



## ANNOUNCEMENT

On behalf of Speed Skating Canada, the Olympic Oval invites you to the  
**Canadian Single Distance Championships and  
Canada Cup #2 Speed Skating Competition**  
at the Olympic Oval  
Calgary, Alberta, Canada  
**January 5, 6, 7, 8, 2012**

### Program

#### **Wednesday, January 4**

19:00 Draw for January 5 events, Olympic Oval Lounge

#### **Thursday, January 5**

09:00 Men 1500m Ladies 3000m

#### **Friday, January 6**

09:00 Men 1000m Ladies 1500m  
Men 5000m

#### **Saturday, January 7**

09:00 Junior Men 3000m Ladies 1000m  
Men 10000m\* Ladies 5000m\*

#### **Sunday, January 8**

09:00 Men 500m #1 Ladies 500m #1  
Men 500m #2 Ladies 500m #2

\* Limited entry

\*\*Start times may be moved if necessary

### **General Regulations**

The 2012 Canadian Single Distance Championships and the Canada Cup #2 will be held in accordance with the 2010 International Skating Union Regulations and Speed Skating Canada Regulations as outlined in the 2011 SSC High Performance Bulletins.

### **Sanctioned by**

Speed Skating Canada and the Alberta Amateur Speed Skating Association.

### **Entry Regulations for the Canadian Championships and Canada Cup**

There are a restricted number of skaters competing in the Canadian Championships. See HP Bulletin 160 for details. All other skaters will be competing in the Canada Cup. All skaters must have the time standards to compete.

### Entries

Any competitive member of Speed Skating Canada may compete in the Canada Cup #2, provided that the member is properly registered with the Organizing Committee and meets the criteria set by Speed Skating Canada. All skaters must be at least **Junior C2, 14 years old on July 1, 2011**, (Birthdate must be before July 1, 1997.)

Any competitive member of any ISU member may enter the Canada Cup #2, provided that the member is properly registered with the Organizing Committee.

### Time Standards

Time standards are in effect to enter Canada Cup #2.

Skaters must have one of the following times to enter the competition.

Times must be from either the 2010/2011 season or the current 2011 season, (Olympic Style Only).

#### Senior Time Standards

Ladies	Cal/SLC	Outdoor	Men	Cal/SLC	Outdoor
500m	45.0	48.0	500m	40.0	43.0
1000m	1.28.0	1.37.0	1000m	1.18.0	1.25.0
1500m	2.15.0	2.30.0	1500m	1.58.0	2.12.0
3000m	4.48.0	5.25.0	5000m	7.20.0	8.05.0

#### Junior Time Standards

Ladies	Cal/SLC	Outdoor	Men	Cal/SLC	Outdoor
500m	46.0	48.0	500m	41.0	44.0
1000m	1.30.0	1.38.0	1000m	1.20.0	1.27.0
1500m	2.20.0	2.31.0	1500m	2.02.0	2.14.0
3000m	4.55.0	5.25.0	3000m	4.25.0	4.55.0
			5000m	7.30.0	8.10.0

### Confirmation of Entry

Tue, January 3, 2012. Entry list and Draft Schedule will be posted at the Olympic Oval

Wed, January 4, 2012, Changes to the distances must be completed prior to the Opening Draw.

### Liability

In accordance with Rule 119, paragraph 1, the International Skating Union, Speed Skating Canada and the University of Calgary assume no responsibility for or liability with respect to bodily or personal injury or loss of property or damage incurred in connection with the Canada Cup #2. ***Each Skater is solely responsible for providing insurance coverage thereto.***

## **Drawing, Composition and Starting order of pairs**

For more information see the 2011 High Performance Bulletins. [www.speedskating.ca](http://www.speedskating.ca)

## **Anti-Doping Tests**

Anti-Doping Tests may be carried out in accordance with the regulations of Speed Skating Canada.

## **Transportation**

Skaters are responsible for their own transportation during this competition.

## **Official Hotel of the Olympic Oval**

Please use the code **L-OVAL** when booking rooms.

### **Village Park Inn**

1804 Crowchild Trail NW  
Calgary, AB  
Telephone – 403-289-4645

### **Four Points by Sheraton – Calgary West**

8220 Bowridge Cr NW,  
Calgary, AB  
Telephone – 403-288-4442

## **Entry Deadline**

Entries must be submitted at the address below before **21:00h of Thursday, December 29, 2011, using the Official Entry Form.**

SSC Rules state that entries and entry fees are to be in the hands of the Organizers seven (7) days preceding the event, and any entries that are late will be assessed at double the regular rate at the discretion of the Meet Coordinator. Phone and fax entries are permissible, but any fee covering such skaters so registered must be guaranteed by the home Branch of the skater.

## **Entry Fee**

The entry fee is \$75. Late entry fee is \$150 per skater. Entry fees are not refundable.

### **Send entries to:**

Olympic Oval, Canada Cup  
The University of Calgary  
2500 University Drive N.W.  
Calgary, Alberta  
Canada T2N 1N4

Gregg Planert  
Email: [gplanert@ucalgary.ca](mailto:gplanert@ucalgary.ca)  
Telephone: (403) 210-9481  
Telefax: (403) 284-4815

For more information visit us at [oval.ucalgary.ca](http://oval.ucalgary.ca)

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