

SPEED SKATING CANADA HIGH PERFORMANCE BULLETIN

#167 – Selection Process (SHORT TRACK)



August 2015

HIGH PERFORMANCE BULLETINS

The High Performance Committee – Short Track (HPCST) will issue bulletins periodically throughout the season informing skaters, coaches and associations of any update and/or changes to selection criteria, competitions, etc.

The HPCST reserves the right to modify or change the enclosed policies in the event that exceptional circumstances arise and that any such changes are clearly in the best interest of the high performance program. In these situations all athletes and coaches will be advised of any changes as soon as they are confirmed by the HPCST.

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General Information

Bulletin 167 describes the selection criteria, and entry requirements for competitions during the 2015-2016 season.

To complete the amendments to the competition progression that were begun in 2013, access to the Canadian Open National Qualifier is now primarily through the national rankings established last season (Junior and Senior), thereby aligning the high performance coaching philosophy of prioritizing rank over time with competition entry criteria. Branches will still have a guaranteed minimum number of skaters who can enter the meet by time, but the total number of places available by time will be significantly reduced.

The Open competition format will remain on the high performance program this year for the Canadian Open National Qualifier, the Senior National Selection #2 and Junior National Selection #2 competitions. This format was conceived to address the issue of limited high level racing experiences available nationwide and has been largely successful in terms of providing additional opportunities for young developing skaters. Furthermore, the "repechage" format of the competition gives athletes a preview of the sort of racing schedule and style they will encounter at international competition, and gives them the possibility to learn from their mistakes to 're-enter' the competition.

The High Performance Committee believes that this 4-day competition favours skater development. The Open format with repechage more closely resembles international competition, and allows for experience over all 3 major distances, rather than the two distances held over 3 days at World Cups.

Finally, the end of year national ranking has been updated to more accurately reflect the athletes' performance at both the junior and senior level. Junior athletes will earn points towards both junior and senior ranking through their participation in Senior level competitions. A pictorial describing the new ranking method can be found on page 24, and the method for ranking is discussed under each competition section.

The details of access to each of this year's competitions are found within the pages of this Bulletin, however a graphic, simplified version is in the section entitled National Competition Progression.

Notification

All National and Development Team members must have completed and signed a National Team Agreement in order to be eligible for selection to any of the following competitions.

Team Selection Procedures

All skaters must qualify for international competition through the standards set by the ISU to be eligible to compete in each event. Speed Skating Canada will select athletes for each event in accordance with the following general procedures.

Skaters may request a Bye for selection as detailed in the procedure and policy for the allocation of Byes. The Policy can be found on the SSC website in Bulletin 170.

National Team Uniforms

All skaters are required to wear cut resistant clothing (undergarment or racing suit) that meets the ISU standards as described in ISU Communication 1265.

Specific to International competitions

Naming of Teams

Selection to a Team is provisional until any and all bye requests have been considered. Once all bye requests have been considered, SSC will then formally announce a team by posting the team list on the SSC website. Every effort will be made to ensure that this occurs within 7 days of the selection event, however, for the World Championship team, the HPCST reserves the right to delay announcement of the skater chosen by discretionary selection and the athletes participating in the individual distances until the return of the Team from World Cup 6. This will give the HPCST greater evidence of performance, if required, to finalize the decision in order to ensure that the best Team is selected.

For each Team, the HPCST will name an alternate athlete in the event that a replacement is required. The selection of the alternate is at the sole discretion of the HPCST.

Replacement of Skaters

The HPCST reserves the right to replace a skater if medical advice is such that competing in the event may be potentially injurious to the selected skater or that the skater has not recovered sufficiently from an existing injury.

If a skater who is named to a team withdraws or declines his/her position on the team prior to departure for the competition he/she will be replaced on that team at the discretion of the HPCST.

If a skater who is named to a team withdraws from that team due to injury, illness etc following departure from Canada for the competition, or series of competitions he/she may be replaced on the team at the discretion of the HPCST.

Specific to National Competitions

In order to compete in these competitions skaters must be Canadian citizens and registered participants of Speed Skating Canada. The competitions will be held on the ISU 111.12m oval track. ISU racing rules will apply unless otherwise indicated by SSC.

During an event sanctioned by Speed Skating Canada, athletes must not wear a competition uniform (skin suit) identified as belonging to a national team or to another country, unless he or she belongs to that team or country at the time of the competition. (SSC Rule N1-106).

In addition, no Speed Skating Canada National or Development Team skin suit from a previous season is permitted to be worn by any skater during any National event detailed in this Bulletin unless authorized by Speed Skating Canada.

Registration procedure

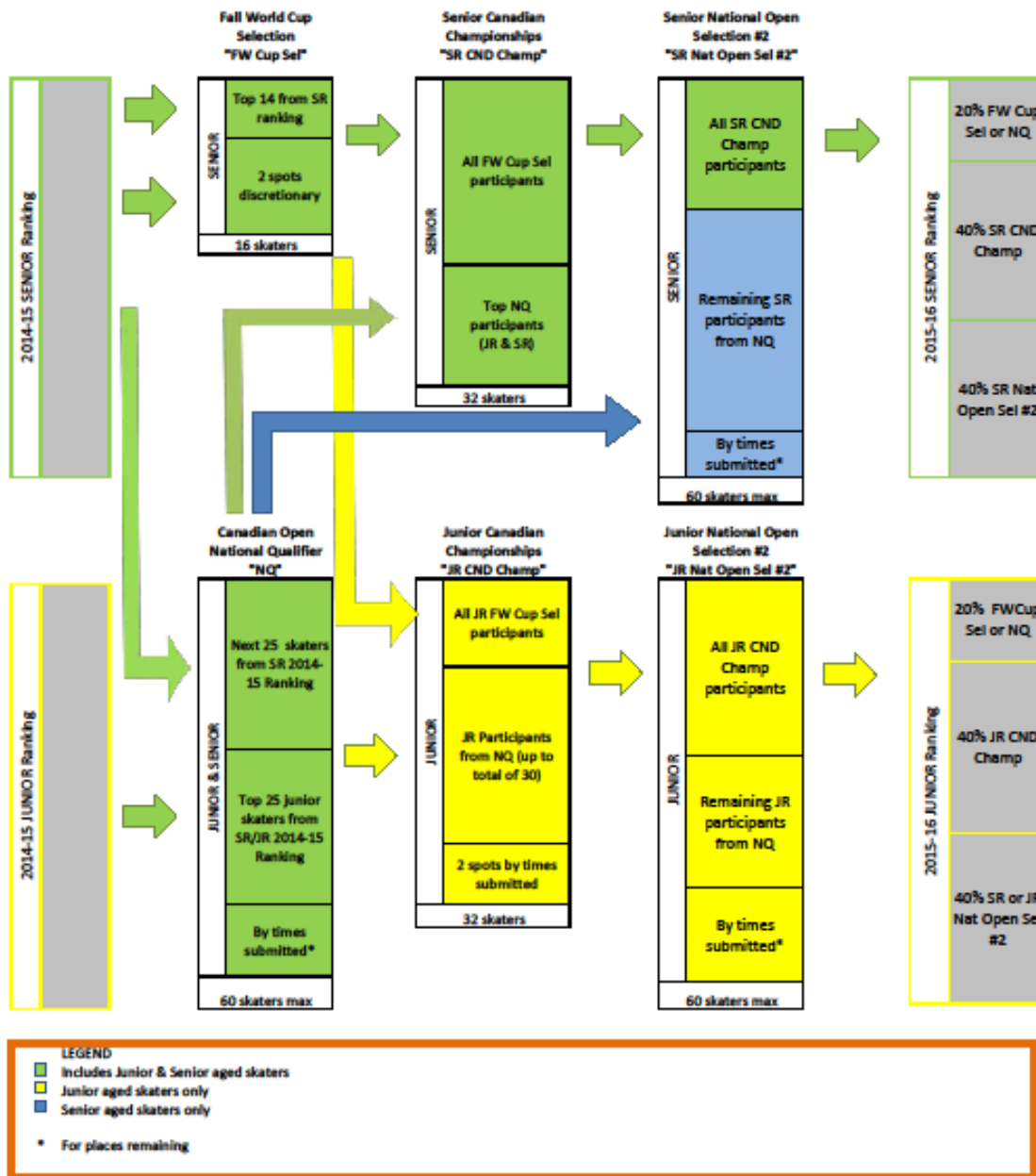
Skaters are required to confirm their intent to participate to Speed Skating Canada **through their branch by:**

| Competition | Dates | Location | Posting of list of pre-qualified | Deadline to confirm participation or submit entries & payment | Posting of final entry list | Deadline for replacements for late withdrawals |
|----------------------------------|-----------------|-----------------|----------------------------------|---|-----------------------------|--|
| Fall World Cup Selection | September 18-20 | Montreal, QC | - | - | August 28 | September 14 |
| Canadian Open National Qualifier | November 19-22 | Richmond, BC | October 12 | October 28 | October 30 | November 13 |
| Canadian Junior Championships | December 18-20 | Levis, QC | November 24 | November 27 | November 30 | December 11 |
| Canadian Senior Championships | January 15-17 | Montreal, QC | November 24 | December 21 | December 22 | January 8 |
| Senior Open Selections #2 | March 10-13 | Montreal, QC | January 29 | February 15 | February 19 | March 3 |
| Junior Open Selections #2 | March 17-20 | Fredericton, NB | January 29 | February 15 | February 19 | March 10 |

PLEASE NOTE:

- Participants NOT confirmed by the deadline to confirm will be replaced by the next ranked eligible skater until the deadline for replacements for late withdrawals. After this date, no more changes will be made to the entry list, except in exceptional circumstances which will be decided by the HPCST and will be limited to until 24 hrs prior to the start of the competition.
- Entry submission and confirmation for skaters outside the National Training Centres will ONLY be accepted by the branch - coaches who wish to verify whether their skaters have been submitted must consult the website or communicate with their branch
- Entries should only be submitted for skaters who are intending to compete
- Registration fees will be charged to the branch for skaters who enter and then choose to withdraw without medical reason

National Competition Progression



2015 / 16 International Competition Team Selection Criteria

Fall World Cups 1, 2, 3 and 4

Eligibility:

ISU determines the eligibility of Canada to submit entries for the World Cups.

An eligible skater is a skater who has reached the age of 15, by July 1st, 2015. (ISU Rule #108)

Quota: The Fall World Cup teams will be composed of six (6) women and six (6) men.

Sequence of decisions and team selection criteria: Fall World Cups

Step 1 Select **top three (3) ranked** athletes based on best two distances at the Fall World Cup Selection competition.

If a tie in points exists, the skater with the highest finish position in their 3rd best distance (not including the 3000m) will be ranked higher. If a tie persists, cumulative seeding points of the 3 distances will be used for breaking the tie.

Step 2 If a request has been made for a bye, the Bye Point System will be used for head-to-head comparison of athletes (refer to the Bye Point Policy – Bulletin 170). The Bye Point System will determine the placement of the athlete within the final adjusted selection ranking for this the Fall World Cup teams.

Step 3 The HPCST, in consultation with the National Team coaches, will select the athletes for the remaining positions according to the guidelines for discretionary selections as specified below. The discretionary selection will be limited to athletes placed in positions three (4) through twelve (12) of the adjusted final selection ranking for the Fall World Cup teams which may include athletes placed through the application of the Bye Point System in step 2 above.

In selecting the discretionary positions, the HPCST will consider past experiences and recent performances to maximize international racing opportunities. Athletes with less experience racing internationally will be prioritized, though the results obtained at recent competitions (including Fall World Cup Selections), as well as evaluation of future potential, quality and commitment to the summer and fall training program, physical testing results, and National Team coaches feedback, will all be considered by the HPCST in confirming the selections. The HPCST will seek to find the appropriate balance between offering skaters international experience and ensuring satisfactory team performance.

The athletes selected in Step 1 above will form the team for World Cups 1, 2, 3, 4, while the other positions may be rotated amongst a group of skaters selected in steps 2 and 3. Should the performance of any athlete on the team at the first two World Cups not meet the expectations of the National Team coaches, s/he may be replaced at the sole discretion of the National Team coach for World Cup 3 and 4. The athlete chosen to take this place on the team will be selected according to the criteria listed in points 2 and 3 above.

The top two (2) ranked athletes of the team (selected in step 1) will then have preference, as decided by the National team coach for entry to individual distances at the respective World Cup competitions.

The remaining individual distance entries will be made by the National Team coach at the respective World Cup competitions.

World Short Track Championships

Eligibility:

ISU Rule 281 determines the eligibility of Canada to submit entries for this Championship.

An eligible skater is a skater who has reached the age of 15, by July 1st, 2015. (ISU Rule #108)

Quota: The World Short Track Championships 2016 Team will be composed of five (5) women and five (5) men.

Sequence of decisions and team selection criteria: World Championships

The following selection criteria will be based on a combination of cumulative overall ranking results from the Canadian Championships (80%) and overall ranking results from the Fall World Cup Selection (20%) or National Open Qualifier competition (20%). This shall be known as the combined ranking. Once the combined ranking has been affected by the evaluation of bye requests, this shall be known as the final adjusted selection ranking for the World Championships team.

Step 1 Select **top three (3)** athletes based on combined ranking as described above.

If a tie in points exists, the athlete with the higher cumulative overall ranking prior to the 3000m, including only the 500m, 1000m and 1500m distances of the Canadian Senior Championships will be ranked higher.

Step 2 If a request has been made for a bye, the Bye Point System will be used for head-to-head comparison of athletes (refer to the Bye Point Policy – Bulletin 170). The Bye Point System will determine the placement of the athlete within the final adjusted selection ranking for the World Championships team. The athlete in the 4th position of this ranking will be selected to the Team.

If no request for a bye has been made, or if a request or requests have been made but have not placed the athlete requesting the bye within the top four (4) athletes of the final adjusted selection ranking for the World Championships team, then the athlete in the 4th position of this ranking will be selected to the Team.

If a tie in points exists, the athlete with the higher cumulative overall ranking prior to the 3000m, including only the 500m, 1000m and 1500m distances of the Canadian Championships will be ranked higher.

Step 3 The HPCST, in consultation with the National Team coaches, will select the athlete for the remaining 5th position according to the guidelines for discretionary selections noted below. The discretionary selection will be limited to athletes in positions five (5) through twelve (12) of the final adjusted selection ranking for the World Championships team which may include athletes placed through the application of the Bye Point System. Should the HPCST wish to delay selection of the discretionary position until the return of the team from World Cup 6,

only those who participated in World Cup 5 or 6 will be eligible for selection. The athlete who is not selected to the World Championships team will be named alternate for the team.

In order to meet the overall objective of Team selections the following elements will be reviewed. As the discretionary position is primarily to select the best Team member for the relay events, the National Team coaches' assessment will include the following elements:

- International relay performances & experience
- National performances
- Training performance
- Readiness for competition
- Team dynamics
- Commitment to the training program
- Medical and health status

“National/International performances” will be defined as performance in competitions within the past twelve (12) months. When performances from the past twelve (12) months are not sufficient to enable a fair comparison and evaluation between athletes, competitions from beyond this period may be considered at the discretion of the HPCST.

Individual distances

Canada's quota to skate individual distances at the 2016 World Short Track Championships from the ISU is two (2) men and three (3) women. The top one (1) man & two (2) women identified in Step 1 (above) will automatically be entered for the individual distances at the World Championship competition.

The remaining individual distance entries will be determined at the absolute discretion of the HPCST from amongst the remaining team members.

In order to meet the overall objective of Team selections for the individual distances the national team coaches' assessment will include the following elements:

- Potential for Podium performances
- International performances & experience
- National performances
- Training performance
- Readiness for competition
- Commitment to the training program
- Medical and health status

Relay

All five (5) Team members will be eligible to compete in the relay; however, the National Team coach at the World Championships will determine the composition of the relay Team for each round of competition.

Performance expectation

If an athlete's training performances are clearly inferior to the performances that earned him/her selection to the World Short Track Championships Team, the HPCST may make the decision to replace this athlete with the alternate.

World Cups 5 & 6

Eligibility

Competitors at World Cup 5 & 6 must have reached the age of 15 before July 1, 2015 (ISU Rule 108).

Quota: The Team for World Cups 5 & 6 will be composed of six (6) men and six (6) women.

Sequence of decisions and team selection criteria: World Cups 5 & 6*

Step 1 Select the four (4) athletes chosen in step 1 and 2 for the World Championships Team.

Step 2 **If all five (5) athletes for the World Championships team have been announced:**
Select 5th athlete on World Championships team and the designated alternate for that competition to the team for World Cup 5 & 6.

If only four (4) athletes for the World Championships team have been announced:
Select 2 athletes among those in contention for the discretionary position on the World Championships team (according to Step 3 of the Sequence of decisions and team selection criteria for World Championships).

Individual distances

The top three (3) athletes identified in Step 1 above, in consultation with the National Team coaches will have preference as to their entry in individual distances at the World Cup 5 & 6 competitions. The remaining individual distance entries will be determined on the basis of individual needs for the athletes' preparation for the World Championships and will be made by the National Team coach at the respective World Cup competitions.

* Athletes who have also qualified for the World Junior Championships will consult with their coach(es) to decide upon the appropriateness of their participation in competitions until the end of the season.

World Junior Short Track Championships

Eligibility:

A Junior skater is a skater who has reached the age of 14, but not the age of 19 by July 1st, 2015. (ISU Rule #108)

Quota: The Team will be composed of four (4) women and four (4) men

Sequence of decisions and team selection criteria: World Junior Short Track Championships

Athletes will be selected on the basis of the overall results of the Canadian Junior Short Track Championships, pre-selection and byes as described below.

Step 1 **Pre-Selection:**

Junior skaters who have earned selection to a Fall World Cup team in the 2015-16 season, and who have achieved a ranking of at least 8th in an individual distance at one of the World Cup events will be pre-selected to the World Junior Short Track Championship Team.

A maximum of **two (2)** athletes per gender may be pre-selected to the World Junior Short Track Championships.

Step 2 Select the highest ranked athletes from the overall results of the Canadian Junior Short Track Championships up to a total of **three (3)**, including those who were pre-selected in Step 1.

If a tie in points exists, the athlete with the higher cumulative overall ranking prior to the Super 1500m, including only the 500m, 1000m and 1500m distances of the Canadian Junior Short Track Championships will be ranked higher.

Step 3 If a request has been made for a bye, it will be evaluated according to the Bye Policy (see Bulletin 170) specific to byes for the World Junior Championships. If the bye is accepted, the athlete will be placed in the 4th position on the team.

If no request for a bye has been made, or if a request or requests have been made but have not resulted in placing the athlete on the team, then the athlete in the 4th position of the overall results of the Canadian Junior Short Track Championships will be selected to the Team.

If a tie in points exists, the athlete with the higher cumulative overall ranking prior to the Super 1500m, including only the 500m, 1000m and 1500m distances of the Canadian Junior Short Track Championships will be ranked higher.

Individual distances:

The top two (2) men & two (2) women identified in Step 1 (above) will automatically be entered for the individual distances at the World Junior Championship competition. Any skaters who have been pre-selected to the team will be considered as the highest ranked athletes and will automatically occupy these positions.

The remaining individual distance entry will be determined at the absolute discretion of the HPCST from amongst the remaining team members.

In order to meet the overall objective of Team selections for the individual distances the national team coaches' will assess skaters based on:

- Potential for Podium performances
- International performances & experience
- National performances
- Training performance
- Readiness for competition
- Commitment to the training program
- Medical and health status

2015 / 16 National Competition Entry Criteria

Fall World Cup Selections

Location: Montreal, Quebec

Date: September 18-20, 2015 inclusive

Field of entry: Sixteen (16) skaters per gender

Posting of pre-qualified skaters: -

Posting of final list: August 28, 2015

Deadline for replacement of late withdrawals: September 14, 2015

Deadline for submission of bye requests: September 17, 2015 – 5 p.m. EST

Eligibility:

Competitors at the Fall World Cup Selection must have reached the age of 15 before July 1, 2015 (ISU Rule 108).

Entry to the Fall World Cup Selection is done through the following priorities up to a maximum number of entries (see below):

1. The top fourteen (14) ranked skaters based on overall Canadian senior ranking from the 2014-15 season*, not including those who are injured, have retired or decided not to skate this season.
2. Two (2) Remaining positions: The HPCST will select skaters at its discretion to complete the field of entry. Any skaters who decline their place in the field of entry will be replaced at the absolute discretion of the HPCST.

If the HPCST does not exercise any or all of its discretion then any vacant starting positions will be allocated based on overall Canadian senior ranking from the 2014-15 season.

*Any ties between skaters will be broken by favouring the skater with the better overall result at the Canadian Championship.

Results for National Ranking:

Senior Ranking

All participants (Senior and Junior) will receive points towards the senior end of year rank (per distance), beginning at rank 1 of the ranking points.

Junior Ranking

Junior aged participants will receive points according to their rank amongst the other junior aged skaters at the competition (per distance), beginning at rank 1 of the ranking points.

(Ex: A junior aged skater finishes 5th in the 1500m distance, but 2nd amongst all junior skaters in the distance. She would receive 4096 points towards her Senior rank, but 8000 points towards her junior rank in this distance.)

Canadian Open National Qualifier

Location: Richmond, British Columbia

Date: November 19-22, 2015 inclusive

Field of Entry: Sixty (60) entries per gender

Posting of pre-qualified skaters: October 12, 2015

Deadline to confirm/send entry and payment: October 28, 2015

Posting of final list: October 30, 2015

Deadline for replacement of late withdrawals: November 13, 2015

Deadline for submission of bye requests: November 18, 2015 – 5 p.m. EST

Eligibility:

Competitors at the Canadian Open National Qualifier must have reached the age of 14 before July 1, 2015 (ISU Rule 108).

Entry to the Canadian Open National Qualifier is done through the following priorities up to a maximum number of entries (see below):

1. The 25 highest ranked athletes according to the 2014-15 Canadian senior ranking (excluding those who competed at the Fall World Cup Selections event)
2. The 25 highest ranked junior aged athletes from 2014-15 according to that season's Canadian senior and junior ranking respectively (excluding those already entered above).
3. Remaining positions*: Athletes who meet the time standard stated below based on their combined 500m + 1500m times as recorded from August 3rd 2015 to October 26th, 2015 in a SSC sanctioned competition with electronic timing. Please note in special circumstances manual times will be accepted (adjusted upwards by 0.2).

Time Standard*

Women: 3min 39sec based on combined 500m and 1500m times. (ex: 0:52+2:47)

Men: 3min 21sec based on combined 500m and 1500m times. (ex: 0:50+2:31)

*Exception: In the event that the number of entries meeting the time standard exceed the total number of places available, each province will be guaranteed an entry of at least two (2) skaters per gender who meet the time standard stated above.

If any of the skaters who qualified for entry by points 1 & 2 above cannot or choose not to compete, they will be replaced by those who submitted their entry by time.

Maximum number of competitors:

The competition will have a maximum of 60 entries for women and 60 for men.

Skaters will compete in the qualifying rounds for the 500m and the 1500m on Thursday. The top ten (10) ranked skaters after the completion of these distances enter the Main Event for the 1000m on Sunday, while the remainder compete in the repechage of the 1000m.

Competition schedule/Format:

The official format of the competition will be detailed in HP Bulletin 168. The information below is to give a general idea of the format and is subject to change.

This competition will be a 4 day event, from Thursday to Sunday. Thursday will be a qualifying day for the 1500m and the 500m and the three other days will include the Main Event as well as “repechage” rounds according to the open competition format. Minimum six (6) skaters will have access to the Main Event from repechage rounds. Friday will have repechage and Main Event for the 1500m, Saturday will have repechage and Main Event for the 500m and Sunday will have repechage and Main Event for the 1000m. In order to determine which skaters enter the 1000m repechage or Main Event, the cumulative ranking from the 500m and 1500m results will be used to generate a ranking for the 1000m distance. The top ten (10) athletes go directly to the Main Event, while the remainder compete in the repechage.

- Day 1 AM: Qualifying round 1500m
PM: Qualifying round 500m
- Day 2 AM: Repechage 1500m
PM: Final 1500m
- Day 3 AM: Repechage 500m
PM: Final 500m
- Day 4 AM: Repechage 1000m
PM: Final 1000m

Results for National Ranking:

Senior ranking

Skaters will receive ranking points starting based on the number of entries at Fall World Cup Selections (per distance). If X skaters compete at Fall World Cup Selections, then the highest ranking points available from National Open Qualifier begin at X+1 rank. Additionally, only junior athletes whose ranking makes them eligible to compete at the Senior Canadian Championships will receive points from this competition towards a senior ranking. Following this, only senior aged skaters will receive points from this competition towards a senior ranking. See below for example.

Junior ranking

Junior aged skaters will receive ranking points based on the number of junior skaters who competed at the Fall World Cup Selection competition (per distance). This means that if Y junior aged skaters compete at Fall World Cup Selections, then the highest ranking points available from National Open Qualifier begin at Y+1 rank.

| FWCup Sel Final rank | Name | Status | For senior ranking | For junior ranking |
|----------------------------|-----------|--------|--------------------------|--------------------------|
| 1 | Zara | Senior | 1 | - |
| 2 | Yao | Senior | 2 | - |
| 3 | Xito | Senior | 3 | - |
| 4 | Wendy | Junior | 4 | 1 |
| 5 | Victoria | Junior | 5 | 2 |
| 6 | Ursula | Senior | 6 | - |
| 7 | Tara | Senior | 7 | - |
| 8 | Stephanie | Senior | 8 | - |
| 9 | Roxanne | Junior | 9 | 3 |
| 10 | Quanita | Senior | 10 | - |
| 11 | Petra | Junior | 11 | 4 |
| 12 | Ophelia | Senior | 12 | - |
| 13 | Nancy | Senior | 13 | - |
| 14 | Midge | Senior | 14 | - |
| 15 | Leanne | Junior | 15 | 5 |
| 16 | Kathy | Junior | 16 | 6 |

| NQ Final rank | Name | Status | For senior ranking | For Junior ranking |
|---------------------|------------|--------|--------------------------|--------------------------|
| 1 | Christine | Junior | 17 | 7 |
| 2 | Molly | Senior | 18 | - |
| 3 | Polly | Senior | 19 | - |
| 4 | Johanne | Junior | 20 | 8 |
| 5 | Rachel | Senior | 21 | - |
| 6 | Agathe | Junior | 22 | 9 |
| 7 | Doris | Senior | 23 | - |
| 8 | Lainey | Senior | 24 | - |
| 9 | Deirdre | Senior | 25 | - |
| 10 | Dallas | Junior | - | 10 |
| 11 | Shelley | Junior | - | 11 |
| 12 | Meaghan | Senior | 28 | - |
| 13 | Claire | Junior | - | 12 |
| 14 | Diane | Junior | - | 13 |
| 15 | Ronda | Junior | - | 14 |
| 16 | Frederique | Junior | - | 15 |

Canadian Senior Championships

Location: Montreal, Quebec

Date: January 15-17, 2016 inclusive

Field of entry: Thirty-two (32) skaters per gender

Posting of pre-qualified skaters: November 24, 2015

Deadline to confirm/send entry and payment: December 21, 2015

Posting of final list: December 22, 2015

Deadline for replacement of late withdrawals: January 8, 2016

Deadline for submission of bye requests: January 14, 2016 – 5 p.m. EST

Eligibility

Competitors at the Canadian Senior Championships must have reached the age of 15 before July 1, 2015 (ISU Rule 108).

Entry to the Canadian Senior Championships is done through the following priorities up to a maximum number of entries (see below):

1. All skaters who competed at the Fall World Cup Selections, including those who were originally qualified but unable to skate as well as replacement skaters who competed in the competition.
2. Remaining positions: athletes will be selected based on overall ranking from the Canadian Open National Qualifier.

If any skaters from the Fall World Cup Selections are not able to compete at the Canadian Open Championships, the resulting positions will be added to those available through the National Qualifier.

Competition schedule/Format:

This competition will be a 3 day event, with each distance skated once (1500m, 500m, 1000m, Super 3000m). Exhibition relays for men and women will be held, time permitting.

Results for National Ranking

This results of this competition count only toward the senior ranking, beginning at rank 1 and following (per distance).

Canadian Senior Open National Team Selections #2

Location: Montreal, Quebec

Date: March 10-13, 2016

Field of Entry: Sixty (60) entries per gender

Posting of pre-qualified skaters: January 29, 2016

Deadline to confirm/send entry and payment: February 15, 2016

Posting of final list: February 19, 2016

Deadline for replacement of late withdrawals: March 3, 2016

Deadline for submission of bye requests: March 09, 2016 – 5 p.m. EST

Eligibility

Competitors at the Canadian Senior Open National Team Selections #2 must have reached the age of 15 before July 1, 2015 (ISU Rule 108).

Entry to the Canadian Senior Open National Team Selections #2 is done through the following priorities up to a maximum number of entries (see below):

1. All skaters who qualified for the Canadian Senior Championship competition and were not selected to the World Senior Championship team
2. All Senior aged skaters who qualified for the Canadian Open National Qualifier
3. Remaining positions: Senior athletes who meet the time standard stated below based on their combined 500m + 1500m times as recorded from August 3rd 2015 to February 15th 2016 in a SSC sanctioned competition with electronic timing. Please note in special circumstances manual times will be accepted (adjusted upwards by 0.2).

Time Standard

Women: 3min 32sec based on combined 500m and 1500m times. (ex: 0:50+2:42)

Men: 3min 17sec based on combined 500m and 1500m times. (ex: 0:47+2:30)

Maximum number of competitors:

The competition will have a maximum of 60 entries for women and 60 for men.

Skater will compete in the qualifying rounds for the 500m and the 1500m on Thursday. The top ten (10) ranked skaters after the completion of these distances enter the Main Event for the 1000m on Sunday, while the remainder compete in the repechage of the 1000m.

Competition schedule/Format:

The official format of the competition will be detailed in HP Bulletin 168. The information below is to give a general idea of the format and is subject to change according to the number of entries received.

This competition will be a 4 day event, from Thursday to Sunday. Thursday will be a qualifying day for the 1500m and the 500m and the 3 other days will include the Main Event as well as “repechage” rounds according to the open competition format. Minimum six (6) skaters will have access to the Main Event from repechage rounds. Friday will have repechage and Main Event for the 1500m, Saturday will have repechage and Main Event for the 500m and Sunday will have repechage and Main Event for the 1000m. In order to determine which skaters enter the 1000m repechage or Main Event, the cumulative ranking from the 500m and 1500m results will be used to generate a ranking for the 1000m distance. The top ten (10) athletes go directly to the Main Event, while the remainder compete in the repechage of the 1000m.

Day 1 AM: Qualifying round 1500m

PM: Qualifying round 500m

Day 2 AM: Repechage 1500m

PM: Final 1500m

Day 3 AM: Repechage 500m

PM: Final 500m

Day 4 AM: Repechage 1000m

PM: Final 1000m, 3000m Final A& B, relays 3000m women, 5000m men (time permitting).

Results for National Ranking:

Senior ranking

All skaters will receive ranking points beginning at rank 1 and following (per distance).

Junior ranking

Junior aged skaters will receive ranking points according to their finish with regard to other junior aged skaters. This means that the highest ranked junior at this competition will earn 1st place for the junior ranking, the next 2nd place and so on (per distance)

| Nat Sel #2 SR | Name | Status | For senior ranking | For junior ranking |
|------------------|-----------|--------|-----------------------|-----------------------|
| 1 | Wendy | Junior | 1 | 1 |
| 2 | Zara | Senior | 2 | - |
| 3 | Polly | Senior | 3 | - |
| 4 | Christine | Junior | 4 | 2 |
| 5 | Doris | Senior | 5 | - |
| 6 | Victoria | Junior | 6 | 3 |
| 7 | Roxanne | Junior | 7 | 4 |
| 8 | Lainey | Senior | 8 | - |
| 9 | Yao | Senior | 9 | - |
| 10 | Rachel | Senior | 10 | - |
| 11 | Ophelia | Senior | 11 | - |
| 12 | Agathe | Junior | 12 | 5 |
| 13 | Midge | Senior | 13 | - |
| 14 | Molly | Senior | 14 | - |
| 15 | Johanne | Junior | 15 | 6 |
| 16 | Petra | Junior | 16 | 7 |

Canadian Junior Short Track Championships

Location: Lévis, Quebec

Date: December 18-12, 2015 inclusive

Field of entry: Thirty-two (32) skaters per gender

Posting of pre-qualified skaters: November 24, 2015

Deadline to confirm/send entry and payment: November 27, 2015

Posting of final list: November 30, 2015

Deadline for replacement of late withdrawals: December 11, 2015

Deadline for submission of bye requests: December 17, 2015 – 5 p.m. EST

Eligibility:

Competitors at the Canadian Junior Short Track Championships must have reached the age of 14, but not the age of 19 by July 1st, 2015. (ISU Rule 108)

Entry to the Canadian Junior Short Track Championships is done through the following priorities:

1. All Junior athletes who competed at the Fall World Cup Selections. These include the originally qualified skaters as well as the replacement skaters who participated in the competition.
2. Junior athletes, up to a maximum total of 30, taken from the final ranking of the Canadian Open National Qualifier
3. Remaining positions: junior athletes based on their combined 500m + 1500m times as recorded from August 3rd to November 23, 2015 in a SSC sanctioned competition with electronic timing. Please note in special circumstances manual times will be accepted (adjusted upwards by 0.2).

Competition schedule/Format:

The schedule for this competition will be 3 days as follows:

Day 1: 1500m

Day 2: 500m

Day 3: 1000m, super 1500m, Exhibition relays 3000m women, 5000m men (time permitting).

Please note that the HPCST intends to continue hosting the Canadian Junior Short Track Championship as a three day event in the future.

Special notes:

Only skaters who ranked in the top 16 of the Canadian Junior Short Track Championships of 2014 may request a bye for access to the competition. For details, see Bulletin 170 Bye Requests

Results for National Ranking

Junior Ranking

All junior aged skaters will receive ranking points starting at 1st place (per distance) and following.

Canadian Junior Open Team Selections #2

Location: Fredericton, New Brunswick

Date: March 17-20, 2016

Field of Entry: Sixty (60) entries per gender

Posting of pre-qualified skaters: January 29, 2016

Deadline to confirm/send entry and payment: February 15, 2016

Posting of final list: February 19, 2016

Deadline for replacement of late withdrawals: March 10, 2016

Deadline for submission of bye requests: March 16, 2016 – 5 p.m. EST

Eligibility:

Competitors at the Canadian Junior Open Team Selections #2 must have reached the age of 14, but not the age of 19 by July 1st, 2015. (ISU Rule 108)

Entry to the Canadian Junior Open Team Selections #2 is done through the following priorities up to a maximum number of entries (see below):

1. All skaters who qualified for the Junior Canadian Championships but did not compete at Senior Canadian Championships.
2. All Junior skaters who qualified for the Canadian Open National Qualifier but did not compete at Senior Canadian Championships.
3. Remaining positions: Junior athletes who meet the time standard stated below based on their combined 500m + 1500m times as recorded from August 3rd 2015 to February 15th, 2016 in a SSC sanctioned competition with electronic timing. Please note in special circumstances manual times will be accepted (adjusted upwards by 0.2).

Time Standard*

Women: 3min 39sec based on combined 500m and 1500m times. (ex: 0:52+2:47)

Men: 3min 21sec based on combined 500m and 1500m times. (ex: 0:50+2:31)

*Exception: In the event that the number of entries meeting the time standard exceed the total number of places available, each province will be guaranteed an entry of at least two (2) skaters per gender who meet the time standard stated above.

Maximum number of competitors:

The competition will have a maximum of 60 entries for women and 60 for men.

Skater will compete in the qualifying rounds for the 500m and the 1500m on Thursday. The top ten (10) ranked skaters after the completion of these distances enter the Main Event for the 1000m on Sunday, while the remainder compete in the repechage of the 1000m.

Competition schedule/Format:

The official format of the competition will be detailed in HP Bulletin 168. The information below is to give a general idea of the format and is subject to change according to the number of entries received.

This competition will be a 4 day event, from Thursday to Sunday. Thursday will be a qualifying day for the 1500m and the 500m and the 3 other days will include the Main Event as well as "repechage" rounds according to the open competition format. Minimum six (6) skaters will have access to the Main Event from repechage rounds. Friday will have repechage and Main Event for the 1500m, Saturday will have repechage and Main Event for the 500m and Sunday will have repechage and Main Event for the 1000m. In order to determine which skaters enter the 1000m repechage or Main Event, the cumulative ranking from the 500m and 1500m results will be used to generate a ranking for the 1000m distance. The top ten (10) athletes go directly to the Main Event, while the remainder compete in the repechage of the 1000m.

Day 1 AM: Qualifying round 1500m
PM: Qualifying round 500m
Day 2 AM: Repechage 1500m
PM: Final 1500m
Day 3 AM: Repechage 500m
PM: Final 500m
Day 4 AM: Repechage 1000m
PM: Final 1000m, 1500m Final A& B.

Results for National Ranking:

Junior ranking

All junior aged skaters will receive ranking points based on the number of junior skaters who competed at the Canadian Senior Open Team Selection #2 competition (per distance). This means that if Y junior aged skaters compete at Canadian Senior Open Team Selections #2, then the highest ranking points available from Canadian Junior Open Team Selection #2 begin at Y+1 rank.

2015 / 16 Canadian Senior Rankings

For the purposes of determining a final overall Canadian Senior Ranking, the athletes selected to the 2016 World Championships Team will be ranked 1 to 5 in order of their selection to that Team. If the alternate selected for the Team participates at the World Championships, s/he will be ranked 6th.

For the remaining athletes, overall Canadian ranking will be determined from the cumulative ranking points from Fall World Cup Selections 2015 or the Canadian Open National Qualifier 2015, the Canadian Senior Championship 2016 and the Canadian Senior Open National Team Selections #2 (adjusted for any Bye Requests).

The three competitions will be weighted as follows:

| | |
|--|-------|
| Fall World Cup Selections or Canadian Open National Qualifier | = 20% |
| Canadian Senior Championship | = 40% |
| Canadian Senior Open National Team Selections #2 | = 40% |

In the event that 2 or more skaters achieve the same ranking the one with the best result in an individual distance at the Canadian Senior Championship will be ranked higher.

Individual distance rankings will also be determined using the same weighting of distances:

| | |
|--|-------|
| Fall World Cup Selections or Canadian Open National Qualifier | = 20% |
| Canadian Senior Championship | = 40% |
| Canadian Senior Open National Team Selections #2 | = 40% |

Athletes selected to the ISU (Senior) World Short Track Championship will have the same Canadian Ranking for individual distances as they would have earned with the cumulative ranking points of only the Fall World Cup Selection (20%)/Canadian Open National Qualifier and the Canadian Senior Championship (80%). The ranking for these athletes will not be affected by that of other athletes who participated at the Canadian Senior Open National Team Selection #2.

2015 / 16 Canadian Junior Rankings

For the purposes of determining a final overall Canadian Junior Ranking, ranking will be determined from the cumulative ranking points from the Fall World Cup Selections 2015 OR Canadian Open National Qualifier 2015, Canadian Junior Short Track Championship 2016 and the Canadian Senior Open Team Selections #2 OR the Canadian Junior Open Team Selections #2 (adjusted for any Bye Requests). The three competitions will be weighted as follows:

| | |
|---|-------|
| Fall World Cup Selections OR | |
| Canadian Open National Qualifier | = 20% |
| Canadian Junior Short Track Championship | = 40% |
| Canadian Senior OR Junior Open Team Selections #2 | = 40% |

In the event that 2 or more skaters achieve the same ranking the one with the best result in an individual distance at the Canadian Junior Short Track Championship will be ranked higher.

Individual distance rankings will also be determined using the same weighting of distances:

| | |
|---|-------|
| Fall World Cup Selections OR | |
| Canadian Open National Qualifier | = 20% |
| Canadian Junior Short Track Championship | = 40% |
| Canadian Senior OR Junior Open Team Selections #2 | = 40% |

Appeals

Following the announcement of the "Team" the athlete/s affected by the bye request decision has/have the opportunity to appeal this decision in accordance with the Speed Skating Canada Appeal Policy. (refer to SSC Appeals Policy RES 100)

Ranking Points (500m, 1000m, 1500m)

| Rank | Points |
|------|--------|
| 1 | 10000 |
| 2 | 8000 |
| 3 | 6400 |
| 4 | 5120 |
| 5 | 4096 |
| 6 | 3277 |
| 7 | 2949 |
| 8 | 2654 |
| 9 | 2389 |
| 10 | 2150 |
| 11 | 1935 |
| 12 | 1741 |
| 13 | 1567 |
| 14 | 1411 |
| 15 | 1269 |
| 16 | 1143 |
| 17 | 1028 |
| 18 | 925 |
| 19 | 833 |
| 20 | 750 |
| 21 | 675 |
| 22 | 607 |
| 23 | 546 |
| 24 | 492 |
| 25 | 443 |
| 26 | 398 |
| 27 | 359 |
| 28 | 323 |
| 29 | 290 |
| 30 | 261 |
| 31 | 235 |
| 32 | 212 |
| 33 | 191 |
| 34 | 171 |
| 35 | 154 |
| 36 | 139 |
| 37 | 125 |
| 38 | 113 |

| Rank | Points |
|------|--------|
| 39 | 101 |
| 40 | 91 |
| 41 | 82 |
| 42 | 74 |
| 43 | 66 |
| 44 | 60 |
| 45 | 54 |
| 46 | 48 |
| 47 | 44 |
| 48 | 39 |
| 49 | 35 |
| 50 | 32 |
| 51 | 29 |
| 52 | 26 |
| 53 | 23 |
| 54 | 21 |
| 55 | 19 |
| 56 | 17 |
| 57 | 15 |
| 58 | 14 |
| 59 | 12 |
| 60 | 11 |
| 61 | 10 |
| 62 | 9 |
| 63 | 8 |
| 64 | 7 |
| 65 | 7 |
| 66 | 6 |
| 67 | 5 |
| 68 | 5 |
| 69 | 4 |
| 70 | 4 |
| 71 | 3 |
| 72 | 3 |
| 73 | 3 |
| 74 | 3 |
| 75 | 2 |
| 76 | 2 |

Ranking Points (3000m)

| Rank | Points |
|-------------|---------------|
| 1 | 5000 |
| 2 | 4000 |
| 3 | 3200 |
| 4 | 2560 |
| 5 | 2048 |
| 6 | 1639 |
| 7 | 1475 |
| 8 | 1327 |
| 9 | 1195 |
| 10 | 1075 |
| 11 | 968 |
| 12 | 871 |
| 13 | 784 |
| 14 | 706 |
| 15 | 635 |
| 16 | 572 |

Approved by the High Performance Committee Short Track on August 18 2015.