



**Information Sheet**  
**North American Championships / American Cup III**  
**Salt Lake City, Utah**  
**February 12 - 14, 2010**

The Utah Olympic Oval is a fully enclosed 400m Oval located in Kearns, Utah. It is approximately 25 minutes from downtown Salt Lake City and 20 minutes from Salt Lake International Airport.

**TO BE ELIGIBLE TO COMPETE:**

Entry and waiver with fee must be received by **February 2, 2010**. Participants must be at least 13 years of age before July 1, 2009.

**ENTRY FEE: \$50 \*\*NO LATE ENTRIES ACCEPTED**

**REGISTRATION:**

Register online at [www.usspeedskating.org](http://www.usspeedskating.org) or return Entry Form, Waiver, and Fee payable to:  
US Speedskating  
PO Box 18370  
Kearns, Utah 84118  
Fax: 801-417-5361

**PRACTICE TIMES:**

February 8 and 10th: 3:00pm – 5:00pm and 5:30 – 7:00pm\*  
February 9 and 11: 3:00pm – 5:00pm\*

Additional Practice Times for competitors meeting “A time standards” are available in the morning Feb 9-11. Please check in at Oval Guest Services with date, location, and time achieved to receive schedule. A Time standards are listed below:

<b><u>Mens "A" Ice:</u></b>	<b><u>Ladies "A" Ice:</u></b>
<b>500m: 39.78</b>	<b>500m: 44.10</b>
<b>1000m: 1:17.60</b>	<b>1000m: 1:26.51</b>
<b>1500m: 2:00.32</b>	<b>1500m: 2:13.75</b>
<b>5000m: 7:15.21</b>	<b>3000m: 4:40.65</b>

Practice fee is \$8.00 per person per session. Fee must be paid at Guest Services.

\* Times are subject to change

**COACHES MEETINGS, DRAW, AND OPENING DRAW:**

All competition meetings will be at the Utah Olympic Oval in the World Record Lounge. The opening coaches meeting and draw will be tentatively held on February 11, 2009 at 5:30 and 6:30pm respectively.



## HOST HOTELS:

The host hotels for the 2010 North American Championships are the Hampton Inn and Suites in West Jordan and the Holiday Inn Express and Staybridge Suites inn West Valley City. The Hampton Inn is located 3 miles from the Utah Olympic Oval and is surrounded by numerous restaurants, shopping, and a movie theater all within walking distance.

Hampton Inn and Suites  
3923 Center Park Dr  
West Jordan, UT 84084 USA  
Telephone: (+1) 801.280.7300  
Fax: (+1) 801.280.1815  
Web Site: <http://www.hampton.com>

Mention Utah Olympic Oval to receive the special \$89 rate. Use one of the following confirmation numbers when booking your room: 83145672, 84982473, and 80793737. **All reservations must be made by February 2<sup>nd</sup>.**

The Holiday Inn and Staybridge Suites are located approximately 15 minutes from the Utah Olympic Oval and 15 minutes from Salt Lake International Airport. Numerous restaurants and a movie theater also surround these hotels.

Holiday Inn Express:  
3036 S. Decker Lake Drive  
West Valley City, UT 84119  
Telephone: (+1) 801.517.4000  
Web Site: <http://www.hiexpress.com/westvalleyutah>

Staybridge Suites:  
3038 S. Decker Lake Drive  
West Valley City, UT 84119  
Telephone: (+1) 801.746.8400  
Web Site: <http://www.staybridge.com/westsaltlake>

Mention Utah Olympic Oval to receive the special \$89 rate.  
**All reservations must be made by February 2<sup>nd</sup> in order to receive special rates.**

## TRANSPORTATION:

The Utah Olympic Oval will not be providing transportation to or from the airport or hotel for this event. Enterprise Rental Car is offering a special rate for this event use the code CUT5928 to receive a 10% discount.

## ORGANIZING COMMITTEE:

Should you require any additional information please contact:

Magda Nielson – Chair LOC  
Telephone: 801.963.7124  
Fax: 801.963.7112  
Email: [magda.nielson@olyparks.com](mailto:magda.nielson@olyparks.com)

