

Canadian Senior Open Selections #2
Sélections canadiennes ouvertes seniors #2

March 9-12 Mars 2017
Aréna Maurice-Richard, Montréal, QC

SCHEDULE / HORAIRE

2017-03-11

Thursday / Jeudi

11:15	Entry Check In	VIP room, Maurice-Richard Arena
	Vérification des inscriptions	Salon VIP, aréna Maurice-Richard
11:30	Coaches Meeting	VIP room, Maurice-Richard Arena
	Rencontre des entraîneurs	Salon VIP, aréna Maurice-Richard

12:30	Warm up / Échauffement	Homme / Men Group A	34 skaters		0:10
12:40	Warm up / Échauffement	Homme / Men Group B			0:10
12:50	Warm up / Échauffement	Ladies / Femme Group A	32 skaters		0:10
13:00	Warm up / Échauffement	Ladies / Femme Group B			0:10
13:10	Ice resurfacing / Glace (full)				0:20
13:30	Preliminaires 1500m	Homme / Men	5 races	4+4	0:20
13:50	Preliminaires 1500m	Ladies / Femme	4 races	3+3	0:16
14:06	Ice resurfacing / Glace				0:20
14:26	Heat 1500m	Homme / Men	4 races	3+3	0:16
14:42	Ice resurfacing / Glace (full)	BREAK / PAUSE			0:45
15:27	Preliminaires 500m	Ladies / Femme	7 races	2+6	0:17
15:44	Preliminaires 500m	Homme / Men	7 races	2+6	0:17
16:02	Ice resurfacing / Glace				0:20
16:22	Heat 500m	Ladies / Femme	5 races	2+4	0:12
16:34	Heat 500m	Homme / Men	5 races	2+4	0:12
16:47	END approximatif				

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Friday / Vendredi

12:30	Warm up / Échauffement	Ladies / Femme	17 skaters		0:10
12:40	Warm up / Échauffement	Homme / Men	19 skaters		0:10
12:50	Ice resurfacing / Glace (full)				0:20
13:10	REP Heat 1500m	Ladies / Femme	3 races	4+2	0:12
13:22	REP Heat 1500m	Homme / Men	3 races	4+2	0:12
13:34	Ice resurfacing / Glace				0:20
13:54	REP Quarter 1500m	Ladies / Femme	2 races	3+0	0:08
14:02	REP Quarter 1500m	Homme / Men	2 races	3+0	0:08
14:10	Ice resurfacing / Glace				0:30
14:40	REP Finals 1500m (G-E)	Ladies / Femme	3 races		0:12
14:52	REP Finals 1500m (G-E)	Homme / Men	3 races		0:12
15:04	Ice resurfacing / Glace (full) BREAK / PAUSE				0:20
15:24	Warm up / Échauffement	Ladies / Femme	21 skaters		0:10
15:34	Warm up / Échauffement	Homme / Men	21 skaters		0:10
15:44	Ice resurfacing / Glace (full)				0:20
16:04	Semi final 1500m	Ladies / Femme	3 races	2+0	0:12
16:16	Semi final 1500m	Homme / Men	3 races	2+0	0:12
16:28	Ice resurfacing / Glace				0:20
16:48	Final 1500m (D-A)	Ladies / Femme	4 races		0:16
17:04	Final 1500m (D-A)	Homme / Men	4 races		0:16
17:20	END approximatif				

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Saturday / Samedi - REVISED 2017-03-09

12:30	Warm up / Échauffement	Homme / Men	16 skaters		0:10
12:40	Warm up / Échauffement	Ladies / Femme	15 skaters		0:10
12:50	Ice resurfacing / Glace (full)				0:20
13:10	REP Heat 500m	Homme / Men	4 races	2+2	0:10
13:20	Ice resurfacing / Glace				0:20
13:40	REP Quarter 500m	Ladies / Femme	3 races	2+0	0:07
13:47	REP Quarter 500m	Homme / Men	2 races	3+0	0:05
13:52	Ice resurfacing / Glace				0:30
14:22	REP Finals 500m (H-F)	Ladies / Femme	3 races		0:07
14:30	REP Finals 500m (H-F)	Homme / Men	3 races		0:07
14:45	Ice resurfacing / Glace (full) BREAK / PAUSE				0:20
15:05	Warm up / Échauffement	Ladies / Femme	20 skaters		0:10
15:15	Warm up / Échauffement	Homme / Men	20 skaters		0:10
15:25	Ice resurfacing / Glace				0:20
15:45	Quarter 500m	Ladies / Femme	4 races	2+0	0:10
15:55	Quarter 500m	Homme / Men	4 races	2+0	0:10
16:05	Ice resurfacing / Glace				0:20
16:25	Semi final 500m	Ladies / Femme	2 races	2+0	0:05
16:30	Semi final 500m	Homme / Men	2 races	2+0	0:05
16:35	Ice resurfacing / Glace				0:20
16:55	Final 500m (E-A)	Ladies / Femme	5 races		0:12
17:07	Final 500m (E-A)	Homme / Men	5 races		0:12
17:20	END approximatif				

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Sunday / Dimanche - REVISED 2017-03-11

9:00	Warm up / Échauffement	Homme / Men	18 skaters		0:10
9:10	Warm up / Échauffement	Ladies / Femme	18 skaters		0:10
9:20	Ice resurfacing / Glace (full)				0:20
9:40	REP Heat 1000m	Homme / Men	3 races	2+0	0:09
9:49	REP Heat 1000m	Ladies / Femme	3 races	2+0	0:09
9:59	Ice resurfacing / Glace (full)				0:30
10:29	REP Finals 1000m (I-G)	Homme / Men	3 races		0:09
10:39	REP Finals 1000m (I-G)	Ladies / Femme	3 races		0:09
10:49	Ice resurfacing / Glace (full) LUNCH / DÎNER				1:14
12:03	Warm up / Échauffement	Ladies / Femme	20 skaters		0:10
12:13	Warm up / Échauffement	Homme / Men	20 skaters		0:10
12:23	Ice resurfacing / Glace				0:20
12:43	Quarter 1000m	Ladies / Femme	4 races	2+2	0:13
12:56	Quarter 1000m	Homme / Men	4 races	2+2	0:13
13:09	Ice resurfacing / Glace				0:20
13:29	Semi final 1000m	Ladies / Femme	2 races	2+0	0:06
13:35	Semi final 1000m	Homme / Men	2 races	2+0	0:06
13:42	Ice resurfacing / Glace				0:20
14:02	Final 1000m (F-A)	Ladies / Femme	6 races		0:19
14:21	Final 1000m (F-A)	Homme / Men	6 races		0:19
14:41	Ice resurfacing / Glace				0:20
15:01	Final Relays 3000m (Exhibition)	Ladies / Femme	1 races		0:06
15:07	Final Relays 5000m (Exhibition)	Homme / Men	1 races		0:09
15:16	END approximatif				