



# Canadian Single Distances Championships and Canada Cup #2

at the Olympic Oval, Calgary, Alberta, Canada

January 3 - 6, 2013

## ENTRY FORM

Name of Skater: \_\_\_\_\_ Sex: M F Class: JR SR Master

Address: \_\_\_\_\_  
(street) (city) (prov./state) (country) (postal/zip code)

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Local Emergency Contact \_\_\_\_\_ Telephone #: \_\_\_\_\_  
day month year

Email address: \_\_\_\_\_ Province \_\_\_\_\_ Club \_\_\_\_\_

**ENTRY FEE: \$75 (CDN)**

**Entry Deadline is December 20th, 2012 - 17:00 hrs**

Entry form and **entry fee** must be received by the Olympic Oval before the entry deadline or participant will be charged double the entry fee. **ABSOLUTELY NO REFUNDS.**

Payment can be made by Cash or Credit Card, (Visa or MasterCard). **Total Amount \$** \_\_\_\_\_

Credit Card Type: \_\_\_\_\_ Card #: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Note: All skaters must be at least **Junior C2: 14 years old on July 1, 2011**

### Thursday, January 3

- Men 1500m \_\_\_\_\_
- Ladies 3000m \_\_\_\_\_
- Men 500m\*\*\* \_\_\_\_\_
- Ladies 500m\*\*\* \_\_\_\_\_

### Friday, January 4

- Men 1000m \_\_\_\_\_
- Men 5000m \_\_\_\_\_
- Ladies 1500m \_\_\_\_\_

### Saturday, January 5

- Men 10000m\* \_\_\_\_\_
- Jr Men 3000m \_\_\_\_\_
- Ladies 1000m \_\_\_\_\_
- Ladies 5000m\* \_\_\_\_\_

### Sunday, January 6

- Men 500m x 2 \_\_\_\_\_
- Ladies 500m x 2 \_\_\_\_\_
- Ladies Mass Start
- Men Mass Start

### \* Limited Entry

\*\*\* **Restricted Entry** – optional 500m for athletes competing in the 500m ladies and 10000m men and vying for selection to the Continental Championships or World All Round Championships.

**Check off only for races you will compete in.**

**Time Standards in effect – Skaters must have one standard for eligibility in Canada Cup #2. Times must be skated in the 2011/2012 season or the current season**

### Senior Time Standards

Ladies	Cal/SLC	Outdoor	Men	Cal/SLC	Outdoor
500m	45.0	48.0	500m	40.0	43.0
1000	1.28.0	1.37.0	1000m	1.18.0	1.25.0
1500m	2.15.0	2.30.0	1500m	1.58.0	2.12.0
3000m	4.48.0	5.25.0	5000m	7.20.0	8.05.0



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**Junior Time Standards**

Ladies	Cal/SLC	Outdoor	Men	Cal/SLC	Outdoor
500m	46.0	48.0	500m	41.0	44.0
1000m	1.30.0	1.38.0	1000m	1.20.0	1.27.0
1500m	2.20.0	2.31.0	1500m	2.02.0	2.14.0
3000m	4.55.0	5.25.0	3000m	4.25.0	4.55.0
			5000m	7.30.0	8.10.0

In witness whereof I have hereunto set my hand and seal this \_\_\_\_\_ day of \_\_\_\_\_, 201\_\_\_\_.

Signature of Contestant

Signature of Parent/Guardian (If under 18 yrs of age)

\_\_\_\_\_

**WAIVER FORMS MUST BE COMPLETED PRIOR TO COMPETING**

**Skaters must fill out one form per competition season.**

**THESE FORMS CAN BE FOUND AT :**

**[www.oval.ucalgary.ca](http://www.oval.ucalgary.ca)**



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