



ANNOUNCEMENT

On behalf of Speed Skating Canada, the Olympic Oval invites you to the
**Canadian Single Distance Championships and
Canada Cup #2 Speed Skating Competition**
at the Olympic Oval
Calgary, Alberta, Canada
January 3, 4, 5, 6, 2013

Program

Wednesday, January 2

19:00 Draw for January 3 events, Olympic Oval Lounge

Thursday, January 3

09:00 Men 500m*** Ladies 500m***
Men 1500m Ladies 3000m

Friday, January 4

09:00 Men 1000m Ladies 1500m
Men 5000m

Saturday, January 5

09:00 Junior Men 3000m Ladies 1000m
Men 10000m* Ladies 5000m*

Sunday, January 6

09:00 Men 500m #1 Ladies 500m #1
Men 500m #2 Ladies 500m #2
Men Mass start* Ladies Mass start*

* Limited entry

**Start times may be moved if necessary

***Restricted Entry - optional 500m for athletes competing in the 5000m ladies and 10000m men and vying for selection to the Continental Championships or World All Round Championships.

General Regulations

The 2013 Canadian Single Distance Championships and the Canada Cup #2 will be held in accordance with the 2012 International Skating Union Regulations and Speed Skating Canada Regulations as outlined in the 2012 SSC High Performance Bulletins.

Sanctioned by Speed Skating Canada and the Alberta Amateur Speed Skating Association.

Entry Regulations for the Canadian Championships and Canada Cup

There are a restricted number of skaters competing in the Canadian Championships. See HP Bulletin 163/164 for details.

All other skaters will be competing in the Canada Cup. All skaters must have the time standards to compete.

Entries

Any competitive member of Speed Skating Canada may compete in the Canada Cup #2, provided that the member is properly registered with the Organizing Committee and meets the criteria set by Speed Skating Canada. All skaters must be at least **Junior C2, 14 years old on July 1, 2012**, (Birthdate must be before July 1, 1998.) Any competitive member of any ISU member may enter the Canada Cup #2, provided that the member is properly registered with the Organizing Committee.



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Time Standards

Time standards are in effect to enter Canada Cup #2.
Skaters must have one of the following times to enter the competition.
Times must be from either the 2011/2012 season or the current 2012 season, (Olympic Style Only).

Senior Time Standards

Ladies	Cal/SLC	Outdoor	Men	Cal/SLC	Outdoor
500m	45.0	48.0	500m	40.0	43.0
1000m	1.28.0	1.37.0	1000m	1.18.0	1.25.0
1500m	2.15.0	2.30.0	1500m	1.58.0	2.12.0
3000m	4.48.0	5.25.0	5000m	7.20.0	8.05.0

Junior Time Standards

Ladies	Cal/SLC	Outdoor	Men	Cal/SLC	Outdoor
500m	46.0	48.0	500m	41.0	44.0
1000m	1.30.0	1.38.0	1000m	1.20.0	1.27.0
1500m	2.20.0	2.31.0	1500m	2.02.0	2.14.0
3000m	4.55.0	5.25.0	3000m	4.25.0	4.55.0
			5000m	7.30.0	8.10.0

Confirmation of Entry

Wed, January 2, 2013. Entry list and Draft Schedule will be posted at the Olympic Oval. Changes to the distances must be completed prior to the Opening Draw.

Liability

In accordance with Rule 119, paragraph 1, the International Skating Union, Speed Skating Canada and the University of Calgary assume no responsibility for or liability with respect to bodily or personal injury or loss of property or damage incurred in connection with the Canada Cup #2. **Each Skater is solely responsible for providing insurance coverage thereto.**

Drawing, Composition and Starting order of pairs

For more information see the 2012 High Performance Bulletins. www.speedskating.ca

Anti-Doping Tests

Anti-Doping Tests may be carried out in accordance with the regulations of Speed Skating Canada.

Transportation

Skaters are responsible for their own transportation during this competition.

Official Hotels of the Olympic Oval

Please use the code **L-OVAL** when booking rooms.

Best Western Village Park Inn

1804 Crowchild Trail NW
Calgary, AB
Telephone – 403-289-4645

Four Points by Sheraton – Calgary West

8220 Bowridge Cr NW,
Calgary, AB
Telephone – 403-288-4441



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Entry Deadline

Entries must be submitted at the address below before **17:00h of Thursday, December 20th, 2012, using the Official Entry Form.**

SSC Rules state that entries and entry fees are to be in the hands of the Organizers seven (7) days preceding the event, and any entries that are late will be assessed at double the regular rate at the discretion of the Meet Coordinator. Phone and fax entries are permissible, but any fee covering such skaters so registered must be guaranteed by the home Branch of the skater.

Entry Fee

The entry fee is \$75. Late entry fee is \$150 per skater. Entry fees are not refundable.

Send entries to:

Olympic Oval, Canada Cup
Gregg Planert
The University of Calgary
2500 University Drive N.W.
Calgary, Alberta, Canada T2N 1N4

Email: oval@ucalgary.ca
Telephone: (403) 210-9481
Telefax: (403) 284-4815

For more information visit www.oval.ucalgary.ca



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