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January 7, 2020

Dear athletes,

On behalf of Speed Skating Canada and the High Performance Committee – Long Track (HPC-LT), I would like to congratulate you on your world-class performances at the 2020 World Single Distance (WSD) Skate-off. Following a Coaches and HPC-LT meeting, the following athletes have secured a position on the 4Continents Championship Team in Milwaukee, USA as indicated below:

**4Continents Championship – Milwaukee, USA (January 31-Feb 2, 2020)**

- Ladies: 500m, 1000m, 1500m, 3000m, Team Pursuit, Mass Start, Team Sprint
- Men: 500m, 1000m, 1500m, 5000m, Team Pursuit, Mass Start, Team Sprint

Ladies (6 athletes):

<b>Athlete</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>MS</b>
Noemie Fiset	X				
Lindsey Kent*				X	
Beatrice Lamarche		X	X		X
Brooklyn McDougall	X				
Maddison Pearman		X	X	X	
Alexa Scott	X	X	X	X	

Men (10 athletes):

<b>Athlete</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>5000m</b>	<b>MS</b>
Alex Boisvert-Lacroix	X				
Sam Deckert		X			
Laurent Dubreuil*	X	X			
Jacob Graham	X				
David La Rue		X	X		
Hayden Mayeur				X	X
Kaleb Muller				X	
Jess Neufeld			X		X
Jake Weidemann			X		

\*The HPC-LT received a bye request from Laurent to skate at 4Continents. Upon thorough review, the HPC LT chair accepts and the HPC-LT advisory members are in support of a conditional approval of the bye request with clearance by coach Gregor Jelonek and IST member Jonathan Pelletier-Ouellet by January 24<sup>th</sup>, 2020 to race 4Continents. Furthermore, clearance to race



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4Continents will be a performance decision with WSD Championships as first priority. Should Laurent Dubreuil not receive clearance to race, the next ranked skater in the 500m and 1000m at the WSD Skate-off will be eligible to attend 4Continent as per the criteria outlined in Bulletin 189.

\*Additionally, in regards to the Ladies entry quota, the HPC-LT Chair with the full support of the HPC-LT advisory members has approved the discretionary addition of Lindsey Kent to the 4Continents Team.

The following athlete(s) will receive partial funding (as per Bulletin 189) for a flight credit up to \$600 and coverage for room and board starting on Wednesday January 29<sup>th</sup>, 2020:

- |                          |                        |
|--------------------------|------------------------|
| 1. Beatrice Lamarche     | 8. Jake Weidemann      |
| 2. Jess Neufeld          | 9. Kaleb Muller        |
| 3. Alex Boisvert-Lacroix | 10. Alexa Scott        |
| 4. Jacob Graham          | 11. Brooklyn McDougall |
| 5. David La Rue          | 12. Noemie Fiset       |
| 6. Sam Deckert           | 13. Hayden Mayeur      |
| 7. Maddison Pearman      | 14. Laurent Dubreuil   |

The following athlete will be required to self-pay with coverage applicable to ISU contribution for room and board only starting on Thursday January 30<sup>th</sup>, 2020:

1. Lindsey Kent

Athletes will be required to submit the following travel requirements to Cathy Tong by no later than January 9<sup>th</sup> at 12PM MST:

- Flight confirmation (flight receipt with the departure and arrival times)
- Expense claim form for up to \$600 for your flight
- ISU Declaration (if not yet submitted)
- Passport scan (if and as requested)

Athletes have 2 days (**January 9<sup>th</sup> at 12PM MST**) to confirm their acceptance via email to the Long Track High Performance Manager ([ctong@speedskating.ca](mailto:ctong@speedskating.ca)) along with the requirements indicated above. As per the SSC Appeal policy, athletes have 7 days from the time of the announcement to appeal.

All athletes who have been selected to the 4Continents Team are obligated to attend a Team Meeting on **Monday January 20<sup>th</sup> at 11:30AM MST in KNB 236** (athletes not located in Calgary, will receive GoToMeeting coordinates).



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On behalf of Speed Skating Canada, I would like to congratulate you on your results from this weekend and thank you for your dedication and commitment to your training, competition and the Canadian team.

Best regards,

A handwritten signature in black ink, appearing to be 'Cathy Tong', is positioned below the text 'Best regards,'.

Cathy Tong  
High Performance Manager, Long Track