overall, the Coaching Development Committee agrees with the recommendations of the LTPAD. Event formats, facilities and equipment were the primary areas of discussion and the following comments/observations were raised:

Page 41 – T2T Post-PHV

- States that no records are kept but do meets still require a SSC sanction?
- In ST, questioning why the 100m, 200m and 400m aren't or shouldn't be included?

Page 39 – T2T Pre-PHV

- Why is the 500m included when it is out of the appropriate development distance?
- Why are the 200m and 400m not included in this category?

Page 37 – L2T

- Recommend that the 75m be included to offer 100m or 75m based on the fact that slower speeds with increase skill development.

For each stage of development: Equipment standards are required for safety glasses, helmets, etc.

### 3. Competition Development

Define the expectations of the coaches. Look at this in a coach-pathway standpoint. We are moving to a more horizontal structure – grassroots, regional/provincial/high performance coaches all with *coaching skills* as the crosshairs.

Club coach development – What’s appropriate in terms of mechanism to program delivery? What is the competition development context?

Requirements: Checklist of outcomes – talk to the LF’s

What are the needs of the Branches?

What are the coaching continuums?

PSO capacities are limited to deliver all NCCP programs.

FUNDamentals

Intro to Competition – planning a practice should be 1.5 hours

There was concern that that the FR and EN material are not the same.

- ### 4. Sport Leadership conference – Vancouver November 12-15<sup>th</sup>, 2009
- Last year SSC invited the MLF’s and Western LF’s to the conference and continued with a MLF meeting. What should be done this year?

### 5. MLF Meeting

Dawn to send a notice to MLFs to see if they are available to meet in Vancouver in conjunction with the SLC. If so, we will proceed with scheduling the MLF meeting at this time, and will encourage MLFs to also attend the SLC.

Dawn is to also send the “outcomes” identified in March 2008 to the MLFs (Competition Development and Introduction to Competition) as well as the Coaching Committee for review.

We need to identify from the NTC coaches: what skills are athletes expected to have when they enter the NTCs; What is appropriate in terms of mechanisms? Identify expert developer? Identify expert HP Coach?

Committee to develop:

- Checklist of outcomes for each level
- Confirmed “pre-requisites” policy
- Send the above to LFs for input

## 6. Intro to Competition

- Annie suggested that the Planning a Practice module was too long and only needs to be 1.5 hours.
- This brought up an issue that in the FR FUNdamentals Course, Annie instructs how to develop a practice and this part of the evaluation includes submitting a practice. In the EN FUNdamentals , they are not required to submit a practice, but directed to use some of the sample practice plans. It appeared that the EN/FR are somewhat different.

*Action: Dawn to confirm with Douglas on the material in the two courses.*

- Annie suggested that there is information missing in this course:
  - Analyze Performance videos need to be focused on the ages of skaters that coaches are working with at this level. i.e. A LT video with Jeremy is not suitable to the coaches we are training.
  - Section on Introducing
  - Energy Systems needs to be added.
- It was suggested that evaluation by video may be a more efficient avenue as not only will it be cheaper for the coach, but more importantly, it allows the evaluator to be able to review the video numerous times rather than a “one time” in person evaluation.
- The committee does not feel there should be a minimum score on the MED to be a LF.

## 7. Sport Leadership Conference

SLC is taking place in Vancouver, November 12-15, 2009. Initial discussion took place to host a MLF meeting for Competition Development in the immediate two days following the SLC. The Coaches Development Committee would then pay for costs for the MLFs of this context to attend the SLC and then stay afterwards for the meeting MLFs for this context include: Peter Steele, Crispin Parkinson, Derrick MacLeod, David Morrison, Sean Ireland, Robert Tremblay and Douglas Duncan. The committee understand that it is unlikely Robert will be able to attend due to Olympic preparations.

*Action: Dawn to send out email asking who is available to attend the SLC and two day meeting.*

8. Conference Call Schedule

The Coaching Development Committee will host conference calls the third Monday of every second month at 8:00PM EST. Additional conference calls may be scheduled.

9. Adjournment – Motion to adjourn at 2:53 PM PST by Mike.

**Action Item Summary**

<b>Action</b>	<b>Who</b>	<b>Task</b>	<b>Status</b>
2.	Dawn	Once the committee confirms the recommendations as stated in #2, Dawn to send minutes to Douglas Duncan and Jim McClements.	
3	Committee	Work on confirming the outcomes for Competition Development are completed.	
6	Dawn	Speak with Douglas to ensure the content in both EN and FR FUNdamentals parallel.	Done
7	Dawn	Email MLFs in the Competition Development context to see their availability to attend the SLC and two day meeting.	Done