



## SCHEDULE / HORAIRE

### Saturday / Samedi

<b>7:45</b>	Warm up / Échauffement	11/12 F 12/13 M		
<b>8:00</b>	Warm up / Échauffement	13/14 /F 14/15 M		
<b>8:15</b>	<b>Ice resurfacing / Réfection de la glace (full)</b>			<b>0:15</b>
<b>8:45</b>	<b>Opening Ceremonies / Cérémonies d'ouverture</b>			<b>0:15</b>
9:15	MS 300m Heat	11 F	3 races	06:30
9:21	MS 300m Heat	12 M	3 races	06:30
9:28	MS 300m Heat	12 F	3 races	06:30
9:34	MS 300m Heat	13 M	3 races	06:30
9:41	MS 300m Heat	13 F	3 races	06:30
9:47	MS 300m Heat	14 M	3 races	06:30
9:54	MS 300m Heat	14 F	3 races	06:30
10:00	MS 300m Heat	15 M	3 races	06:30
<b>10:07</b>	<b>Ice resurfacing / Réfection de la glace</b>			<b>0:30</b>
10:37	MS 300m Final	11 F	3 races	06:30
10:43	MS 300m Final	12 M	3 races	06:30
10:50	MS 300m Final	12 F	3 races	06:30
10:56	MS 300m Final	13 M	3 races	06:30
11:03	MS 300m Final	13 F	3 races	06:30
11:09	MS 300m Final	14 M	3 races	06:30
11:16	MS 300m Final	14 F	3 races	06:30
11:22	MS 300m Final	15 M	3 races	06:30
<b>11:29</b>	<b>Lunch - Ice resurfacing / Dîner - Réfection de la glace</b>			<b>1:00</b>
12:29	MS 3000m Final	11 F	1 races	08:30
12:37	MS 3000m Final	12 M	1 races	08:30
12:46	MS 3000m Final	12 F	1 races	08:30
12:54	MS 3000m Final	13 M	1 races	08:30
<b>13:03</b>	<b>Break / Pause</b>			<b>0:15</b>
13:18	MS 3000m Final	13 F	1 races	08:30
13:26	MS 3000m Final	14 M	1 races	08:30
13:35	MS 3000m Final	14 F	1 races	08:30
13:43	MS 3000m Final	15 M	1 races	08:30
<b>13:52</b>	<b>Ice resurfacing / Réfection de la glace / Set OS Track</b>			<b>0:30</b>
14:22	3 Lap Pursuit	11/12 F	6 races	0:30
14:52	3 Lap Pursuit	12/13 M	6 races	0:30
15:22	5 Lap Pursuit	13/14 F	6 races	0:36
15:58	5 Lap Pursuit	14/15 M	6 races	0:36
<b>16:34</b>	<b>END / FIN approximatif</b>			
	<b>Banquet- Medals presentation / Banquet -Remise des médailles</b>			



## SCHEDULE / HORAIRE

### Sunday / Dimanche

<b>7:45</b>	Warm up / Échauffement	11/12 F 12/13 M		
<b>8:00</b>	Warm up / Échauffement	13/14 /F 14/15 M		
<b>8:15</b>	<b>Ice resurfacing / Réfection de la glace</b>			<b>0:30</b>
8:45	OS 500m	11 F	9 pairs	18:00
9:03	OS 500m	12 M	9 pairs	18:00
9:21	OS 500m	12 F	9 pairs	18:00
9:39	OS 500m	13 M	9 pairs	18:00
<b>9:57</b>	<b>Ice resurfacing / Réfection de la glace</b>			<b>0:30</b>
10:27	OS 500m	13 F	9 pairs	18:00
10:45	OS 500m	14 M	9 pairs	18:00
11:03	OS 500m	14 F	9 pairs	18:00
11:21	OS 500m	15 M	9 pairs	18:00
<b>11:39</b>	<b>Lunch - Medals presentation / Dîner- Remise des médailles</b>			<b>1:00</b>
	<b>Ice resurfacing / Réfection de la glace</b>			
12:39	MS 1500m	11 F	2 races	0:10
12:49	MS 1500m	12 M	2 races	0:10
12:59	MS 1500m	12 F	2 races	0:10
13:09	MS 1500m	13 M	2 races	0:10
<b>13:19</b>	<b>Set OS Track</b>			<b>0:15</b>
13:34	OS 1500m	13 F	5 quads	0:22
13:56	OS 1500m	14 M	5 quads	0:22
14:19	OS 1500m	14 F	5 quads	0:22
14:41	OS 1500m	15 M	5 quads	0:22
<b>15:04</b>	<b>Medals presentation / Remise des médailles</b>			<b>0:15</b>
15:19	Dave Thomson Memorial 5000m	11/12 F + 12/13 M	1 races	0:10
15:29	Dave Thomson Memorial 5000m	13/14 F + 14/15 M	1 races	0:10
<b>15:39</b>	<b>Medals presentation / Remise des médailles</b>			<b>0:15</b>
<b>15:54</b>	<b>END / FIN approximatif</b>			