



SPEED SKATING CANADA

HIGH PERFORMANCE BULLETIN

#161 - Long Track

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HIGH PERFORMANCE BULLETINS

The philosophy for team selection is to select the athletes that will achieve the best possible results for Canada at Olympic Games and World Single Distance Championships.

The HPC-LT will issue bulletins periodically throughout the season informing Skaters, Coaches, ODC and SSC Branches of any update and/or changes to selection criteria, competitions, etc.

The HPC-LT reserves the right to modify or change the enclosed policies in the event that exceptional circumstances arise and that any such changes are clearly in the best interest of the High Performance program. In these situations, all athletes and coaches will be advised of any changes as soon as they are confirmed by the HPC-LT.

2012 Winter World Cups

January 21-22, 2012	Sprint distances	Salt Lake City (USA)
February 11-12, 2012	Middle/long dist.	Hamar (NOR)
March 2-4, 2012	All distances	Heerenveen (NED)
March 9-11, 2012	All distances	Berlin (GER)

Selection Procedures:

Skaters will be selected to the 2012 Winter World Cups (Salt Lake City and Hamar) according to the following priority:

1. Pre-Selection: Skaters who competed at the Fall World Cups and have placed in the top 3 in a specific distance at any of the Fall World Cups will be pre-selected to a Winter World Cup position in that distance. A minimum of two World Cup quota positions (including bye requests) will remain per distance for Selection at the 2012 Canadian Single Distance Championships. If the number of athletes eligible for pre selection in a distance exceeds this requirement, the order of priority will be:
 - a. Athletes with the most top 3 placings in the specific distance
 - b. Highest World Cup rank in that distance

Pre-selected:

Women: Christine Nesbitt 1000m and 1500m

Men: Denny Morrison 1000m and 1500m

2. Subject to byes, remaining 2012 Winter World Cup positions are awarded in finishing order per distance and gender from the 2012 Canadian Single Distance Championships. The quotas sent will be determined at the discretion of the HPC-LT.
3. Byes
The HPC-LT may grant a skater a bye onto the team due to exceptional circumstances as per the Policy on granting byes. (Appendix A in HP Bulletin #159)

To be eligible to compete in the 2012 Heerenveen World Cup (March 2-4), qualified skaters must finish in the top 30% of the Division B, or have competed in Division A in their qualified event(s) at the Salt Lake City and Hamar World Cups or be ranked in the top 14 in the WSD qualification list. Quotas at the Heerenveen World Cup may be filled by skaters who have qualified in another event. Ranking points will be awarded to those who were pre-selected, qualified through the original ranking competition or awarded a bye. Ranking points will not be granted to replacement skaters.

Skaters will be selected to the 2012 Berlin World Cup Final according to ISU qualification criteria.

Exceptions:

500m – The total points of both 500m from the 2012 Canadian Single Distance Championships will determine the final classification.

In the event of a tie at the Canadian Single Distance Championships, the skater with the highest current ISU Ranking for that distance will be ranked highest amongst those skaters concerned.

Mass start – Skaters will be selected to the mass start event at the Heerenveen World Cup (March 2-4) according to the results of the mass start selection race at the 2012 Canadian Single

Distance Championships. The top 3 finishers per gender in this race will be selected to compete in this event if they are qualified to compete in another distance at the Heerenveen World Cup. The HPC-LT may, solely at its discretion, name one athlete finishing in the top 3 for the mass start that is not qualified in another distance for the Heerenveen World Cup mass start event. Any racing positions remaining open may be filled with athletes present at the Heerenveen World Cup at the discretion of the coaches and the team leader present.

Mass Start rules will follow the ISU Rules found in ISU Comm. #1689 and complementing ISU Technical Rule 253, paragraph 4 b, issued by the ISU Technical Committee in November 2011. As per ISU rules, skaters will be required to wear shin pads and cut resistant gloves. Additionally, skaters are required to wear ankle protection according to SSC rule D3-200 governing Olympic Style competitions.

The entry for the for the Mass Start Trials will be limited to the top 28 from the results of the 1500m at the Canadian Single Distance Championships. Athletes must also have achieved an ISU World Cup Time Standard, in any distance, to be eligible to compete in the Mass Start Trials.

Team Pursuit Selection for Winter World Cups

Skaters will be selected to the 2012 Winter Team Pursuit pool of **6 skaters per gender** in accordance with the following priority:

1. Skaters that competed in the Team Pursuit at the 2011 Fall World Cups and finished in the top 3 places.
Pre-selected women: *Brittany Schussler*
Christine Nesbitt
Cindy Klassen
2. Subject to byes, any remaining positions (after Pre-selections) will be selected in order of their rank from the 2 distance cumulative total Sammelagt for the 1500m and 3000m (ladies) and 1500m and 5000m (men) distances at the Winter World Cup Trials.
3. Byes:
The HPC-LT may grant a skater a bye onto the Team Pursuit Pool due to exceptional circumstances as per the Policy on granting byes. (Appendix A, HPC-LT Bulletin 159)
4. The HPC-LT may, solely at its discretion, name additional athletes to the Team Pursuit Pool from skaters competing at the World Cup in another distance.

Team Pursuit pool will be named following the 2012 Canadian Single Distance Championships.

2012 Junior World Cup

Calgary, February 10&11, 2012

Eligibility:

A junior skater is a skater who has reached the age of 14, but not the age of 19 by July 1st, 2011. (ISU Rule 108)

All skaters must meet ISU Junior World Cup time standard requirements for each distance. (ISU Rule 208) See HPC-LT Bulletin 160 for specific distance standards.

Skaters who are selected to the 2012 World Junior Championships will also be selected to the Calgary Junior World Cup. The HPC-LT, solely at its discretion, may add skaters to fill open racing positions at the Calgary Junior World Cup.

2013 Winter World Cup Time Standards

To be eligible for selection to the 2013 Winter World Cups, skaters will be expected to achieve the following time standards in the between January 1, 2012 and the conclusion of the 2013 Canadian Single Distance Championships.

Women	500	38.67	Men	500	35.22
	1000	1,17.13		1000	1,09.41
	1500	1,59.06		1500	1,46.60
	3000	4,10.84		5000	6,26.94
	5000	7,16.89		10000	13,38.82

Athlete Assistance Program

2012 / 2013 Carding Criteria

Introduction

The aim of this document is to describe the criteria that will be used by Speed Skating Canada for nominating athletes for Sport Canada's Athlete Assistance Program (AAP) for the 2012/13 carding year.

The Sport Canada policy and procedures which govern the AAP and the establishment and application of criteria can be found on the Sport Canada website at http://www.pch.gc.ca/progs/sc/prog/athlete_e.cfm

For any matters related to the Athlete Assistance Program Nomination or de-carding, all appeals must follow the Policies and Procedures of Sport Canada's Athlete Assistance Program (AAP) Section 13.1 http://www.pch.gc.ca/progs/sc/pol/athlete05/14_e.cfm

For the 2012/13 carding year, SSC is allocated a maximum of 66 Senior Cards or equivalents for both long track and short track programs. International Cards are no longer considered above the quota and will be drawn from SSC's allocation of Senior Cards. Senior Cards may be converted to Development Cards, with two Senior Cards converting to three Development Cards. In addition SSC is able to award development cards for a 6 month-period. These cards are restricted to those skaters who meet the Talent Squad Criteria.

The High Performance Committee of the LT and ST programs are responsible for nominating athletes for carding in their respective program.

Eligibility

Only skaters named to either of the Speed Skating National or Development Teams or Talent Squads are eligible to be nominated to Sport Canada for AAP Carding.

AAP support is subject to athletes' availability to represent Canada in major international competitions, including the World Championships and Olympic Games. The athlete must be a Canadian citizen or a permanent resident of Canada on the date of the beginning of the carding cycle, and the athlete must have been a legal resident in Canada (student status, refugee status, work visa or permanent resident) for a minimum period of one year before being considered for AAP support.

Short Track Vs. Long Track

Athletes that decide to change programs (from Short Track to Long Track or vice versa) will be evaluated on the criteria of the program they are joining unless otherwise agreed by both HP Committees. In either event, the athlete must meet carding criteria. For an athlete changing programs and qualifying with the appropriate carding criteria, there will be a maximum number of

additional years at the respective carding level. For example, 3 additional years at Senior national level, 2 additional years at Development level.

Injury Cards

The High Performance Committees - Short Track or Long Track can add a skater to the National Team or Development Team according to past performances. A carded athlete who is the victim of an injury or illness which compromises his/her participation in a ranking meet can still be carded based on the AAP policy on "Curtailment of Training and Competition for Health-related Reasons". For nomination purposes, the Athlete will be ranked at the same position as he/she was in the program in the previous year (e.g., Racing Team members, Top 16 at the Worlds, etc.) with the performance of the previous year.

An athlete will receive an injury card at the same level as the previous year except in the case of C1 card which will be awarded at the SR level. Note the first injury year will not count towards the maximum allowances of carding at the TC and SR National levels. Subsequent injury years will count towards the standard limits.

Priorization Of The Cards

Cards are allocated in the following priority order:

1. Senior International cards;
2. Senior cards (including C1); and
3. Development cards - Junior
4. Development cards – Training Centre – Development Team
5. Development cards – Training Centre – Talent Squad

The number of cards for each program will be dependent on the number of cards at the Senior level that each program will qualify for. If, for Short Track and Long Track, more athletes qualifies than the total number of cards available then the prioritization between programs at the Development Card Level (Development criteria and Training Centre criteria) will be based on the ratio of Senior level cards for each program. Please note that injury cards and Maintenance cards will count in the determination of ratio. Carding allocations will be reviewed by Sport Canada following the 2011/2012 Season, therefore the number of cards allocated to Speed Skating Canada is subject to change.

Please note that if less athletes in a program qualify for carding than the number of cards in this program, then the unused cards will be transferred to the other program.

The balance of the cards not allocated to National or Development Team athletes will then be allocated to the Talent Squad program.

SSC Support

Athletes who are selected to the SSC National Team but do not receive AAP carding support from Sport Canada will receive replacement funding from SSC at the 2011/12 Training Centre Card level of funding.

Athletes who are selected to the SSC Development Team but do not receive AAP carding support from Sport Canada will receive replacement funding from SSC at half the 2011/12 Training Centre Card level of funding.

SSC will only provide funding for living allowance. SSC will not provide any of the other AAP allowances such as tuition support. SSC may provide a maximum total of 4 years of support for a skater who does not receive AAP carding support.

LONG TRACK

Senior International Card Criteria (SR1, SR2)

Criteria : Top 16 and top ½ of the qualification field in individual distance or top 8 and top ½ of the qualification field for Team Pursuit

Competitions: 2012 World Single Distance Championships (WSD)

- 500m: From the cumulative time of the two 500m at the 2012 WSD
- 1000m: From the rank at the 2012 WSD
- 1500m: From the rank at the 2012 WSD
- 3000m: Only for Women, from the rank at 2012 WSD
- 5000m: From the rank at the 2012 WSD
- 10000m: Only for Men, from the rank at the 2012 WSD
- Team pursuit: From the rank at the 2012 WSD

Athletes that qualify for carding under the Senior International criteria are eligible for two years of AAP support, with the card for the first year referred to as an SR1 Card and the card for the second year referred to as an SR2 Card. The second year is subject to the athlete being re-nominated by Speed Skating Canada, a training and competitive program approved by Speed Skating Canada and Sport Canada and signing the AAP application and SSC/Athlete agreement.

Senior National Card Criteria (SR, C1)

Senior National cards are intended to support athletes with the potential to reach Senior International card status. Athletes are expected to improve each year to maintain Senior National card level.

The nomination and acceptance of athletes will be determined as follows:

- 2012 World Single Distance competitors, and athletes qualified on the official ISU listing (top 14 points ranking, top 10 time ranking) not including the reserve list
- 2012 World All Round Championships qualifiers plus the 1st alternate from the original selection competition (replacement skaters other than the 1st alternate will not be considered)
- 2012 World Sprint Championships qualifiers plus the 1st alternate from the original selection competition (replacement skaters other than the 1st alternate will not be considered)

- Skaters who are ranked in the top 28 of the ISU World Rankings
- Skaters selected to the National team at the discretion of the High Performance Committee on the basis of performance history, current performance indicators and future potential

An athlete is generally expected to be Senior National level carded (including C1 Card) for no more than five (5) years, at which time it would be expected that Senior International criteria have been met. Further carding at that time could be discussed based on the athlete's improvement, actual results over the carding period, future potential, etc.

Development Card

There are 2 types of criteria used to determine Development Cards.

These are:

1. Development criteria for junior skaters only
2. Training Centre criteria for junior and post junior skaters

Speed Skating Canada will prioritize the nomination for Development Cards in the following priority order:

1. Development Criteria – Junior

Cards awarded, based on Development criteria – Junior, may be available for a period of 12 months for young athletes showing exceptional potential as demonstrated by their performances at the World Junior Championships

The nomination and acceptance of athletes will be based on consideration of the following:

- a) Athletes who placed in the top 8 and top 1/3 of the field in an individual distance, or overall, at the Junior World Championships. Note the 500m will be based on the combined 2 x 500m.

2. Training Centre criteria – Development Team

Training center cards may be available to junior and post junior skaters who demonstrate high performance potential.

Training Centre eligibility criteria:

1. Skaters who have previously been carded at Senior Levels (including C1) for more than 2 years are not eligible to receive a TC Card.
2. Training Centre carding will be offered for a maximum of 4 years (consecutive or total) at the post junior level. 6 month Training Centre cards will be valued at .5 years. The 4th year of support will

be decided at the discretion of the HPC based upon the pattern of development during their previous 3 years in the Development Team.

Development Team

Development Team skaters not already carded will be prioritized according to the following:

- a) Canadian Ranking per distance and gender for which they have been selected to the Development Team

For skaters with the same ranking they will then be compared on the basis of the percentage of their best time skated during the 2011 – 2012 season compared to the average time recorded by the 1st place finisher for the last 2 years in World Cup, World Championships, and Olympic Games or the last 4 years for 5000m women, 10000m men). Please note that the distances used are the Olympic distances. The competitions where these times can be achieved are: Canadian Championships, ISU World Cups, International Competitions (including Canada Cup races, Can-Am races, North Americans and the Oval Finale), or World Championships (only times recorded with an electronic timing system will be considered).

2. Training Centre criteria – Talent Squad

The Talent Squad will be prioritized as follows:

1. Skaters who are selected as members of the 2012 Junior World Championships Team, who are not already selected to the National or National Development Teams.
2. Skaters who finished top 8 at the World Junior Championships in 2011 who were not already selected to the National or Development teams. Skaters will be prioritized based on their 2011-12 Canadian Ranking.
3. HPC-LT may, solely at its discretion, add skaters who have competed at the Canadian Junior Championships during the last 5 season. Skaters will be prioritized based on an assessment of the 2011-12 Canadian Rankings and individual development progress.