



CANADIAN YOUTH CHALLENGE – SHORT TRACK

February 22 – March 29, 2021

The Canadian Youth Challenge is a set of challenges for skaters to complete in their club environment with the active support of their coaches and team-mates.

THE CANADIAN YOUTH CHALLENGE

Short Track February 22 – March 29

All events must be part of club sanctioned activities and all participants must be members in good standing.

Skating Categories

Open to all abilities:

- Male and female categories
- Ages: 10-11-12-13-14-15yrs

Team challenges will be grouped into the following team categories:

- Youth¹ ages 10-11-12yrs
- Youth² ages 13-14-15yrs

Mixed gender teams are permitted. Each team member qualifies for an entry in the random grand prize draw for their skating category. For each team challenge a skater may only be on one team. A skater may skate the *Team Sprint* with one team and the *2-Person Relay* with a different team. The skater may not skate on two different teams for the *Team Sprint* nor on two different teams for the *2-Person Relay*.

General Procedures


Challenge events are to be completed under the supervision of a certified or trained coach in any context.

- Coaches note: Maintenance of Certification PD points available for participating coaches, submit name and NCCP number on the reporting form.

A skater who completes one or more events in a challenge will receive one entry in a random draw for that challenge.

A skater will receive one entry for each event completed towards the random grand prize draw for the skater's category. Total all events completed in each challenge LT, ST, and Photo (e.g. 4 events in ST challenge + 2 events in LT Challenge = 6 entries in the random grand prize draw).

Individual events to be skated alone. Drafting or skating in a pack is not permitted for an official result in the Youth Challenge.



Team events are to be skated one team at a time with the exception of the 2-person relay event. Drafting non-team members or skating in a pack with another team is not permitted for an official result in the Youth Challenge.

Start Procedure

For events that are designated a flying start, participants may accelerate for ½ lap up to a full lap before the start line. Time starts when the participant crosses the start line and finishes when the participant crosses the finish line. Crossing the line is by the front tip of the first arriving blade.

For challenge events that are from a standing start the following are acceptable start procedures:

- A starters pistol is used to signal the start following the starting commands “Go to the Start” and “Ready”
- A coach’s whistle is used to signal the start following the starting commands “Go to the Start” and “Ready”

Timing

Times are recorded using 1-3 stop watches.

- If using one watch submit the recorded time
- If using three watches submit the middle time if all times are different. If two of the three watches are in agreement, submit the agreed time
- If using two watches the mean time of the two watches will determine the official result. In determining the mean time do not round up
- Times submitted to the hundredth of a second. e.g. 37.25 sec

Results

Results shall be submitted using the Youth Challenge Reporting Form. There is a separate form for LT and ST.

Individual and team results will be ranked by age category and team category.

Club participation will also be ranked based on club participation numbers as a percentage of club registration.

Prizes

1. Random draw for Challenge participation (1 entry per skater)
2. Random draw for each age class M/F. An additional age class entry is earned with each individual or team event completed
3. Club participation

Short Track Events

Individual events:

- 1 lap flyer (flying start, 1 timed lap)
- 2 lap individual pursuit (standing start, 2 laps)
- Youth¹ 400m (standing start, 4 laps)
- Youth² 500m (standing start, 4 ½ laps)

Team events:

- Youth¹ two-person relay (10')
- Youth² two-person relay (10')
- Youth¹ Team sprint (4 members, 4 laps)
- Youth² Team sprint (4 members, 4 laps)

Youth¹ = skaters ages 10-11-12 skate on the 100m track

Youth² = skaters ages 13-14-15 skate on the 111m track

2-Person Relay Event

The 2-person relay is a timed event. The challenge is to skate as many laps as possible within a 10' time limit. Each member of a team must skate at least one complete lap for an eligible result.

A team shall consist of 2 skaters. The Youth¹ relay event will include skaters from 10-11-12yrs and will race on a 100m track. The Youth² relay event will include skaters from 13-14-15yrs and will race on a 111m track. Teams may be mixed gender

The 2-person relay begins from a standing start. An individual lap counter should be assigned to each team. A lap counter should be a certified or trained coach in any context or a certified official in any discipline.

An event timer should be assigned. The event timer could be the same person who signals the start of the race.

When the event time has been completed, the event timer shall signal the end of the event time. The signal shall be from a starter's pistol or a coach's whistle. Skaters will complete the lap they are currently skating by crossing the finishing line, this shall be counted as the final lap.

No-push relay exchange

To maintain physical distancing the no push relay exchange shall be instituted for this event

The racing skater (skater 1) will finish their lap by crossing the finishing line. The racing skater then leaves to the outer part of the track

The relaying skater (skater 2) merges behind the racing skater and crosses the start/finish line after the racing skater



All exchanges occur on the finishing straight

An exchange will be considered complete when the relaying skater's (skater 2) leading blade tip crosses the finishing line after the racing skater's (skater 1) leading blade tip crosses the finishing line.

Exchanges that do not occur in this manner are considered an illegal relay exchange and invalidate the team result for this event.

A lap is considered complete when the first skater crosses the finishing line.

ST Team Sprint

Each team shall have 4 members for the ST team sprint challenge.

The team sprint shall consist of 4 laps with the start and finish on the same side of the track. Youth¹ skaters will use the 100m track and Youth² skaters will use the 111m track.

Skater number 1 leads the team of 4 skaters for the first lap. On the finishing straight the lead skater leaves to the outer part of the track.

Skater number 2 leads the remaining 3 skaters for the second lap. On the finishing straight the lead skater leaves to the outer part of the track

Skater number 3 leads the remaining 2 skaters for the third lap. On the finishing straight the lead skater leaves to the outer part of the track

Skater number 4 skates the fourth and final lap alone and finishes the race for the team

Thank you to FPVQ and BCSSA for their contributions to the creation of events for the Canadian Youth Challenge.

Thank you to the members of the Return to Sport Working Group and the Sport Development Advisory Council for their on-going direction and input.