



House of Sport, RA Centre  
2451 promenade Riverside Dr  
Ottawa, ON K1H 7X7  
Canada

T 613 260 3669

E [info@speedskating.ca](mailto:info@speedskating.ca)

[speedskating.ca](http://speedskating.ca)

[patinagedevitesse.ca](http://patinagedevitesse.ca)

January 7, 2020

Dear athletes,

On behalf of Speed Skating Canada and the High Performance Committee – Long Track (HPC-LT), I would like to congratulate you on your world-class performances at the 2020 Canadian Junior Championships. Following a Coaches and HPC-LT meeting, the following athletes have been nominated to the World Junior Team as indicated below for the Junior World Cup Final in Minsk, BLR and the World Juniors Championships in Tomaszow, Mazowiecki, POL:

**Junior World Cup Final – Minsk, BLR (February 15-16, 2020)**

- Ladies: 500m, 1000m, 1500m, 3000m, Team Pursuit, Mass Start
- Men: 500m, 1000m, 1500m, 3000m, Team Pursuit, Mass Start

Ladies (4 athletes):

- Alexa Scott
- Laura Hall
- Hee-Won Son
- Emmanuelle Cote

Men (4 athletes):

- Frank Roth
- Hubert Marcotte
- Jack Deibert
- Cedrick Brunet

**World Junior Championships – Tomaszow Mazowiecki, POL (February 21-23, 2020)**

- Ladies: 500m, 1000m, 1500m, 3000m, Team Pursuit, Mass Start, Team Sprint
- Men: 500m, 1000m, 1500m, 5000m, Team Pursuit, Mass Start, Team Sprint

Ladies (4 athletes):

- Alexa Scott
- Laura Hall
- Hee-Won Son
- Emmanuelle Cote

Men (4 athletes):

- Frank Roth
- Hubert Marcotte
- Jack Deibert
- Cedrick Brunet

In case of withdrawal prior to the team's departure from Canada, the next ranked skater from the 2020 Canadian Junior Championships Allround Classification will join the World Junior team per respective gender. As per the SSC Appeal policy, athletes have 7 days from the time of the announcement to appeal. The final official team will be announced on January 14<sup>th</sup>, pending appeals.



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All athletes who have been nominated to the World Junior Team must confirm their nomination and submit the below requirements by **Friday January 10<sup>th</sup> at 12PM MST** to High Performance Manager, Cathy Tong via email ([ctong@speedskating.ca](mailto:ctong@speedskating.ca)).

- ISU Declaration
- Declaration to Compete
- Passport Scan
- Travel reward numbers (as applicable)
- Emergency contact information (name, relation, email, phone number)
- Medical information (as applicable – allergies, medication, etc.)
  - If you are taking any medication that is on the World Anti-Doping Agency's Prohibited List, you will need to complete the appropriate medical exemption process. Please contact Cathy Tong as early as possible.

All athletes who have been selected to the 2020 World Junior Team are obligated to attend a Team Meeting. A date and time will be communicated to the selected athletes directly at a later date.

On behalf of Speed Skating Canada, I would like to congratulate you on your results from this weekend and wish you all the best heading into World Junior Championships.

Best regards,

Cathy Tong  
High Performance Manager, Long Track