

# **SPEED SKATING CANADA**

## **HIGH PERFORMANCE BULLETIN**

### **#145 - SHORT TRACK**



## **August 2009**

### **HIGH PERFORMANCE BULLETINS**

The High Performance Committee – Short Track (HPCST) will issue bulletins periodically throughout the season informing skaters, coaches and associations of any update and/or changes to selection criteria, competitions, etc.

The HPCST reserves the right to modify or change the enclosed policies in the event that exceptional circumstances arise and that any such changes are clearly in the best interest of the high performance program. In these situations all athletes and coaches will be advised of any changes as soon as they are confirmed by the HPCST.

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# **2009 / 10 Short Track Selection Criteria**

## **General Information**

### **Notification**

All National and Development and Talent Squad skaters must have completed and signed a National Team Agreement in order to be eligible for selection to any of the following competitions.

All **senior** World Championships skaters selected to the team must notify (in writing) the Short Track Program Director or National Team Program Manager by March 3<sup>rd</sup>, 2010 if they are competing in the applicable Championship.

### **Selection Procedures**

All skaters must qualify through the specific standards as set by the ISU to be eligible to compete in each specific event. Speed Skating Canada will then select athletes for each specific event in accordance with the following general procedures.

For World Cup competitions 1, 2, 3 and 4, selections will be based upon the Olympic Selection Policy including pre-selections for the Olympic Team and results from the Bell Short Track Team Selections.

Specific details for selection of skaters for each of the respective World Cup competitions are provided later in this HPC Bulletin.

In all cases skaters may request a Bye for selection as follows:

1. Bye

Due to exceptional circumstances (e.g. illness, injury, equipment break, etc) and through no fault of their own, a skater sometimes does not have the opportunity to compete in the designated selection event/s.

In this situation, the athlete may be eligible to apply for a Bye selection to the relevant team.

The basic philosophy for selecting an athlete by granting a Bye is that, all things being equal, the skater given the Bye has clearly demonstrated superior performances in previous competition to at least one other athlete being considered for selection.

A Bye request is considered as the last means by which an athlete can gain selection and is intended to provide for exceptional circumstances outside the normal selection criteria rather than being part of the normal means by which an athlete can gain selection. The procedure and policy for the allocation of Byes can be found in Appendix A.

### **Naming of Teams**

Selection to a Team is provisional until any and all Bye requests have been considered.

Once all Bye requests have been considered, SSC will then formally announce a team by placing the respective team list on the SSC website.

### **Replacement of Skaters**

The HPCST reserves the right to replace a skater if medical advice is such that competing in the event is potentially injurious to the selected skater or that the skater has not recovered sufficiently from an existing injury.

If a skater who is named to a team withdraws or declines their position on the team prior to departure for the competition he/she may be replaced on that team at the discretion of the HPCST. Any replacements will be made on the basis of the original selection procedures.

If a skater who is named to a team withdraws from a team due to injury, illness etc following departure from Canada for the competition, or series of competitions he/she may be replaced on the team at the discretion of the HPCST. Any such replacement will be made on the basis of the original selection procedures.

# 2009 Fall World Cups 1, 2, 3 and 4

The 2010 Winter Olympic Games team will be selected to participate in Fall World Cups 1,2,3, and 4.

Individual distance entries for the World Cup competitions will be determined on the basis of individual distance qualifications for the Olympic Games and by the National Team coaches at the respective World Cup competitions in order to maximize entry positions and preparation for the 2010 Winter Olympic Games.

## 2010 World Short Track Championships

### **Eligibility:**

ISU Rule 281 determines the eligibility of Canada to submit entries for this Championship.

### **Quota:**

The 2010 World Short Track Championships Team will be composed of 5 women and 5 men plus 1 alternate for each gender. Please note the HPC Short Track will have full discretion to determine if the alternate will travel to the World Championships.

### **Selection Procedures:**

Athletes will be selected for this Team in the following priority order:

1. Athletes selected for the 2010 Olympic Games Team
2. Olympic Team alternates if selected to compete at the 2010 Olympic Games
3. Any remaining team positions will then be selected in ranking order of athletes' cumulative ranking points earned from National Team Selections #1

Selection for the individual distances and relay teams will be made as follows:

### **Individual distances:**

Athletes who win an individual distance Olympic medal at the 2010 Olympic Games will be given priority for selection to skate the individual competition. If there are more than 3 skaters who have won an individual medal they will then be selected in order of the medal won and then in order of total individual medals.

Following this, skaters will be selected for the individual distances at the absolute discretion of the HPCST from amongst the 5 men and / or 5 women selected for the World Championships.

### **Relays:**

All 5 team members will be eligible for selection for the relay competition, however the National Team coaching staff at the World Championships will determine the composition of the relay team for each round of competition.

**NOTE:**

The only exception will be if the HPCST makes such a decision as to give a skater a Bye onto the team due to illness or injury as per the policy on granting Bys.

If an athlete's training performances are clearly below their performances that earned them selection to the World Short Track Championships Team, the HPCST may make the decision to replace this skater either for entry to an individual distance and/or the relay team.

## 2010 World Team Championships

**Eligibility:**

ISU Rule 282 determines the eligibility of Canada to submit entries for this Championship.

**Quota:**

The 2010 World Team Championships Team will be composed of 5 women and 5 men plus 1 alternate for each gender. Please note the HPC Short Track will have full discretion to determine if the alternate will travel to the World Team Championships.

**Selection Procedures:**

Athletes will be selected for this Team in the following priority order:

1. Athletes selected for the 2010 Olympic Games Team
2. Olympic Team alternates if selected to compete at the 2010 Olympic Games
3. Any remaining team positions will then be selected in ranking order of athletes' cumulative ranking points earned from National Team Selections #1

The HPCST reserves the right to replace any of the 5 athletes selected for the World Team Championships based on the opportunity to expose different athletes in need of international competition. Normally, the HPCST will make this discretionary selection 2 weeks before the Team leaves for the World Championships.

Individual distance entries for this competition will be made at the absolute discretion of the National Team coaching staff at the World Team Championships. All 5 team members will be eligible for selection for the relay competition however the National Team coaching staff at the World Team Championships will determine the composition of the relay team for each round of competition.

**NOTE:**

The only exception will be if the HPCST makes such a decision as to give a skater a Bye onto the team due to illness or injury as per the policy on granting Bys.

If an athlete's training performances are clearly below their performances that earned them selection to the World Short Track Team Championships, the HPCST may make the decision to replace this skater either for entry to an individual distance and/or the relay team.

# 2010 World Junior Championship

## **Eligibility:**

A Junior skater is a skater who has reached the age of 14, but not the age of 19 by July 1st, 2009. (ISU Rule #108)

## **Quota:**

The 2010 Junior World Short Track Championships Team will be composed of 4 women and 4 men. Please note the HPC Short Track will have full discretion to determine if an alternate will travel to the World Team Championships. The alternate position will be based on overall finishing order from the original selection competition.

## **Selection Procedures:**

### **Pre-Selection:**

Skaters who have earned selection to a senior representative team in the 2009 / 10 season may be pre-selected to the 2010 Junior World Championship Team. A maximum of 2 athletes per gender may be pre-selected for the 2010 World Junior Championships.

### **Individual distances:**

Overall finishing order at the 2009 / 10 Canadian Junior Championships.

### **Relays:**

All team members will be eligible for selection for the relay competition.

The only exception will be if the HPCST makes such a decision as to give a skater a Bye onto the team due to illness or injury as per the policy on granting Byes.

# ***2009 – 2010 National Competitions / Canadian Open***

## **General information**

- a) In order to compete in these competitions skaters must be Canadian citizens and registered members of Speed Skating Canada. The competitions will be held on the ISU 111.12m oval track. The racing rules of SSC, and where applicable, the ISU will be used. Exceptions to the rules for the purpose of selecting the World Championship, National and Development Teams are noted in the 2009 / 10 Competition Format section of this Bulletin.
- b) Skaters must have reached the age of 15 before July 1, 2009 to compete in these events as they are selection races for senior international competitions (ISU Rule 108).
- c) National Team Selections #1 will have a maximum of 32 entries.
- d) The Canadian Open Championships / National Team Selections #2 will have a maximum of 32 entries.
- e) **PLEASE NOTE** All skaters are required to wear cut resistant clothing (undergarment or racing suit) that meets the ISU standards as described in ISU Communication 1265.
- f) Skaters qualify for these National Team Selection events as follows:

## **National Qualifier (Sherbrooke, Quebec, November 21 - 22)**

The National Qualifier Competition will have a maximum of 32 entries. All athletes with a 2008-09 Canadian ranking in the top 30 (who did not compete in the Bell Short Track Team Selections event) will be eligible for the competition. Remaining positions will qualify for entry to the National Qualifier on the basis of their combined 500m + 1500m times as recorded in a gender specific SSC sanctioned competition with electronic timing during the period from August 1<sup>st</sup>, 2009 to November 6<sup>th</sup>, 2009. 500m times will be taken at full value, 1500m times will be divided by 3. Manual times may be accepted and will be adjusted upwards by 0.2 seconds.

Seeding for the competition will be on the basis of individual distance ranking in 2008-09 for those with a Canadian Ranking. Skaters qualified on the basis of entry times will be seeded for all distances on their combined 500m time and 1500m times/3.

## **National Team Selections #1 (Calgary, Alberta, December 12 - 14)**

Skaters from the Bell Short Track Team Selections are automatically eligible to compete. The eligible skaters will include the originally qualified entrants as well as the replacement skaters who participated in the competition.

The remaining skaters will be selected based on overall ranking from the National Qualifier competition, November 21 – 22 in Sherbrooke, Quebec.

If any skaters from the Bell Short Track Team Selections are not able to compete at National Team Selections #1, the resulting positions will be added to those available through the National Qualifier.

## **Canadian Open Championships / National Team Selections #2: (Montreal, Quebec, March 19 - 21)**

Skaters ranked 1 to 27 following National Team Selections #1 will be automatically qualified for entry to the Canadian Open Championships / National Team Selections #2 (subject to Bye requests).

The top 5 skaters from the Canadian Junior Championships based on overall ranking, not already qualified for the Canadian Open Championships / National Team Selections #2, will be eligible to compete. **Please note** to be eligible, the athlete must finish in the top 16 overall at the Canadian Junior Championships. Any remaining positions will be based on overall ranking from the National Qualifier competition.

### **Confirmation of Entries**

Skaters are **required to confirm their intent to participate in writing** to Speed Skating Canada by:

November 6 <sup>th</sup>	for National Qualifier (with applicable entry times)
November 27 <sup>th</sup>	for National Team Selections #1
March 4 <sup>th</sup>	for Canadian Open Championships / National Team Selections #2

**PLEASE NOTE:** Entries **NOT confirmed by this time** will be allocated to the next ranked eligible skater.

If an athlete enters and is then forced to withdraw due to illness, injury etc, their position will automatically be offered to the next eligible skater. If the withdrawal is made within seven (7) days of the event only the next eligible athlete in the ranking list will be offered the vacant position. If this athlete declines then the position will not be offered any further and the position will be declared vacant.

### **National Team Uniforms**

During an event sanctioned by Speed Skating Canada the athletes must not wear a competition uniform (skin suit) identified as belonging to a national team or to another country, unless he or she belongs to that team or country at the time of the competition. (SSC Rule N1-106).

In addition, no Speed Skating Canada National or Development Team skin suits from a previous season are permitted to be worn by any skater during National Team Selections #1, Canadian Open Championships / National Team Selections #2, Canadian Junior Championships or National Qualifier unless authorized by Speed Skating Canada.

### **Canadian Ranking Points**

Canadian Ranking Points are allocated according to the final rankings per distance for each of National Team Selections #1 and the Canadian Open Championships / National Team Selections #2.

Canadian Ranking Points will be used to select teams for competitions and determine a final season ranking to select athletes for the National and Development Teams for the following season. (see

specific selection criteria for each team). Final placing in a particular distance is determined on the basis of the final in which a skater competes and their finish position in that final.

Canadian Ranking Points are then allocated on the final ranking in each distance from National Team Selections #1 and the Canadian Open Championships / National Team Selections #2 as follows:

**Canadian Open Championships and National Team Selections #2 (500m, 1000m, 1500m)**

<u>Place</u>	<u>pts</u>	<u>Place</u>	<u>pts</u>	<u>Place</u>	<u>pts</u>	<u>Place</u>	<u>pts</u>
1	1000	9	196	17	37	25	5
2	816	10	160	18	30	26	4
3	666	11	130	19	24	27	3
4	543	12	106	20	19	28	2
5	443	13	86	21	15	29	1.5
6	362	14	70	22	12	30	1
7	295	15	57	23	9	31	0.5
8	241	16	46	24	7	32	0

If there are more than 4 skaters in a 500m or 1000m final, or 6 in a 1500m final, the points of the 5<sup>th</sup> place, 6<sup>th</sup> place etc, will be the points of the 1<sup>st</sup> place, 2<sup>nd</sup> place, etc. of the following final. The rest of the points will then be adjusted accordingly.

**Canadian Open Championships and National Team Selections #2 (3000m)**

<u>Place</u>	<u>pts</u>	<u>Place</u>	<u>pts</u>
1	500	9	98
2	408	10	80
3	333	11	65
4	272	12	53
5	222	13	43
6	181	14	35
7	148	15	29
8	121	16	23

**Special Racing Rules:**

Disqualifications, failure to finish, scratches:

In case of disqualification, failure to finish due to infraction, or scratches, the following rules will apply:

1. disqualified skaters will receive the last place rank and seeding points in that race and be placed directly into the lowest bracket/race in the next round.
2. skaters who drop out before a race will receive the last place position, behind any skaters who might subsequently fail to finish due to infraction or be disqualified and receive the seeding points according to the final order in that distance
3. skaters who withdraw before the distance will receive no Rankings points for that distance and the distance will be Re-seeded
4. skaters who withdraw from a distance are permitted to continue in the competition for any subsequent distances.
5. a skater who has not finished the race because of an infraction by another skater will receive their position ahead of any disqualified skaters.

6. An athlete who does not finish a race will not be allowed to start the following round of the distance unless an advancement is warranted according to the ISU World Cup procedures or Special Rules Exception pg. 18 d)

## ***2009 / 10 Competition Format***

### ***National Competitions / Canadian Open Championships***

#### **1. Competition format: National Team Selections #1 and Canadian Open Championships / National Team Selections #2**

The format for these competitions is as follows:

Day 1: 1500m

Day 2: 500m

Day 3: 1000m, 3000m, 3000m relay women, 5000m relay men

#### **Seeding: National Team Selections #1**

For those skaters who earned an automatic entry by competing in the Bell Short Track Team Selections, seeding for the first round of the 1500m, 500m and 1000m distances will be made on the basis of the skater's ranking position in each of these distances from the Bell Short Track Team Selections. In the event of a tie, the skater with the fastest time in the respective distance will be ranked higher.

For those skaters who earned a position through the National Qualifier, they will be seeded for the first round of the 1500m, 500m and 1000m distances following the automatic entries on the basis of their overall ranking from the National Qualifier competition.

#### **Seeding: Canadian Open Championships / National Team Selections #2**

Seeding for the first round of the 1500m, 500m and 1000m distances will be made on the basis of the skater's ranking position in each of those distances at National Team Selections #1. Skaters qualifying through the Canadian Junior Championships without a National ranking will be seeded in the next positions on the basis of their overall ranking at the Canadian Junior Championships. Skaters qualifying from the National Qualifier without a National ranking will be seeded in the final remaining positions on the basis of their overall ranking at the National Qualifier.

**PLEASE NOTE:** the HPC reserves the right to adjust seedings for all competitions to ensure the most fair and appropriate racing conditions for athletes who do not have a 2008 / 09 Canadian ranking or were not able to participate in all National Selection competitions from the 08-09 and 09-10 seasons.

## **Seedings for Quarter-finals and Semi-finals**

Seeding for the semi-finals in the 1500m, and for the quarter-finals and semi-finals in the 500m and 1000m distances will be done on the basis of a ranking derived from seeding points awarded in the heats (for the 1500m) and heats and quarter-finals (for the 500m and 1000m) as described below.

Ties in seeding points will be broken by referring to the placing and then times skated in the previous round of racing; the highest placing and then fastest time among those tied in seeding points will be seeded highest and so on.

If there is still a tie then the skater with the highest original seeding for the distance will be seeded highest and so on. Any further ties will be broken by a coin toss.

Placing in previous round:      1<sup>st</sup>   2<sup>nd</sup>   3<sup>rd</sup>   4<sup>th</sup>   5<sup>th</sup>   6<sup>th</sup>   7<sup>th</sup>   8<sup>th</sup>  
Seeding points                      34   21   13   8   5   3   2   1

### **Lane Positions**

**PLEASE NOTE** lane positions will be determined as per ISU rule 296. For the first qualifying round of a distance lane positions will be drawn by the Competitor Steward. For each subsequent round the lane position will be decided by the times skated in the preceding qualifying round. Skaters will be assigned lane positions from the inside of the track to the outside in the order of their times commencing with the fastest time.

### **Composition of the Heats (1500m)**

		<b>1500m Heats</b>					
<b>Distance seeding</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>	
	1	2	3	4	5	6	
	12	11	10	9	8	7	
	13	14	15	16	17	18	
	24	23	22	21	20	19	
	25	26	27	28	29	30	
					32	31	

If starting numbers are reduced from 32, the High Performance Jury (High Performance Committee Chair and/or High Performance elected members in attendance and Short Track Program Director) will determine the most suitable number of heats to ensure the fairest racing conditions.

### **Composition of Semi-finals (1500m)**

#### **Top Bracket**

The top 3 skaters from each of the 6 heats will be placed into the top bracket (final ranks 1-18) and seeded into 3 semi-finals (A, B, C) as described above.

#### **Bottom Bracket**

The remaining skaters from each of the 6 heats will be placed into the bottom bracket (final ranks 19-32) and seeded into 2 semi-finals (D, E) as described above.

### **Semi-Finals 1500m**

	Semi-finals top bracket				Semi-finals bottom bracket	
	A	B	C		D	E
Rank from 1 <sup>st</sup> round	1	2	3		19	20
	6	5	4		22	21
	7	8	9		23	24
	12	11	10		26	25
	13	14	15		27	28
	18	17	16		30	29
					31	32

### **Composition of Finals (1500m)**

Final A: 1<sup>st</sup> and 2<sup>nd</sup> of Semis A, B and C

Final B: 3<sup>rd</sup> and 4<sup>th</sup> of Semis A, B and C

Final C: Remaining skaters from Semis A, B and C

Final D: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> from Semis D and E, + fastest 4<sup>th</sup> from semis D and E (7 skaters)

Final E: Remaining skaters from Semis D and E

### **Composition of Heats (500m and 1000m)**

	500m and 1000m Heats							
	A	B	C	D	E	F	G	H
Distance seeding	1	2	3	4	5	6	7	8
	16	15	14	13	12	11	10	9
	17	18	19	20	21	22	23	24
	32	31	30	29	28	27	26	25

If starting numbers are reduced from 32, the High Performance Jury (High Performance Committee Chair and/or High Performance elected members in attendance and Short Track Program Director) will determine the most suitable number of heats to ensure the fairest racing conditions.

### **Composition of Quarter- finals (500m and 1000m)**

#### **Top Bracket**

The top 2 skaters from each of the 8 heats will be placed into the top bracket (final ranks 1-16 or lower depending on the number of advancements in the heats) and seeded into 4 quarter-finals (A, B, C, D) as described above.

#### **Bottom Bracket**

The remaining skaters from each of the 8 heats will be placed into the bottom bracket (final ranks 17-32) and seeded into 4 quarter-finals (E, F G, H) as described above.

### Quarter-finals 500m and 1000m

	Quarter-finals top bracket				Quarter-finals bottom bracket			
	A	B	C	D	E	F	G	H
<b>Rank from 1<sup>st</sup> round</b>	1	2	3	4	17	18	19	20
	8	7	6	5	24	23	22	21
	9	10	11	12	25	26	27	28
	16	15	14	13	32	31	30	29

### Composition of Semi-Finals (500m and 1000m)

#### Top Bracket

The top 2 skaters from each of the 4 top bracket quarter-finals will be seeded into the top 2 semi-finals (A, B; final ranks 1-8 or lower depending on the number of advancements in the quarter-finals) as described above.

The remaining skaters from each of the 4 top bracket quarter-finals will be seeded into the next 2 semi-finals (C, D; final ranks 9-16 or lower depending on the number of advancements in the heats and quarter-finals) as described above.

#### Bottom Bracket

The top 2 skaters from each of the 4 bottom bracket quarter-finals will be seeded into the top 2 bottom bracket semi-finals (E, F; final ranks 17-24) as described above.

The remaining skaters from each of the 4 bottom bracket quarter-finals will be seeded into the last 2 semi-finals (G, H; final ranks 25-32) as described above.

### Semi finals 500m and 1000m

	Semi - finals top bracket				Semi - finals bottom bracket			
	A	B	C	D	E	F	G	H
<b>Rank from quarter finals</b>	1	2	9	10	17	18	25	26
	4	3	12	11	20	19	28	27
	5	6	13	14	21	22	29	30
	8	7	16	15	24	23	32	31

### Composition of Finals (500m and 1000m)

Final A: 1<sup>st</sup> and 2<sup>nd</sup> skaters from Semis A and B  
 Final B: Remaining skaters from Semis A and B  
 Final C: 1<sup>st</sup> and 2<sup>nd</sup> skaters from Semis C and D  
 Final D: Remaining skaters from Semis C and D  
 Final E: 1<sup>st</sup> and 2<sup>nd</sup> skaters from Semis E and F  
 Final F: Remaining skaters from Semis E and F  
 Final G: 1<sup>st</sup> and 2<sup>nd</sup> skaters from Semis G and H  
 Final H: Remaining skaters from Semis G and H

If there are more than 6 skaters in Final D, a Final D-2 will be held containing the 5<sup>th</sup> and 6<sup>th</sup> place finishers from Semi-finals C and D. This is to prevent too many skaters in Final D, a situation that could arise if there are numerous advancements into the top bracket in the heats and quarterfinals. In the case where a Final D-2 is held, the points for Finals E-H will be adjusted downwards to account for the extra skaters in Final D-2.

**Composition of relay teams.**

The top 12 ranked skaters following the first 3 distances of each competition (500m, 1000m, 1500m) will be eligible to compete in the relay event. If any of the top 12 ranked skaters are unable to participate, the relay teams will be filled by going down the ranking list.

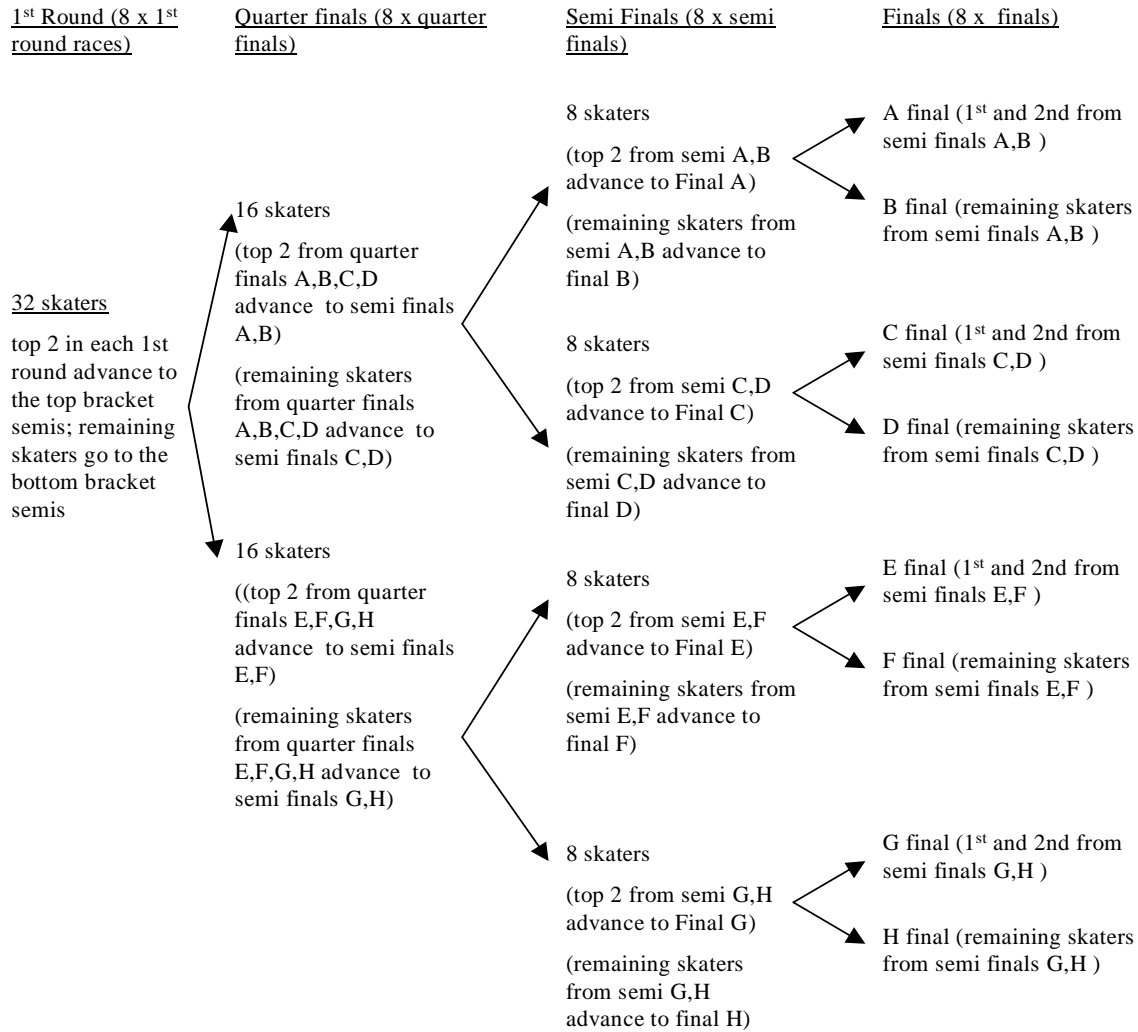
The relay teams will be composed on the basis of rankings as follows:

Team A – 1, 6, 7, 12

Team B – 2, 5, 8, 11

Team C – 3, 4, 9, 10

## Progression chart for 500m and 1000m races



### 3000m

The 3000m will consist of 2 finals. Skaters ranked 1-8 in cumulative ranking points after the 1000m will skate in final A. Skaters ranked 9-16 in cumulative ranking points after the 1000m will skate in final B. In case of a tie for the 8<sup>th</sup>, 16<sup>th</sup> place, the tied skaters will skate in final A, final B respectively.

A premium of points will be awarded for the skater crossing the finish line first after 9 laps.

### Ranking Points:

Skaters earn ranking points during the finals races for each distance as follows:

a) The ranking points for the first 1500m are as follows:

<b>Finals</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>	<b>5th</b>	<b>6<sup>th</sup></b>	<b>7th</b>
Final A	1000	816	666	543	443	362	
Final B	295	241	196	160	130	106	
Final C	86	70	57	46	37	30	
Final D	24	19	15	12	9	7	5
Final E	4	3	2	1.5	1	.5	0

b) The ranking points for the 500m and 1000m are as follows:

<b>Finals</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>
Final A	1000	816	666	543
Final B	443	362	295	241
Final C	196	160	130	106
Final D	86	70	57	46
Final E	37	30	24	19
Final F	15	12	9	7
Final G	5	4	3	2
Final H	1.5	1	.5	0

c) The ranking points for the 3000m are as follows:

<b>Finals</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>	<b>5th</b>	<b>6<sup>th</sup></b>	<b>7<sup>th</sup></b>	<b>8<sup>th</sup></b>
Final A	500	408	333	272	222	181	148	121
Final B	98	80	65	53	43	35	29	23

**Note** a premium of 74 points will be awarded to the athlete crossing the line first following the first nine laps of the 3000m distance in Final A. This represents the same percentage provided at the ISU World Championships, 5 points premium for 34 total points, 74 points premium for 500m total points. The same percentage of points will be awarded to the athlete crossing the line first following the first nine laps of the 3000m distance in Final B according to the top points available in Final B.

If there are more than 4 skaters in a 500m or 1000m final or 6 in a 1500m final, the points of the 5<sup>th</sup> place, 6<sup>th</sup> place etc, will be the points of the 1<sup>st</sup> place, 2<sup>nd</sup> place, etc. of the following final. The rest of the points will then be adjusted accordingly.

### Special Rules

a) If the referee feels there was an intentional or flagrant foul in any race during the competition, the disqualified skater will receive **no points** for that race and the last place points for the race will not be awarded in that final. Please note these points **do not roll down** to the first place finisher in the next final.

**Example:** If the intentional or flagrant foul was in final A of the 500m, the 4<sup>th</sup> place points (543 points) would be removed and the disqualified skater would receive 0 points. The 1<sup>st</sup> place finisher in final B still receives 443 points.

If it is felt by the referee that there is team skating going on, that official has the right to remove the points from those skaters involved in that race to encourage the fairest possible competition.

- b) If a skater retires from a race or the competition due to illness or injury, he/she will retain his/her finals points gained to that stage of the competition. For all other races where he/she does not participate, the skater will be seeded and ranked 32<sup>nd</sup> and receive no further Canadian Ranking Points for the distance/s.
- c) If a skater drops out before the heats (first round of racing) of any distance, the heats will be re-seeded as per the relevant procedures outlined above.
- d) In special circumstances where an athlete is not able to finish a race as a result of injury or equipment failure, the referee in consultation with the High Performance Jury (High Performance Committee Chair and/or High Performance elected members in attendance and National Short Track Program Director) may decide to advance the athlete to the next round to ensure the most fair allocation of final ranking points.

### **Advancement**

Advancement will be in accordance with the ISU World Cup procedures. In brief, advanced skaters will receive seeding points as per their finish in the race from which they were advanced, and will be seeded into the next round of racing on the basis of these seeding points. Advanced skaters will not be seeded in any specified order; instead, their ranking after the previous round will determine which race they are seeded into for the subsequent round.

# **2009 / 10 Competition Format Canadian Junior Championships**

## **Eligibility:**

A Junior skater is a skater who has reached the age of 14, but not the age of 19 by July 1st, 2009. (ISU Rule #108)

In order to compete in these competitions skaters must be Canadian citizens and registered members of Speed Skating Canada

## **Entry:**

Skaters qualify for entry to these Championships on the basis of their combined 500m + 1500m times as recorded in a gender specific SSC sanctioned competition with electronic timing during the period from August 1<sup>st</sup>, 2009 to November 21<sup>st</sup>, 2009. Please note in special circumstances manual times will be accepted (adjusted upwards by 0.2) 500m times will be taken at full value, 1500m times will be divided by 3.

The best 32 ranked skaters from these combined times will then receive automatic entry to the 2009-10 Canadian Junior Championships, December 5-6 in Edmonton, Alberta.

Please note no additional groups will be permitted for competition during the Canadian Junior Championships.

**PLEASE NOTE** All skaters are required to wear cut resistant clothing (undergarment or racing suit) that meets the ISU standards as described in ISU Communication 1265.

## **Competition schedule:**

The schedule for this competition is as follows:

Day 1: 1500m, 500m  
Day 2: 1000m, super 1500m

## **Ranking Points:**

Skaters earn ranking points during the finals races for each distance as follows:

a) The ranking points for the first 1500m are as follows:

<b>Finals</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>	<b>5th</b>	<b>6<sup>th</sup></b>	<b>7th</b>
Final A	1000	816	666	543	443	362	
Final B	295	241	196	160	130	106	
Final C	86	70	57	46	37	30	
Final D	24	19	15	12	9	7	5
Final E	4	3	2	1.5	1	.5	0

b) The ranking points for the 500m and 1000m are as follows:

<b>Finals</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>
Final A	1000	816	666	543
Final B	443	362	295	241
Final C	196	160	130	106
Final D	86	70	57	46
Final E	37	30	24	19
Final F	15	12	9	7
Final G	5	4	3	2
Final H	1.5	1	.5	0

c) The ranking points for the 1500m Super Final are as follows:

<b>Finals</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>	<b>5th</b>	<b>6<sup>th</sup></b>	<b>7th</b>
Final A	1000	816	666	543	443	362	
Final B	295	241	196	160	130	106	
Final C	86	70	57	46	37	30	
Final D	24	19	15	12	9	7	5
Final E	4	3	2	1.5	1	.5	0

If there are more than 4 skaters in a 500m or 1000m final or 6 in a 1500m final, the points of the 5<sup>th</sup> place, 6<sup>th</sup> place etc, will be the points of the 1<sup>st</sup> place, 2<sup>nd</sup> place, etc. of the following final. The rest of the points will then be adjusted accordingly.

### **Lane Positions**

**PLEASE NOTE** lane positions will be determined as per ISU rule 296. For the first qualifying round of a distance lane positions will be drawn by the Competitor Steward. For each subsequent round the lane position will be decided by the times skated in the preceding qualifying round. Skaters will be assigned lane positions from the inside of the track to the outside in the order of their times commencing with the fastest time.

### **Composition of the Heats (1500m)**

Seeding for the 1500m on Day 1 will be in priority order as follows:

- Skaters with a 2008 / 09 Canadian Ranking in attendance, in order of this ranking
- All other skaters seeded in order of their combined entry time standards

**PLEASE NOTE:** the HPC reserves the right to adjust seedings for all competitions to ensure the most fair and appropriate racing conditions for athletes who do not have a 2008 / 09 Canadian ranking or were not able to participate in applicable national selection competitions from the 08-09 and 09-10 seasons.

## Seedings for Quarter-finals and Semi-finals.

Seeding for the semi-finals in the 1500m, and for the quarter-finals and semi-finals in the 500m and 1000m distances will be done on the basis of a ranking derived from seeding points awarded in the heats (for the 1500m) and heats and quarter-finals (for the 500m and 1000m) as described below.

Ties in seeding points will be broken by referring to the placing and then times skated in the previous round of racing; the highest placing and then fastest time among those tied in seeding points will be seeded highest and so on.

If there is still a tie then the skater with the highest original seeding for the distance will be seeded highest and so on. Any further ties will be broken by a coin toss.

Placing in previous round:	<u>1<sup>st</sup></u>	<u>2<sup>nd</sup></u>	<u>3<sup>rd</sup></u>	<u>4<sup>th</sup></u>	<u>5<sup>th</sup></u>	<u>6<sup>th</sup></u>	<u>7<sup>th</sup></u>	<u>8<sup>th</sup></u>
Seeding points	34	21	13	8	5	3	2	1

## Lane Positions

**PLEASE NOTE** lane positions will be determined as per ISU rule 296. For the first qualifying round of a distance lane positions will be drawn by the Competitor Steward. For each subsequent round the lane position will be decided by the times skated in the preceding qualifying round. Skaters will be assigned lane positions from the inside of the track to the outside in the order of their times commencing with the fastest time.

## Composition of the Heats (1500m)

	1500m Heats					
Distance seeding	A	B	C	D	E	F
	1	2	3	4	5	6
	12	11	10	9	8	7
	13	14	15	16	17	18
	24	23	22	21	20	19
	25	26	27	28	29	30
					32	31

If starting numbers are reduced from 32, the High Performance Jury (High Performance Committee Chair and/or High Performance elected members in attendance and National Short Track Program Director) will determine the most suitable number of heats to ensure the fairest racing conditions.

## Composition of Semi-finals (1500m)

### **Top Bracket**

The top 3 skaters from each of the 6 heats will be placed into the top bracket (final ranks 1-18) and seeded into 3 semi-finals (A, B, C) as described above.

### **Bottom Bracket**

The remaining skaters from each of the 6 heats will be placed into the bottom bracket (final ranks 19-32) and seeded into 2 semi-finals (D, E) as described above.

### Semi-Finals 1500m

	Semi-finals top bracket				Semi-finals bottom bracket	
	A	B	C		D	E
Rank from 1 <sup>st</sup> round	1	2	3		19	20
	6	5	4		22	21
	7	8	9		23	24
	12	11	10		26	25
	13	14	15		27	28
	18	17	16		30	29
					31	32

### Composition of Finals (1500m)

- Final A: 1<sup>st</sup> and 2<sup>nd</sup> of Semis A, B and C  
 Final B: 3<sup>rd</sup> and 4<sup>th</sup> of Semis A, B and C  
 Final C: Remaining skaters from Semis A, B and C  
 Final D: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> from Semis D and E, + fastest 4<sup>th</sup> from semis D and E (7 skaters)  
 Final E: Remaining skaters from Semis D and E

### Composition of Heats (500m and 1000m)

	500m and 1000m Heats							
Ranking from 1500m (for 500m) and 1500m and 500m (for 1000m)	A	B	C	D	E	F	G	H
	1	2	3	4	5	6	7	8
	16	15	14	13	12	11	10	9
	17	18	19	20	21	22	23	24
	32	31	30	29	28	27	26	25

If starting numbers are reduced from 32, the High Performance Jury (High Performance Committee Chair and/or High Performance elected members in attendance and Short Track Program Director) will determine the most suitable number of heats to ensure the fairest racing conditions.

### Composition of Quarter- finals (500m and 1000m)

#### **Top Bracket**

The top 2 skaters from each of the 8 heats will be placed into the top bracket (final ranks 1-16 or lower depending on the number of advancements in the heats) and seeded into 4 quarter-finals (A, B, C, D) as described above.

#### **Bottom Bracket**

The remaining skaters from each of the 8 heats will be placed into the bottom bracket (final ranks 17-32) and seeded into 4 quarter-finals (E, F G, H) as described above.

### Quarter-finals 500m and 1000m

	Quarter-finals top bracket					Quarter-finals bottom bracket			
	A	B	C	D		E	F	G	H
Rank from 1 <sup>st</sup> round	1	2	3	4		17	18	19	20
	8	7	6	5		24	23	22	21
	9	10	11	12		25	26	27	28
	16	15	14	13		32	31	30	29

### Composition of Semi-Finals (500m and 1000m)

#### Top Bracket

The top 2 skaters from each of the 4 top bracket quarter-finals will be seeded into the top 2 semi-finals (A, B; final ranks 1-8 or lower depending on the number of advancements in the quarter-finals) as described above.

The remaining skaters from each of the 4 top bracket quarter-finals will be seeded into the next 2 semi-finals (C, D; final ranks 9-16 or lower depending on the number of advancements in the heats and quarter-finals) as described above.

#### Bottom Bracket

The top 2 skaters from each of the 4 bottom bracket quarter-finals will be seeded into the top 2 bottom bracket semi-finals (E, F; final ranks 17-24) as described above.

The remaining skaters from each of the 4 bottom bracket quarter-finals will be seeded into the last 2 semi-finals (G, H; final ranks 25-32) as described above.

### Semi finals 500m and 1000m

	Semi - finals top bracket					Semi - finals bottom bracket			
	A	B	C	D		E	F	G	H
Rank from quarter finals	1	2	9	10		17	18	25	26
	4	3	12	11		20	19	28	27
	5	6	13	14		21	22	29	30
	8	7	16	15		24	23	32	31

### Composition of Finals (500m and 1000m)

Final A: 1<sup>st</sup> and 2<sup>nd</sup> skaters from Semis A and B  
 Final B: Remaining skaters from Semis A and B  
 Final C: 1<sup>st</sup> and 2<sup>nd</sup> skaters from Semis C and D  
 Final D: Remaining skaters from Semis C and D  
 Final E: 1<sup>st</sup> and 2<sup>nd</sup> skaters from Semis E and F  
 Final F: Remaining skaters from Semis E and F  
 Final G: 1<sup>st</sup> and 2<sup>nd</sup> skaters from Semis G and H  
 Final H: Remaining skaters from Semis G and H

If there are more than 6 skaters in Final D, a Final D-2 will be held containing the 5<sup>th</sup> and 6<sup>th</sup> place finishers from Semi-finals C and D. This is to prevent too many skaters in Final D, a situation that could arise if there are numerous advancements into the top bracket in the heats and quarterfinals. In the case where a Final D-2 is held, the points for Finals E-H will be adjusted downwards to account for the extra skaters in Final D-2.

### **Super 1500m**

The Super 1500m will consist of 5 finals. Skaters ranked 1-6 in cumulative ranking points after the 1000m will skate in final A. Skaters ranked 7-12 in cumulative ranking points after the 1000m will skate in final B. Skaters ranked 13-18 in cumulative ranking points after the 1000m will skate in final C. Skaters ranked 19-25 in cumulative ranking points after the 1000m will skate in final D. Skaters ranked 26-32 in cumulative ranking points after the 1000m will skate in final E. Please note the Super 1500m Final A and B for both genders is the priority for selection purposes and Finals C through E will only take place if time permits.

In case of a tie for the 6<sup>th</sup>, 12<sup>th</sup>, 18<sup>th</sup>, or 25<sup>th</sup> place, the tied skaters will skate in final A, final B, final C or final D respectively.

During the Super 1500m, if a skater in contention for a place on the World Junior Championship Team is fouled, the referee must stop the race and begin again without the disqualified skater, regardless of how many laps remain in the race. Here is the number of laps for the restart, depending where the referee stops the race

<u>Laps remaining</u>	<u>Laps for restart</u>
13.5 – 9.5	13.5
9.5 – 0	9.5

If the Super 1500m race is stopped by the referee, and if a skater(s) has/have established a one-lap lead with contact to the main group, skaters that have been lapped will skate one (or more) additional lap(s) than the lead skater(s).

## **2009 / 10 Canadian Rankings**

For the purposes of determining a final overall Canadian Ranking, the original athletes selected to the 2010 Olympic Team will be ranked 1 to 5 in order of their selection to that Team. If an alternate is selected to the Team to participate at the Olympic Games, they will be ranked 6<sup>th</sup>.

For the remainder of athletes, their rankings will be determined from the cumulative ranking points from National Team Selections #1 and the Canadian Open Championships / National Team Selections #2 (adjusted for any Bye Requests). The two competitions will be weighted as follows:

National Team Selections #1 = 40%  
Canadian Open Championships / National Team Selections #2 = 60%

In the event that 2 or more skaters achieve the same ranking they will be separated on the basis of their head-to-head results in each distance skated at National Team Selections #1 and the Canadian Open Championships / National Team Selections #2. If skaters are still tied, the best result in an individual distance at the Canadian Open Championships will be used to separate the athletes.

Individual distance rankings will also be determined using the same weighting of distances:

National Team Selections #1 = 40%  
Canadian Open Championships / National Team Selections #2 = 60%

Athletes selected to the 2010 Olympic Games team will be ranked on the basis of their ranking from the Bell Short Track Team Selections. In the event of a tie in ranking points, the athlete selected for the World Championships will automatically be ranked higher.

## **2009 / 10 Short Track Skater of the Year / Rising Star**

Speed Skating Canada announces at the Annual General Meeting each year a Male and Female Short Track Skater of the Year. The HPCST will determine the winner of the awards with consideration of all performances throughout the current season including World Championships, World Cups and National Competitions.

Speed Skating Canada may also announce at the Annual General Meeting, a "Rising Star" award. The HPCST will determine the winner of the award with consideration of all performances throughout the current season including World Championships, World Cups and National Competitions.

# Appendix A

## **OPERATIONAL GUIDELINES TO THE HIGH PERFORMANCE COMMITTEES FOR THE ALLOCATION OF BYES**

### **1. Purpose**

To provide guidelines to the High Performance Committees in the granting of Byes.

### **2. Philosophy of Team Selection**

The philosophy for team selection is to select the athletes that will achieve the best possible result for Canada at different competitions (Olympic Games, World or Continental Championships, World Cups, etc).

The Long Track (HPCLT) and Short Track (HPCST) High Performance Committees are committed to make the selection to these teams as objective as possible. To ensure this occurs the HPCLT and HPCST will use, wherever possible, objective criteria such as time, placing at a specific competition/s, and ranking etc. as the foremost criteria in selecting athletes.

These criteria will be used at specified selection event/s or a series of specified events.

In nominating the specific selection event/s, the HPCs will only nominate an event that occurs after the confirmation of the relevant selection policy.

In all cases it is the intent of the HPCs that selection is earned through current performances in the specific selection events.

However, in exceptional circumstances an athlete may not be able to compete in the relevant selection events. In this instance the athlete is eligible to apply for selection under the Bye Clause as detailed below.

### **3. Bye Clause Selection Philosophy**

*(The Bye Clause will only apply to selection for specific competitions / events. The Bye Clause will not apply for nominations by SSC to Sport Canada's, Athlete Assistance Program. In the case of a major injury, the AAP Injury Card procedures will be implemented to handle this situation)*

Due to exceptional circumstances (e.g. illness, injury, equipment break, etc) and through no fault of their own, a skater sometimes does not have the opportunity to compete in the nominated selection event/s. In this situation the athlete may be eligible to apply for a Bye selection to the relevant team.

The basic philosophy for selecting an athlete by granting a Bye is that, all things being equal, the skater given the Bye has clearly demonstrated superior performances in previous competition to other athletes being considered for selection.

A Bye request is considered as the last means by which an athlete can gain selection and is intended to provide for exceptional circumstances outside the normal selection criteria rather than being part of the normal means by which an athlete can gain selection.

#### **4. Procedures under which a Bye application can be made**

- a) Bye requests must be made in writing to the respective HPC (see deadlines below)
- b) Unless physically incapable, only the skater requesting a Bye can submit the request.
- c) If the Bye request is made on the basis of an illness or injury, the skater must provide documented evidence from a sports medicine practitioner. The HPC has the right to request further independent medical review after the Bye request has been submitted.
- d) If the Bye request is made on the basis of equipment breakage, this must be reported to and verified by the race referee or HPC representative immediately following the race in which the equipment breakage occurred.

#### **5. Conditions for applying for a Bye**

##### **i. Bye request for a specific competition in the current skating season**

Bye requests will be considered in two categories:

- a) *Pre-competition illness or injury that prevents an athlete from competing in the ranking / selection event.*

If the skater is ill or injured before the beginning of the competition, he/she must request a Bye before the Coaches' meeting at the competition. The HPC Representative must formally announce all Bye requests at this meeting so that all other competitors are made aware of the possibility of a Bye being granted.

A Bye request will be ruled ineligible if the skater subsequently competes in the selection event.

In the case of selection being based upon a cumulative ranking from multiple events, a skater is eligible to apply for a Bye request to a subsequent ranking event if they are prevented from competing in one of the ranking events due to a pre-existing illness or injury.

b) *Injury, illness or equipment breakage during the selection event.*

A Bye request must be made **within 24 hours** following the end of the competition unless the skater is physically incapable of making this request (in such a case, the skater's coach may make the request).

(See Clause 4d above for the reporting requirements for equipment breakage)

In both categories the Bye request **must state clearly** what the skater is asking for, and supporting documentation (medical, race referee report etc) must be attached. The relevant HPC should also have confirmation (medical or other, if not a medical problem) that the athlete will be at 100% of his/her capacity (physical, psychological, etc) to participate in the competition for which he/she has requested a Bye.

## ii. **Bye request to a specific Team or a Competition for the season following the selection event/s**

This process is for the selection to a specific team such as the National Team or Development Team or for competitions in the next skating season but before the next selection competition/s (such as the Fall World Cups).

The Bye must be requested **within two weeks** following the final selection event. The Bye application **must state clearly** what the skater is requesting, and appropriate documentation (medical, etc) **must be attached**.

The relevant HPC should also have confirmation (medical or other, if not a medical problem) that the athlete will be at 100% of his/her capacity (physical, psychological, etc) to be on the Team or participate in the competition to which he/she has requested a Bye.

## 6. **Process for reviewing a Bye application**

The following steps are involved in the process of considering a request for a Bye.

- a) Following the final selection event for the respective team / event, the relevant HPC meets (in person or via conference call) to review the facts.
- b) In cases where multiple Bye applications are lodged they will be assessed individually and on their own merit.
- c) The 3 elected members of the HPC (if not in conflict of interest) will review the facts and make a recommendation (with supporting rationale). If all 3 elected members of the originating HPC are in conflict of interest, then the High Performance Program Director (ST or LT) will make the recommendation regarding the Bye application.

- d) If relevant, the HPC will establish a revised ranking of athletes based upon the selection event/s and an assessment of previous performances from those who have requested a Bye.
- e) From this revised ranking, the final selections will be made.
- f) These final selections will then be named as the “Team” and will be communicated to the skater/s requesting the Bye, skater/s directly affected by the Bye request, the coaches, and athletes' representatives.

## **7. Conditions for Granting a Bye**

The basic question the HPC must answer is whether the skater requesting the Bye had a recent history of performances or other factors as listed below that demonstrate clear superiority of the skater requesting a Bye to those of other athletes in consideration for selection.

The HPC must also be certain that the athlete requesting the Bye would be able to compete at a similar level in the event or team for which they seek selection. The HPC may award a “Conditional Bye” to skaters recovering from injury or illness. In this situation the skater may have certain conditions imposed. This could include, but is not limited to such things as a certain time frame, performance requirement etc.

In order to make these decisions, the HPC will evaluate a number of elements including, but not limited to the following.

- a) Head-to-head competition results of the athletes being considered for selection.
- b) Past performances of the skater requesting the Bye,
- c) Results of the selection competition (by skaters in contention for the team),
- d) Recent training and testing performances

In evaluating past performances, the HPC will assign priority to those performances from the 12 month period prior to the final selection event.

However, this is occasionally not possible because of injuries, or the lack of opportunity for the skaters to compete. In such instances, performances beyond this 12 month period will be considered but will assume a lower value in assessing the Bye request.

## **i. Long Track**

In long track, the HPCLT may award a Bye to a skater who is:

0.5 sammelagt points faster than the last skater selected in a specific distance (that would mean 0.5 seconds in the 500m, 1 second in the 1000m, 1.5 seconds in the 1500m, 3 seconds in the 3000m, 5 seconds in the 5000m, and 10 seconds in the 10000m) or

0.5 sammelagt point per race skated for a selection over cumulative points (4 distances skated = 2 sammelagt points, 500m skated twice = 1.0 sammelagt point)

In assessing the past performances of the skater requesting the Bye and the history of the skaters involved, the HPCLT will give priority to the best time (in sanctioned events) of the skaters involved during the last 12 months including the selection competition(s).

In the case of a multiple event selection (World Sprint, World All-round, Continental, Junior World, etc), if a skater cannot complete the selection competition due to injury, illness or special circumstances, the missing distances will be evaluated by using the best time rule (in the last 12 months) for the skaters involved.

## **ii. Short Track**

In short track, the general guideline is that the HPCST judges that the athlete being granted a Bye would have finished clearly ahead of the last skater selected

In making this judgement the HPCST will evaluate a number of elements including, but not limited to the following.

- a) Head-to-head competition results of the athletes being considered for selection.
- b) Past performances of the skater requesting the Bye,
- c) Results of the selection competition (by skaters in contention for the team),
- d) Recent training and testing performances
- e) Current world rankings of the athletes

## **8. Appeals**

Following the announcement of the "Team" the athlete/s affected by the Bye request decision has/have the opportunity to appeal this decision in accordance with the Speed Skating Canada Appeal Policy. (refer to SSC Appeals Policy RES 100)

Approved by the High Performance Committee Long Track on March 27, 2000.

Approved by the High Performance Committee Short Track on October 5, 2000.

Updated on October 3 and 4, 2001.

Long Track Update: August 15, 2002

Revised: May 2006

Short Track Update: September 2006