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January 10, 2020

Dear athletes,

On behalf of Speed Skating Canada's High Performance Committee – Long Track (HPC-LT), I would like to congratulate you on your performances on the Fall World Cup circuit and qualifying for the World Speed Skating Championships. As per Bulletin 189, sections 6.5 and 6.6, the HPC-LT Chair with the support the advisory members has confirmed the 2020 World Speed Skating Championships.

World Speed Skating Championships – Hamar, NOR (February 28-March 1, 2020)

World Sprint Championships (February 28-29)

Ladies (3)

1. Heather McLean
2. Kaylin Irvine
3. Marsha Hudey

Men (2)

1. Laurent Dubreuil
2. David La Rue

*First reserve positions per gender for World Sprints are as follows:

- Abigail McCluskey
- Antoine Gelinias-Beaulieu

World Allround Championships (February 29-March 1)

Ladies (3)

1. Ivanie Blondin
2. Isabelle Weidemann
3. Valerie Maltais

Men (3)

1. Jordan Belchos
2. Ted-Jan Bloemen
3. Tyson Langelaar

*First reserve positions per gender for World Allrounds are as follows:

- Abigail McCluskey
- Kaleb Muller

Please respond via email by Friday January 17th, 2020 regarding your intention to participate or not in the World Speed Skating Championships.

As per Bulletin 189, World Speed Skating Championships are self-pay events. Athletes will be responsible for their own travel, meals, transportation, baggage and facility fees. Accommodation arrangements will be the responsibility of each athlete outside of the ISU contribution as indicated in the World Speed Skating Championships Announcement. Coverage will be as follows for room and board:

- World **Sprint** competitors (not for the substitutes): Thursday February 27 (lunch) until Sunday March 1 (lunch)
- World **Allround** competitors (not for the substitutes): Friday February 28 (lunch) until Monday March 2 (lunch)



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For World Speed Skating Championships, Geert Kuiper, Technical Coach Advisor and Rimmelt Eldering, National Team coach, will support our athletes in this event, along with physio Mark Jesney. Should Canada utilize full quota, Mark Wild, National Team coach will also support the team.

It is expected that all athletes who attend these events, abide by the policies and procedures set out in the 2019-2020 Athlete Agreement. Authority on site at each event will reside with the Technical Coach Advisor, Geert Kuiper.

On behalf of Speed Skating Canada, I would like to congratulate you on qualifying for the World Speed Skating Championships.

Best regards,

Cathy Tong
High Performance Manager, Long Track