



SELECTION CRITERIA – CANADIAN REGIONAL TRAINING CENTER (CRCE) 2018-2019

A. Philosophy

In the excellence vision of CRCE, keeping in mind the objectives of the national and provincial federations, all the athletes understand that they are part of a privileged training group with the goal of developing the best skaters in the world. On top of support and professional programs, CRCE wants to innovate with a team philosophy based on an exemplary attitude of its members. An attitude that is different with its profound desire of each member to help, support and cheer on their teammates keeping the focus on each person's strengths by sharing their individual qualities with others. Developing a group dynamic based on positive attitude, the development of each person's potential is brought to its maximum. Adhering to this philosophy is part of the conditions to continue the skater's development towards excellence with the CRCE.

B. Selection criteria

All ages in this document refer to the athlete's age on July 1st, 2017, the current competition year.

1. 2 boys and 2 girls and the 14 years old category from the national ranking and/or provincial ranking, in the following priority order :
 - Canadian Short Track Junior Championships (Juniors #1)
 - Canadian Open National Qualifiers
 - Sum of the two best 500m times of the season
2. 4 discretionary choices of the 13-14 years old category, chosen by the CRCE's technical committee under recommendation of CRCE's coaches, considering one or many of the following points :
 - Canadian Short Track Junior Championships (Juniors #1)
 - Canadian Open National Qualifiers
 - Sum of the two best 500m times of the season
 - Summer training camp

3. 3 boys and 3 girls and the 15 years old category from the national ranking and/or provincial ranking, in the following priority order :
 - Canadian Short Track Junior Championships (Juniors #1)
 - Canadian Open National Qualifiers
 - Sum of the two best 500m times of the season

4. 4 discretionary choices of the 15 years old category, chosen by the CRCE's technical committee under recommendation of CRCE's coaches, considering one or many of the following points :
 - Canadian Short Track Junior Championships (Juniors #1)
 - Canadian Open National Qualifiers
 - Sum of the two best 500m times of the season
 - Summer training camp

5. 4 boys and 4 girls of the 16 years old category in order of the national junior ranking.

6. 3 boys and 3 girls of the 17 years old category in order of the national junior ranking. These athletes will need to respect the following criteria :
 - Be in the 6 best Canadian juniors excluding the 18 years old skaters.
 - Already be part of the CRCE structure*
 - Clear progression during the season and compared to the previous season

*In the event that a skater is not already in the CRCE structure, his/her selection will not be automatic. The skater will first be invited to the summer training camp. At the end of the summer, his/her integration capacity will be evaluated by the Technical Committee (capacity to take the training charge, technical concepts, integration into the team dynamic, etc.) Following this evaluation, the skater could either be invited to CRCE for the season or not being admitted, in which case training recommendations will be given to the his/her coach.

7. Skaters qualified to the Canadian National Team for World Junior Championships that were not selected with the previous criteria.

8. All the spots that were not filled or refused from the previous criteria will become discretionary choices. They will be filled by juniors only considering the following factors (discussed with the current coach if outside of CRCE):
 - National Junior Ranking
 - Performances at FPVQ's Élite competitions
 - Sum of the two best 500m times of the season

- Excellent attitude
- Personal goal to reach the highest levels of performances
- Demonstration of clear progression
- Excellent implication in the program
- Respect of CRCE's values : Respect, Work, Cooperation

C. **Special consideration**

A skater that was not able to obtain a national ranking to meet the criteria due to an injury, illness or special circumstances (incident that prevented him/her to compete or finish one of the selection competitions) will be evaluated by CRCE's Technical Committee under recommendation of CRCE's coaches, following a written request from the skater and approved by the Technical Committee. Medical proofs could be asked.

D. **Guest Athletes of 17 years old**

The guest athletes of 17 years old will be discretionary choices that were not selected with the previous criteria, to whom the chance to continue their development with CRCE will be proposed, having as a goal to help the 14-15 years old evening group's development.

These athletes will have the privilege to continue their development with CRCE/National Training Center while becoming teammates and important assets in our younger skater's development.

They will be chosen based on the following criteria :

- Excellent implication in the program
- Excellent attitude
- Personal goal to reach the highest levels of performances
- Demonstration of clear progression in the last 2 seasons
- Capacity to have a positive impact on the group's development
- Respect of the CRCE values : Respect, Work, Cooperation

E. **Guest Athletes of 18-21 years old**

As discretionary choices, all 18 to 21 years old athletes could be chosen as guest athletes.

These guest athletes will have the same privileges and criteria as the guest athletes of 17 years old (see previous point). They will have the privilege to continue their development with CRCE/National Training Center while becoming teammates and important assets in our younger skater's development.

The training group of the 18-21 years old athletes could frequently change between the day group, evening group and National Training group, keeping as a primarily objective his/her development.

F. Summer invitations

Summer invitations will be discretionary choices of CRCE's Technical Committee under recommendation of CRCE's coaches. They will be targeted to 12 to 16 years old skaters for either full or partial summer invitations (May to August)

These invitations will be made according to :

- National Junior Ranking
- Results at Canada East Short Track Championships
- Results at FPVQ's Élite and provincial competitions
- FPVQ's time weighed ranking for 2017-2018
- CRCE coaches' observations as well as discussion with CQD and clubs' coaches ;

And will need to be recommended on the following criteria (not in a specific order) :

- Academic aptitudes
- Mental maturity
- Physical maturity
- Social maturity (confidence et self esteem)
- Global attitude
- Training background

Up to 12 athletes could receive a summer invitation.

Progressive and full integration to CRCE could be considered after summer training. This choice will be a conclusion of discussions with CRCE coaches and the CQD/club skater's coach.

G. Parameter

The CRCE group chosen by those direct criteria and discretionary choices can not exceed 36 athletes. Those 36 athletes exclude the guest athletes.

The maximum number of 36 athletes is not mandatory, the final number of athletes is at the sole discretion of CRCE's Technical Committee under recommendation of CRCE's coaches.

In the event that an athlete is invited to train with the National Training Center, her/his open spot will become a new discretionary choice of CRCE's Technical Committee under recommendation of CRCE's coaches.

For skaters, particularly minor athletes, that need to move to Montreal, meetings with the parents to prepare the transition will be held to make sure that the athlete is supported and given the needed resources.

The division of the day and evening group is a responsibility of CRCE's coaches. Unless an exceptional case, the new athletes and skaters that are still in high school will be integrated to the evening group. Modifications could be made during the season.

To favor holistic development, it is mandatory for athletes to stay engaged in school. Athletes in post-secondary studies need to complete a minimum of 5 classes per school year but no more than 4 classes per session for the day group and 5 classes per session for the evening group. These rules follow the principles stated for Quebec's Élite and Relève athletes identification.

For athletes in high school, it is strongly suggested to be in a Sports-Studies structure. The precise available schools list will be given out alongside invitations to the program.

For athlete in college, it is strongly suggested to be part of "Alliance Sport-Études".

For exceptional cases, a special arrangement could be considered.