



SASK
SPEED SKATING



2012 CANADA CUP III CANADIAN JUNIOR CHAMPIONSHIPS

**Saskatoon, Saskatchewan
February 3 - 5, 2012**

Sanctioned by Speed Skating Canada
Hosted by Saskatoon Lions Speed Skating Club

Location: Clarence Downey Speed Skating Oval, 11th Street and Ave R South (in Gordon Howe Complex), Saskatoon, Saskatchewan

Registration Fee: \$75.00 per person (SSC P&R B5-403 and Appendix 2)

Preliminary Registration must be submitted electronically by Monday January 16th (SSC P&R B5-401). Registration Deadline is Thursday, January 27th at 11:00 pm (SSC P&R B5-402). **Late entry fee is \$150.00** (SSC P&R-403). **Entries are not refundable** (SSC P&R B5-406).

No individual registration accepted. **All registration must go through the branch.**
(SSC National and Development Team members will be entered by Speed Skate Canada.)
Please make cheque payable to: SLSSC

Entries may be mailed to SLSSC, Box 23060, Saskatoon, SK, S7J 5H3 or e-mail at fritz.schumann@sasktel.net

Host Hotel: Travelodge Hotel, 106 Circle Drive West, Saskatoon, Saskatchewan, S7L 4L6; Tel: 306-242-8881 or toll free at 1-888-278-4209. A block of rooms are available when referring to "Speed Skating Canada Cup 2012" **until January 9, 2012**. Please refer to the following Group Confirmation number: **CGC176**. The hotel offers shuttle service to and from the airport. [Map – Travelodge to Oval:](#)

Transportation: Shuttle service will be provided from the host hotel to the Oval on Thursday, February 2nd from 12:00pm till 05:00pm and on Friday, Saturday and Sunday from 07:00am till 05:30pm on a regular basis.

Registration: Travelodge Hotel, Thursday, February 2nd, from 3:00 pm to 05:00 pm.

Coaches and Officials Meeting: Travelodge Hotel, Thursday, February 2nd, from 07:00 pm to 09:00 pm.

Doping: Anti-Doping tests may be carried out in accordance with Speed Skating Canada and the Canadian Centre for Ethics in Sports.

Meet Coordinator: Fritz Schumann email: fritz.schumann@sasktel.net
Phone 306-664 6832 (home) 306-221-5861 (cell)

Banquet: SLSSC will be hosting a Banquet on Saturday, February 4th at the Travelodge Hotel. The medals for the Friday and Saturday races will be presented at this event. The doors open at 6:00pm; Supper at 6:30pm. Cost is \$30.00 per person and must be paid by the end of the Thursday Coaches/Draw meeting.





CANADIAN JUNIOR CHAMPIONSHIPS

Saskatoon, Saskatchewan February 3 - 5, 2012

The Canadian Junior Championships are regulated by the SSC HPC Bulletin #160 Long Track (and related revisions), SSC Procedures and Regulations and ISU Rules and Regulations. For Canadian Junior Championships the following format will be used:

	Ladies	Men
Friday, February 3	500m, 1500m	500m, 1000m, 3000m
Saturday, February 4	1000m, 3000m	1500m, 5000m
Sunday, February 5	500m, 1000m	500m, 1000m

Junior Canadian All Round:

- o Ladies: 1st 500m, 1500m, 1000m, 3000m
- o Men: 1st 500m, 3000m, 1500m, 5000m

Junior Canadian Sprint:

- o Ladies: 2x500m, 2x1000m
- o Men: 2x500m, 2x1000m

Eligibility:

- **Junior - A, B, C2 Note: C2 Juniors are skaters born between July 1, 1996 and June 30, 1997**
- **All skaters must have at least one Junior World Cup qualifying time to enter the Canadian Junior Championships:**

Ladies –	500m –	44.0	Men –	500m –	40.0
	1000m –	1.28.0		1000m –	1.20.0
	1500m –	2.18.0		1500m –	2.05.0
	3000m –	4.55.0		3000m –	4.20.0

Please note: If you are a Junior A, B, C2 but do not meet the Canadian Junior Championship time standards you can enter the Canada Cup distances for which you qualify (see Canada Cup for eligibility).

Note: all times will be verified on www.speedskatingresults.com

ISU Junior competition rules will be used for the Canadian Junior Championships.

Seeding and Drawing for Canadian Junior Championships

- For the Canadian Junior Championships, seeding for the first day (500m and 1500m for women; 500m, 1000m and 3000m for men) will be from the results of Canada Cup #2.
- The third and fourth all-round distance will be seeded as per ISU Rule 227, paragraph 2.
 - o However all skaters shall qualify for the longest distance.
- The second 500m and 1000m will be seeded from the first 500m and 1000m respectively.

Additional Information:

- All Junior Athletes must present a valid ID at time of registration.
- All Junior Athletes who may be selected for the Canadian Junior Team must present a valid Canadian Passport with an expiration date through the duration of the World Junior Championships.





2012 CANADA CUP #3 Saskatoon, Saskatchewan, February 3 - 5, 2012

The Canada Cup #3 is regulated by the SSC HPC Bulletin #160 Long Track (and related revisions), SSC Procedures and Regulations and ISU Rules and Regulations. For the Canada Cup #3, the following format will be used: (SSC HPC Bulletin #160 Long Track p10):

	Ladies	Men
Friday, February 3	500m, 1500m	500m, 1000m
Saturday, February 4	1000m, 3000m	1500m, 5000m
Sunday, February 5	500m, 1000m, 15 Lap Mass Start	500m, 1000m, 20 Lap Mass Start

Eligibility: Senior, Junior A, B, C2¹

- ¹C2 Juniors are skaters born between July 1, 1996 and June 30, 1997
- Time Standards in effect to qualify for this event are as noted below:
- For a result to be a valid qualifying time, it must have been achieved in the period between July 1, 2010 and the entry deadline.

Note: all times will be verified on www.speedskatingresults.com

Time Standards for Canada Cup 3 (note revision to Bulletin email from Chair LT HPC 22/11/11)

	Cal/SLC	Outdoor		Cal/SLC	Outdoor
Sr. Ladies² – 500m –	45.0	50.0	Sr. Men³ – 500m –	40.0	46.2
1000m –	1.29.0	1.39.0	1000m –	1.19.0	1.31.6
1500m –	2.19.0	2.34.0	1500m –	2.01.0	2.23.5
3000m –	4.54.0	5.30.0	5000m –	7.19.0	8:46.8
Jr. Ladies² – 500m –	47.0	51.0	Jr. Men³ – 500m –	42.0	46.2
1000m –	1.31.0	1.41.6	1000m –	1.21.0	1.31.6
1500m –	2.21.0	2.37.6	1500m –	2.03.0	2.23.5
3000m –	4.56.0	5.36.0	3000m –	4.26.0	5:04.1
			5000m -	7:21.0	8:46.8

²**Ladies:** Skaters must have the time standard from the 1500m or 3000m to be eligible to compete in the 3000m. Skaters with a standard in any distance are eligible to compete in the 500, 1000, and 1500m.

³**Men:** Skaters must have the time standard from the 1500m, 3000m or 5000m to be eligible to compete in the 5000m. Skaters with a standard in any distance are eligible to compete in the 500, 1000, and 1500m.

Seeding for Canada Cup 3

- Canada Cup #3 competitors are paired for each distance from the current Canadian Ranking list.¹
- ISU Sprint competition rules will be used (excluding the draw) for the Sprint distances.

For all Distances

Group 1: Top 8 ranked skaters for the distance in attendance from current 2011 – 2012 Canadian Ranking list.

Group 2: The next 8 ranked skaters for the distance in attendance.

Group 3: The next 8 ranked skaters for the distance in attendance.

Group 4: Remaining skaters with best times of the 2011/2012 season. Sub groups of 8 will be used for drawing.

Group 5: Remaining skaters with best times of the 2010/2011 season. Sub groups of 8 will be used for drawing.

Drawing for Canada Cup 3

- The HPC-LT Jury will determine the order of pairings for racing and will announce the order at the draw.
- The preferred drawing will have Group 1 and 2 close to the Canadian Junior Group 1.





**2012 CANADA CUP III /
CANADIAN JUNIOR CHAMPIONSHIPS**

**Clarence Downey Speed Skating Oval, Saskatoon, SK
February 3rd – 5th, 2012**

ENTRY FORM

Name of Skater: _____ Sex: M___ F___
(Last Name) (First Name)

Junior ___ Senior ___ (Age___) Date of Birth: ___/___/___
(dd) (mm) (yyyy)

SSC #: _____ Health Card #: _____ (Province _____)

Address: _____ Telephone: (____) _____
(Street)

_____ Email: _____
(City) (Province)

_____ Prov. Assoc: _____
(Postal/zip code) (Country)

Local Emergency Contact Telephone # (i.e. coach/parent): (____) _____

All forms must be sent to the SLSSC before the deadline. The participant list and the distance entries will be posted on the SLSSC website www.slspeedskating.com on Monday, January 30th, 2012.

If you find errors or omissions, please advise fritz.schumann@sasktel.net before Wednesday, February 1st noon.

Entry Fee: \$75.00 (CDN). Entry Deadline is Thursday, January 27th by midnight. The payment must be received by the SLSSC before the draw on Thursday February 2nd or the participant will be charged double the entry fee. **ABSOLUTELY NO REFUNDS.**

The payment must be made by cheque to: SLSSC. One cheque per branch (no credit or debit cards).

Please indicate if you will be attending the banquet (\$30 per person paid by first draw meeting)

Please check off the races you will be competing in.

Friday, February 3	Saturday, February 4	Sunday, February 5
500m (time: _____)	1000m (time: _____)	500m (time: _____)
1000m (time: _____)	1500m (time: _____)	1000m (time: _____)
1500m (time: _____)	Ladies 3000m (time: _____)	Ladies 15 lap Mass Start ¹
Men 3000m (time: _____)	Men 5000m (time: _____)	Men 20 lap Mass Start ¹

¹Mass Start Requirements: The mass start rules are in the attachment: Mass Start Racing Rules Essent ISU World Cup 2011-12.pdf). In addition to these rules skaters are required to wear shin guards, Gloves, Cut proof ankle protectors. The organizers will not be providing this equipment.





Please note the following Requirements for entry in specific distances:

²**Ladies:** Skaters must have the time standard from the 1500m or 3000m to be eligible to compete in the 3000m. Skaters with a standard in any distance are eligible to compete in the 500, 1000, and 1500m.

³**Men:** Skaters must have the time standard from the 1500m, 3000m or 5000m to be eligible to compete in the 5000m. Skaters with a standard in any distance are eligible to compete in the 500, 1000, and 1500m.

The Junior and Senior time standards conform to the revision of SSC HPC Bulletin #160 and are listed in the Canada Cup section of this announcement.

Entry in Canadian Junior Championships

There are specific standards for entry into the Canadian Junior four distance All Round and Sprint Championships. These are reported on the Canadian Junior Championship section of the announcement.

If you are an eligible junior age (Junior A, B, C2) and meet the time standards you are eligible to compete in the Canadian Junior All Round and Sprint Championships.

I am eligible and wish to be entered in the Canadian Junior All Round Championship

I am eligible and wish to be entered in the Canadian Junior Sprint Championship

Please note If you are an eligible junior age (Junior A, B, C2) but do not meet the Canadian Junior Championship time standards you can enter in all of the Canada Cup distances that you qualify for the Canada Cup (see Canada Cup section of announcement for time standards)

By signing this entry form I hereby, for myself, my heirs, executors, administrators and assigns, waive and release any and all right and claims for damages I may have against City of Saskatoon, SSC, SASSA, SLSSC and **other organizations and sponsors** concerned, their agents, officers or members, for any and all injuries suffered by me at said contest to be held from February 3rd to 5th, 2012, at the Clarence Downey Oval at Saskatoon, Saskatchewan, Canada.

This information is collected under the authority of the Freedom of Information and Protection of Privacy Act. It is required to register you in the competition. Financial information will be used to process payment. Organization of competitions/events requires that names will appear on posted race lists and results print outs. Names/Images of participants may be published on boards, websites, media, newsletters and promotional material. Alternative contact and medical information will only be used in a medical emergency. If you have questions about the collection of or use of this information, contact the Competition/Event Organizer at 306-664-6832, 306-221-5861 or fritz.schumann@sasktel.net (SSC - P&Rs B4-801)

In witness whereof I have hereunto set my hand and seal this ____ day of _____ 20____.

(Signature of Contestant)

(Signature of Parent/Guardian if under 18 years of age)

Registration Deadline Thursday January 27th by midnight





2012 CANADA CUP III / CANADIAN JUNIOR CHAMPIONSHIPS

Tentative Schedule of Events

Time		Venue
Thursday, February 2nd, 2012		
13:00 – 17:00	Practice Ice	Clarence Downey Oval
16:00 – 18:00	Registration	Travelodge Hotel
19:00 – 21:00	Official Draw/ Coaches Meeting	Travelodge Hotel
Friday, February 3rd, 2012		
09:00	Warm up	Clarence Downey Oval
09:45	Ice Preparation	Clarence Downey Oval
	Opening Ceremony after 1 st or 2 nd distance of racing	
10:30	Ladies 500m (Jr/Open)	
	Men 500m (Jr/Open)	
	Ladies 1500m (Jr/Open)	
	Men 1000m (Jr/Open)	
	Men 3000m (Jr)	
	Drawing for Day 2 Events	Clarence Downey Oval
Saturday, February 4th, 2012		
08:00	Warm up	Clarence Downey Oval
08:45	Ice Preparation	Clarence Downey Oval
09:30	Ladies 1000m (Jr/Open)	
	Men 1500m (Jr/Open)	
	Ladies 3000m (Jr/Open)	
	Men 5000m (Jr/Open)	
	Drawing for Day 3 Events	Clarence Downey Oval
Banquet	Time to be announced at first draw meeting	Travelodge Hotel
Sunday, February 5th, 2012		
08:00	Warm up	Clarence Downey Oval
08:45	Ice Preparation	Clarence Downey Oval
09:30	Ladies 500m (Jr/Open)	
	Men 500m (Jr/Open)	
	Ladies 1000m (Jr/Open)	
	Men 1000m (Jr/Open)	
	Ladies 15 lap Mass Start (Open) ¹	
	Men 20 lap Mass Start (Open) ¹	
TBA	Awards Presentation	

Start times may vary depending on outside temperature and officials decisions

¹ The mass start rules are in the attachment: Mass Start Racing Rules Essent ISU World Cup 2011-12.pdf). In addition to these rules skaters are required to wear shin guards, Gloves, Cut proof ankle protectors. The organizers will not be providing this equipment.

