

SPEED SKATING CANADA

HIGH PERFORMANCE BULLETIN

#167 - Long Track



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2013 - 2014 INTERNATIONAL COMPETITION QUOTAS

Competition	Men	Women	Substitutes
World Sprint Championships	4	3	
World Allround Championships	Based on regional qualifying	Based on regional qualifying	

World Cup Entry Quotas

Ladies 500	Ladies 1000	Ladies 1500	Ladies 3000/5000	Men 500	Men 1000	Men 1500	Men 5000/10000
5	5	5	5	5	5	5	3

HIGH PERFORMANCE BULLETINS

Purpose

The High Performance Bulletin's (HPB) fundamental strategic purpose for team selection is to define provisions that are designed ultimately to select athletes to teams who will perform at the highest level and achieve the best possible results for Canada at Olympic Games and World Single Distance Championships.

- The High Performance Committee Long Track(HPC-LT) will issue bulletins periodically throughout the season informing athletes, coaches, the Officials Development Committee, and SSC Branches of any updates and/or changes with respect, but not limited, to selection criteria and/or competitions.
- The HPC-LT reserves the right to modify or change the enclosed policies in the event that exceptional circumstances arise and that any such changes are, in the opinion of the HPC-LT, in the best interest of the High Performance program. In these situations, athletes and coaches will be advised of any changes as soon as is feasible after they are confirmed by the HPC-LT.

2013 – 2014 Selection Criteria

General Information

Eligibility

All athletes must meet the relevant ISU eligibility requirements in order to be considered for selection to an ISU Championship, ISU World Cup, Qualifying Competition or other International events.

Notification

All National and Development Team athletes must have completed and signed a National Team Agreement in order to be eligible for selection to any of the following competitions. Athletes earning selection to compete internationally for Canada who are not on the National or Development team will be required to sign an agreement in order to compete.

For the Fall World Cups, all athletes pre-selected to the team must sign the SSC declaration to compete form 1 week prior to the Fall World Cup Trials, indicating their intent to compete or not to compete in their pre-selected distance(s). For athletes who are selected following the Fall Trials, they must sign the SSC declaration to compete form within 24 hours following the selection competition-

For all World Championships, Continental Championships, Olympic Winter Games and Winter World Cups, all athletes selected to the team must sign the SSC Declaration to compete form if they are competing in the applicable Championship at a date determined by the HPC-LT.

Selection Procedures

All athletes must qualify through the specific standards as set by the ISU to be eligible to compete in each specific event. The current policies are subject to change in accordance with any changes to ISU qualifications rules and regulations.

Speed Skating Canada will select athletes for each specific event in accordance with the following general procedures.

Athletes can gain selection, in order of priority, to a team by one of three methods:

- Pre-selection
- Performance/results at designated selection race/s as detailed in HPC-LT Bulletins. Selection is subject to any bye request application being granted;
- Bye request

1. Pre-selection

Pre-selection to an event may be granted to an athlete so that he/she can better prepare for that event. Pre-selection will be based on specific and objective results obtained by the athlete/s during the current skating season and is not subject to any decisions made with regard to bye request applications. Pre-selection may or may not be available for any specific event.

The results required to obtain a pre-selection are detailed in the relevant HPC-LT bulletins.

Pre-selection shall take place before any such selection competitions, and therefore all athletes participating in the competition will be aware of the number of positions available for selections. The HPC-LT will announce all pre-selections prior to the start of the selection competition.

Pre-selection is normally restricted to a maximum number of athletes as detailed later in this Bulletin. However, the HPC-LT has the discretion to pre-select additional athletes to a particular event/team if the performances of an athlete, in the opinion of the HPC-LT, are clearly superior to others in contention for selection and that these performances warrant such pre-selection.

2. Performance / results at designated selection event/s

Selection on the basis of performance/results at a designated selection event/s is subject to any decisions made with regard to bye request applications (see 3 below).

Designated selection events will be named for Fall and Winter World Cups, Olympic Winter Games, World Sprint Championship, Continental Championship, World All Round Championship and World Junior Championship Teams.

3. Bye requests

Due to exceptional circumstances and through no fault of their own, an athlete sometimes does not have the opportunity to compete in the designated selection event/s.

In this situation, the athlete may be eligible to apply for a bye selection to the relevant event(s).

The basic philosophy for selecting an athlete by granting a bye is that, all things being equal, the athlete given the bye has demonstrated clearly superior performances in previous competition to other athletes being considered for selection.

A bye request is considered as the last means by which an athlete can gain selection. It is intended to provide for exceptional circumstances outside the normal selection criteria. It is not a standard method by which an athlete can gain selection.

The procedure and policy for the allocation of Byes is detailed in **Appendix A**.

Reskates:

1. Re-skates may be allowed as per ISU Rule 262.
2. In addition, re-skates outside the guidelines of ISU Rule #262 will be permitted by the HPC-LT for Team Selection purposes only. (i.e. World Championships, World Cups, Continental Championships)
3. Conditions under which a re-skate will be permitted for the purposes of Team Selection for World Cups, Olympic Winter Games, World Championships, and Continentals are:
 - I. The HPC-LT Jury has the right to restrict re-skates to those skaters ranked in the top 16 of the final 2012 – 2013 Canadian Rankings in consultation with the Referee;
 - II. The athlete cannot skate across the finish line except at Continental championships due to country quota implications;
 - III. The athlete has a fall, experiences equipment failure or is disqualified immediately following their race;
 - IV. The athlete elects not to complete the race and skates into the warm-up lane to indicate their withdrawal from that race.
4. In case of disqualification:
 - I. The time will not be considered official.
 - II. Eligibility for a re-skate will be determined by the HPC-LT Jury.
 - III. Athletes who are disqualified and complete their races will only be granted a re-skate in cases where their finishing time would have qualified them for selection to a team. The athlete cannot improve their rank with their re-skate.
 - IV. Please note that an athlete is entitled to a minimum rest of 30 minutes between his/her race and the re-skate, however they may elect to complete their re-skate within this minimum 30 minute allowance.
5. Exceptions to the re-skate: In the case of a re-skate in the 500m distance when both 500m rounds are conducted on the same day, the re-skate will take place after the 2nd round of the 500m races has been completed.
6. For re-skates permitted outside the guidelines of ISU Rule 262 the time recorded in the re-skate will be used for the purposes of Team Selection and the Canadian Rankings.
7. For re-skates permitted outside the guidelines of ISU Rule 262 the athlete/s will be drawn separately to any other athletes who have been granted a re-skate based on ISU Rule 262.

For the purpose of clarification with respect to re-skates as outlined above:

- Notwithstanding ISU Rule 266, for the second race of the 500m, a athlete who does not finish or who is disqualified in the first race has the right to start the second race excepting disqualifications pursuant to 216 (2) (f);
- Scheduling of re-skates awarded pursuant to ISU rule 262 will be at the discretion of the HPC-LT Jury.

Selection Meeting

The HPC-LT will have a Selection Meeting following each selection competition.

- A) In accordance with Paragraph VII-46 of the Procedures and Regulations, the HPC-LT require a quorum for any meeting at which decisions concerning the selection of athletes for teams for specific events is being taken. The quorum will consist of the majority of elected members (not including athlete's representatives) present at the meeting and not in a conflict of interest.
- B) Athlete and coach members are deemed to be in conflict of interest with respect to such decisions. The HPC-LT members deciding may permit representations from a coach with respect to the specific decision to be made. Regardless, in such circumstances the coach shall not participate in any subsequent discussions concerning the decision nor shall they vote.
- C) In any case where an elected member is deemed to have or declare a conflict of interest in relation to a specific decision, or in his or her absence, the Long Track Program Director will vote in his or her place.

Naming of Olympic, World Cup, World Championships and Continentals Teams

Naming of a Team is provisional until any and all Bye requests have been considered.

Once all bye requests have been considered, SSC will then formally announce a Team via email and by placing the respective team list on the SSC website.

The intent of the HPC-LT is to fund all qualified athletes named to each team. The HPC-LT, together with the National Coaching staff, may also determine that it is not in the athlete's best interest to compete in a specific competition. Additionally, at times, there may be a necessity to limit athletes named to events due to budget restrictions. In these instances where the HPC-LT determines that such restrictions will apply, the athlete will not be entered by SSC to compete in the respective competition.

All qualified athletes named to an Olympic Winter Games, World Championship, World Cup or Continental Championships team must sign and abide by the terms of the Athlete agreement including code of conduct provisions. An ISU Declaration Form must be signed immediately following the selection competition by all athletes.

Qualified means that the athlete has met the selection criteria or has been added because of someone declining their position for that event and they are the next ranked athlete from the selection competition.

Replacement of Athletes

The HPC-LT reserves the right to replace an athlete if medical advice is such that competing in the event is potentially injurious to the selected athlete or that the athlete has not recovered sufficiently from an existing injury.

If an athlete who is named to a team withdraws or declines their position on the team prior to departure for the competition they may be replaced on that team at the absolute discretion of the HPC-LT. Eligible replacements will be determined on the basis of the ranking of athletes from the original selection competition.

In determining if a replacement will be made, the HPC-LT will consider the performances of the replacement athlete during the last 12 month period, and will also consider, in consultation with the coaches, the development value of that athlete competing in the respective event. Other considerations include the budgetary circumstances; racing in more than one event or race; development opportunities; competitiveness of the athlete; progression of preparation; coaches' recommendations; and international ranking.

If an athlete who is named to a team withdraws from the team following departure from Canada for the competition, or series of competitions, they will not be replaced on the team. Another athlete who is already at that competition may be offered the opportunity to substitute for the withdrawn athlete. Eligible replacements will be determined firstly from the ranking of athletes from the original selection procedures and secondly based on coaches recommendations.

In either of the above situations if the replacement athlete is the next ranked athlete from the original selection competition they will be deemed as qualified and eligible to earn Canadian Ranking points from their participation in the respective competition. If the replacement athlete is not the next ranked athlete from the original selection competition, they will not be eligible to earn Canadian Ranking Points.

Participation in a vacant 2013 - 2014 World Cup position by a non-qualified athlete

A athlete may compete in a distance in a World Cup that they have not qualified for,

- a) If they are competing in another distance and if the quota is not filled for that distance or
- b) If someone drops out of that distance.

2013 Fall World Cups

November 8-10, 2013	World Cup	Calgary (CAN)
November 15-17, 2013	World Cup	Salt Lake City (USA)
Nov 29-Dec 1 2013	World Cup	Astana (KAZ)
December 6-8, 2013	World Cup	Berlin (GER)

Selection Procedures:

To be eligible for selection to the 2013 Fall World Cups in Astana and Berlin, athletes will be required to achieve the following time standards at a sanctioned event from September 1, 2012 until the conclusion of the 2013 Fall World Cup Trials or be ranked within the top 24 overall in the current 2013-2014 world cup ranking following Calgary and Salt Lake City World Cups.

Women	500	38.46	Men	500	35.22
	1000	1,16.68		1000	1,09.41
	1500	1,59.06		1500	1,46.60
	3000	4,10.84		5000	6,26.94
	5000	7,16.89		10000	13,38.82

Athletes will be selected to the 2013 Fall World Cups according to the following priority:

1. Athletes who placed top 5 at the 2013 World Single Distance Championships will be pre-selected to a Fall World cup position in order of their finish position in a specific distance(s).

2. Subject to byes, remaining 2013 Fall World Cup positions are awarded in finishing order per distance and gender from the 2013 Fall World Cup Trials. The quotas and replacements sent will be determined at the discretion of the HPC-LT.
3. Byes
The HPC-LT may grant an athlete a bye onto the team due to exceptional circumstances as per the Policy on granting byes.

The following athletes have been pre-selected for the 2013 Fall World Cup races.

Women

1000m Christine Nesbitt
1500m Christine Nesbitt
1500m Kali Christ

Exceptions:

500m – The total points of both 500m from the 2012 Fall World Cup Trials will determine the final classification.

Seedings for Fall World Cups

Athletes will be ranked as follows;

1. Pre selected athletes
2. Results of the Fall Trials

Note: Athletes who receive a bye will be ranked according to historical performances.

Team Pursuit Selection for Fall World Cups

Athletes will be selected to the 2013 Fall World Cup Team Pursuit Pool according to the following priority:

1. Athletes that competed in the Team Pursuit at the 2013 World Single Distance Championships and finished in the top 5 places are preselected to the TP pool.

Team Pursuit Pool: None pre-selected

3. The Team Pursuit selection for Winter World Cups and World Cup Final will be selected from those already competing in another distance.
4. The HPC-LT may grant an athlete a bye onto the team pool due to exceptional circumstances as per the Policy on granting byes.

Team Pursuit Training Pool will be named following the Fall World Cup Trials. The team selected for will be determined by the LTPD and coaches at each event.

2013 Fall Junior World Cup

Quebec, QC November 30-December 1, 2013

Eligibility:

A Junior athlete is an athlete who has reached the age of 14, but not the age of 19 by July 1st, 2013. (ISU Rule 108)

All athletes must meet ISU Junior World Cup time standard requirements for each distance (ISU Communication 1809).

Selection Procedures:

Canada will enter athletes who are registered for the Canada Cup competition and positions are awarded in finishing order per distance from the results of the 2013 Canadian Single Distance Championships/Canada Cup 2.

Athletes will be prioritized on the basis of the results from the 2013 Canadian Single Distance Championships/ Canada Cup 2 as a percentage of the Junior World Record, up to a maximum of 6 men and 6 women.

2014 Winter World Cups

March 7-9, 2014

World Cup

Inzell (GER)

March 14-16, 2014

World Cup Final

Heerenveen (NED)

Selection Procedures:

To be eligible for selection to the 2014 Winter World Cups, athletes will be required to achieve the following time standards at a sanctioned event from January 1, 2013 until the conclusion of the 2014 Canadian Championships or be ranked within the top 24 overall in the current 2013-2014 world cup ranking.

Women	500	38.46	Men	500	35.22
	1000	1,16.68		1000	1,09.41
	1500	1,59.06		1500	1,46.60
	3000	4,10.84		5000	6,26.94
	5000	7,16.89		10000	13,38.82

Athletes will be selected to the 2014 Inzell Winter World Cup according to the following priority:

1. Pre-Selection: Athletes who competed at the Fall World Cups and have placed in the top 3 in a specific distance at the Fall World Cups will be pre-selected to a Winter World Cup position in that distance. A minimum of two World Cup quota positions (including bye requests) will remain per distance for Selection at the 2014 Canadian Championships. If the number of athletes eligible for pre selection in a distance exceeds this requirement, the order of priority will be:
 - a. Athletes with the most top 3 placings in the specific distance
 - b. Highest World Cup rank in that distance

2. Subject to byes, remaining 2014 Winter World Cup positions are awarded in finishing order per distance and gender from the 2014 Canadian Championships. Qualified athletes without a performance standard will not be replaced by those with a standard. If there is a distance in which no qualified athlete has a performance time standard, then the first place individual in that distance will be selected. The quotas sent will be determined at the discretion of the HPC-LT.
3. Byes
The High Performance Committee - Long Track may grant an athlete a bye onto the team due to illness, injury or exceptional circumstances as per the Policy on granting byes.

In the event of a tie at the Canadian Championships, the tie will be broken with the criteria outlined in the Olympic Selection Policy.

Athletes will be selected to the 2014 Heerenveen World Cup Final according to ISU qualification criteria.

Exceptions:

500m – The total points of both 500m from the 2014 Canadian Championships will determine the final classification.

Mass start Selection for Winter World Cups

Athletes will be selected for the mass start from those skaters who are competing in another distance by the coaches at the Inzell World Cup Competition.

Team Pursuit Selection for Winter World Cups

The Team Pursuit Selection for Winter World Cups and World Cup Final will be selected from those already competing in another distance.

2014 Continental Championships (Regional Qualifier) January 18 & 19, 2014

Eligibility:

To be eligible to compete at the Continental Championships, athletes must have achieved the ISU qualifying times in the 2012-13 season prior to the 2013 Continental Championships. These standards can be achieved at the 2014 Canadian Championships, 2013 Fall World Cup competitions and 2013 - 14 International competitions listed in the current ISU Communications.

Quota:

Canada is allowed to enter up to a maximum of 6 athletes per gender as per ISU rule 220-5c (subject to the entry numbers from other countries).

Selection Procedures:

Athletes will be selected to the 2014 Continental Championships Team according to the following priority:

1. Results at 2014 Canadian Championships

Subject to byes, athletes will be selected in order of their finish in either the 1500m or the 3000m (women) and 5000m (men).

The Selection order will be as follows:

Men:	Women:
Winner of 1500m	Winner of 1500m
Winner of 5000m	Winner of 3000m
2 nd Place 1500m	2 nd Place 1500m
2 nd Place 5000m	2 nd Place 3000m
Etc.	Etc.

2. Byes

The HPC-LT may grant an athlete a bye onto the team due to exceptional circumstances as per the Policy on granting byes.

Re-skates:

Re-skates must be skated out of competition. The right to re-skate will be confirmed with the USA prior to the Competition.

2014 World Sprint Championships Nagano, Japan, January 18 & 19, 2014

Eligibility:

To be able to participate at the 2014 World Sprint Championship, the athlete must have achieved the qualifying times as per ISU Rule 208 as well as the Winter World Cup time standard in either the 500m or 1000m.

Women	500	38.46	Men	500	35.22
	1000	1,16.68		1000	1,09.41

Quota:

Canada is entitled to enter 4 men and 3 women in the 2014 World Sprint Championships.

Selection Procedures:

Athletes will be selected to 2014 World Sprint Championships Team according to the following priority:

1. Results at 2014 Canadian Championships.

Subject to byes, Athletes will be selected in order of their final rank at the 2014 Canadian Championships up to Quota -1.

2. **Byes**

The HPC-LT may grant an athlete a bye onto the team due to exceptional circumstances as per the Policy on granting byes.

3. At its discretion, the HPC-LT may decide to fill the final quota position.

Ranking

Ranking will be determined as the cumulative total in sammelagt accumulated by athletes at these Championships including re-skates.

The sammelagt will be determined on the basis of the two 500m times recorded by an athlete and the 1000m time recorded by an athlete.

In calculating the sammelagt for the purposes of team selection the Sammelagt points for the 1000m will be doubled for each athlete.

Tie Breaker

In the event of a tie, the best 500m and the 1000m result for each of the tied athletes will be totalled and the athlete with the lowest total will be selected. In the event that there is still a tie the athletes will be paired together for a 1000m race with the winner of this race selected for the 2014 World Sprint Championships.

Seeding:

Seeding for the 2014 World Sprint Championship is according to ISU rule 242.

2013 World All Round Championships Heerenveen, Netherlands, March 21, 22 & 23, 2014

Eligibility:

To be able to participate at the 2014 World All Round Championship, athletes must have achieved the qualifying times as per ISU Rule 208.

Quota:

The quota for the World All Round Championships team for Canada will be decided after 4 distances at the 2014 Continental Championships. Our region (North-America/Oceania) is entitled to 4 Men and 6 Ladies for the World All Round Championships with a maximum of 4 per country.

Selection Procedures:

Athletes will be selected to 2014 World All Round Team according to the following priority:

1. **Pre Selection**

Athletes who qualify for the World Sprint Championships and are ranked top 2 in the 1500m or top 2 in the 3000m (women) or 5000m (men) distances at the 2014 Canadian Championships.

2. **Selection**

Ladies – Subject to byes, any remaining positions (after Pre-selections) will be chosen in order of their cumulative 3 distance sammelagt ranking from the 500, 1500m and 3000m, at the 2014 Canadian Championships. The athletes must compete in the Continental Championships to be eligible, unless they are qualified for and compete at the World Sprint Championships.

Men – Subject to byes, any remaining positions (after Pre-selections) will be chosen in order of their cumulative 3 distance sammelagt ranking from the 500, 1500m, and 5000m at the 2014 Continental Championships. The athletes must compete in the Continental Championships to be eligible, unless they are qualified for and compete at the World Sprint Championships.

3. Byes

The HPC-LT may grant an athlete a bye onto the team due to exceptional circumstances as per the Policy on granting byes.

Seeding:

Seeding for the 2014 World All Round Championship is according to ISU rule 240.

2014 World Junior Championships

Bjugn, Norway – March 14, 15 & 16 2014

Eligibility:

A Junior athlete is a athlete who has reached the age of 14, but not the age of 19 by July 1st, 2013. (ISU Rule 108)

All athletes must meet ISU time standard requirements for each distance. (ISU Rule 208)

Quota:

Canada will select up to five athletes for the 2014 World Junior Championships.

Selection Procedures:

Athletes will be selected to the 2014 World Junior Championships Team according to the following priority:

1. Pre – selection

Any athlete selected to the 2014 World Sprint Championship, the 2014 World All Round Championship or any athlete who earns selection to the 2014 Olympic Team, to a maximum of 1 athlete per distance per gender, will be pre-selected to the 2014 World Junior Championship team. A maximum of 2 athletes per gender can be pre-selected.

Athletes who are pre-qualified through the World Sprint Championship or the Olympic or World Cup 500m or 1000m will be pre-selected in a sprint team position. Athletes who are pre-qualified through the World All Round Championship or World Cup 1500, 3000, or 5000m will be pre-selected in all round team position.

Should more than two athletes be eligible for pre-selection, the following priority will be used:

Female and male pre-selection have been separated because the female event favors more sprint-focused athletes, while the male event favors middle and long distance athletes.

1. Pre-selection priority

- a) Athletes qualifying for the 2014 World All-Round Championships in order of rank at the 2013 selection event (Canadian Championships Women(500, 1500, 3000m), Continental Championships Men (500, 1500, 5000m));
- b) Athletes qualifying for the 2014 World Sprint Championships in order of rank at the 2014 Canadian Championships.
- c) Athletes qualifying for a 2014 Winter World Cup team in order of best finish position in the respective distance from the selection events. If there is a tie in best finish position then the rank will be by order of the athlete's finish time as a percentage of the winner's time from the respective selection race.

2. Results at Canada Cup 3 / Canadian Junior Championships

Subject to byes, athletes will be selected for the Junior World Championships as follows:

- a) First three athletes in the All Round ranking – Total points

Ranking will be determined as the cumulative total of 4 distances, in sammelagt, accumulated by athletes at these competitions including re-skates for all distances.

Distances that will be used are:

Women: 500m, 1000m, 1500m, 3000m

Men: 500m, 1500m, 3000m, 5000m

- b) First athlete in Sprint ranking – 2 x 500m and Best 1000m

Note:

Athletes may qualify for more than one position. The HPC-LT would then select the replacement. The HPC-LT has full discretion in determining if a replacement will be made.

HPC-LT has full discretion to name a 5th member (Men and/or Women) to the Junior World Championship team to fill quotas.

3. Byes

The High Performance Committee - Long Track may grant an athlete a bye onto the team due to exceptional circumstances as per the Policy on granting byes.

Seeding:

Seeding times at the 2014 World Junior Championships are from the best times skated in the 2013 - 14 skating season. These include the Oval Invitational, Can Am, Canadian Championships, and the Canada Cups. (ISU Rule 227)

2014 World Junior Championship Pursuit Team:

The composition will be decided by the coaching staff at the Junior Worlds pending results of all athletes in individual competition

Re-skates:

Refer to the re-skate information provided in the HPC-LT Bulletin

2013 - 14 Canadian Rankings

1. General Information

The Canadian Ranking system for 2013 - 2014 will include a series of competitions subject to regulations that are published by the HPC-LT.

2. Basic Rules

The Canadian Ranking system provides multiple opportunities to obtain points in each individual distance, from both international and national competitions. Following defines the maximum number of races that will be used to calculate the final 2013 - 2014 Canadian Rankings. If athletes have raced more than the number of races indicated, only the highest ranking point performances will be used.

500 m	Ladies and Men	Best 8 races used for ranking
1000m	Ladies and Men	Best 6 races used for ranking
1500m	Ladies and Men	Best 4 races used for ranking
3000m	Ladies	Best 4 races used for ranking
5000m	Men	Best 4 races used for ranking
5000m	Ladies	Best 3 races used for ranking (No Bonus points)
10000m	Men	Best 3 races used for ranking (No Bonus points)
Mass Start	Ladies and Men	Best 2 races used for ranking (No Bonus points)

3. Canadian Ranking Points System

Points will be awarded as per the 2013 - 2014 scoring tables for international and national competitions. Athletes competing in any of the Canadian Ranking Competitions will have their points readjusted after the season by eliminating the athletes that have finished in the top 16 at the Olympic Winter Games. These athletes will be ranked at the top for that distance.

Ties will be broken from the results of the Canadian Championships (if athletes competed in the event).

Ranking Points

Points are awarded in accordance with the scoring tables noted below for specific events. The Canadian Ranking for each distance category will be determined by the accumulated points for each athlete over the season. A final Canadian Ranking list will be published after the season for each individual distance.

Athletes earn Canadian Ranking points at the events noted below as follows:

a) 2013 Fall World Cup Trials;

b) All Winter World Cups;

c) Fall World Cups (Calgary, SLC, Astana, Berlin): Only the highest ranking points scored from the Fall World Cups will be counted - (i.e. best 2x500m, 2x1000m, 1x1500m, 1x3000m, 1x5000m, 1x10000m);

d) Continental Championships: Athletes in a distance of **3000m** or longer will be awarded performance points as follows: 100, 80, 70 etc. (only for those athletes who do not qualify for World Championships);

e) World Sprint Championships: Athletes will be provided points as per World Cup points as follows: 110 + 1 point for each position above top 16;

f) 2014 Canadian Championships and Canada Cup #2: Bonus points will be awarded based upon combined results from the Championships and CC #2 competitions except for the 5000m Ladies and the 10000m Men's distance;

g) Canada Cups #1, 3, and 4: Each race is treated separately for the purposes of earning Canadian Ranking points

h) Points will be awarded for each of the *Winter World Cup and Fall Cup* events listed above as follows:

Event	Bonus points	Performance Points (allocated according to finish position)	Maximum points available per distance
World Cup A final	110 for a top 24 time overall from A & B divisions	1 point for each position above 24 th overall time	133
World Cup B final		110 minus each position below 24 th overall time from A & B divisions to a minimum of 101 points	110

2013/2014 Point Scoring Table**

Rank	Canadian Championships/ CC#2	Fall World Cup Trials, Canada Cups 1,3 & 4
1	125	100
2	100	80
3	88	70
4	75	60
5	63	50
6	45	45
7	40	40

8	36	36
9	32	32
10	28	28
11	26	26
12	24	24
13	22	22
14	20	20
15	18	18
16	17	17
17	16	16
18	15	15
19	14	14
20	13	13
21	12	12
22	11	11
23	10	10
24	9	9
25	8	8
26	7	7
27	6	6
28	5	5
29	4	4
30	3	3
31	2	2
32	1	1

**If two or more athletes have obtained the same rank, each athlete receives the full points assigned to the given rank.

- Canadian Ranking points will only be awarded to an athlete if they have qualified for and finish in the respective event. Athletes who do not finish or do not start a race due to injury will not be awarded Canadian Ranking Points for that race. Athletes who are disqualified in a race will not receive ranking points for that race.
- Only Canadian athletes are eligible to receive Canadian Ranking points.
- In the event of an equal ranking in a distance the athlete with the fastest time recorded at the 2013 Canadian Single Distance Championships/Canada Cup #2 for that distance will assume the higher ranking.

2013 - 14 Canadian Junior Rankings

1. General Information

In addition to the Canadian Ranking System, there will also be a Canadian Junior Ranking system for 2013 - 2014 which will include a series of competitions subject to regulations that are published by the HPC-LT. The purpose of this new ranking system is to identify and recognize exceptional junior athletes.

2. Basic Rules

The Canadian Junior Ranking system provides multiple opportunities to obtain points in each individual distance, from national competitions. The Following defines the maximum number of races that will be used to calculate the final 2013 - 2014 Canadian Junior Rankings. If athletes have raced more than the number of races indicated, only the highest ranking point performances will be used.

500 m	Ladies and Men	Best 4 races used for ranking
1000m	Ladies and Men	Best 4 races used for ranking
1500m	Ladies and Men	Best 2 races used for ranking
3000m	Ladies	Best 2 races used for ranking
5000m	Men	Best 2 races used for ranking (No Bonus points)

3. Canadian Junior Ranking Points System

Points will be awarded as per the 2013 - 2014 scoring tables for national competitions.

Ties will be broken from the results of the Canada Cup 3/Canadian Junior Championships (if athletes competed in the event).

Ranking Points

Points are awarded in accordance with the scoring tables noted below for specific events. The Canadian Ranking for each distance category will be determined by the accumulated points for each athlete over the season. A final Canadian Ranking list will be published after the season for each individual distance.

Athletes earn Canadian Ranking points at the events noted below as follows:

Canada Cup 1
Canada Cup 2 / Canadian Championships
Canada Cup 3 / Canadian Junior Championships
Canada Cup 4
Junior World Championships

2013/2014 Point Scoring Table**

Rank	Canadian Championships/ CC#1,2,4
1	100
2	80
3	70
4	60
5	50
6	45
7	40
8	36
9	32
10	28
11	26
12	24
13	22
14	20
15	18
16	17
17	16
18	15
19	14
20	13
21	12
22	11
23	10
24	9
25	8
26	7
27	6
28	5
29	4
30	3
31	2
32	1

Event	Bonus points	Performance Points (allocated according to finish position)	Maximum points available per distance
World Junior Championships	110 for a top 24 time overall	1 point for each position above 24 th overall time. -1 point for each position below 24 th .	133

**If two or more athletes have obtained the same rank, each athlete receives the full points assigned to the given rank.

- Canadian Junior Ranking points will only be awarded to an athlete if they have qualified for and finish in the respective event. Athletes who do not finish or do not start a race due to injury will not be awarded Canadian Ranking Points for that race. Athletes who are disqualified in a race will not receive ranking points for that race.
- Only Canadian athletes are eligible to receive Canadian Junior Ranking points.
- In the event of an equal ranking in a distance the athlete with the fastest time recorded at the 2014 Canadian Championships/Canada Cup #2 for that distance will assume the higher ranking.

2014 - 15 National, Development Team, and Talent Squad Selection Criteria

Nomination:

The High Performance Committee - Long Track will name the athletes who qualify for the various 2014 / 15 teams at the 2014 Annual Spring High Performance Review meetings.

The HPC-LT will select athletes as detailed below.

Athletes may also be added to the National and National Development Teams on the basis of the following:

1. the athlete being awarded an injury card from Sport Canada (AAP); or,
2. at the absolute discretion of the HPC-LT.

National Team Selection – 2014/2015 Season

The 2014 - 2015 National Team will be composed of:

- 2014 Olympic Winter Games competitors finishing in the Top 16 in an individual distance;
- 2014 World All Round Championships competitors finishing in the Top 16 in the overall classification;
- 2014 World Sprint Championships competitors finishing in the Top 16 overall classification;
- Athletes who are ranked in the top 20 of the 2013-2014 ISU World Cup Final Rankings per distance.

Development Team Selection – 2014/2015 Season*

The 2014 - 2015 Development Team will, in order of priority, be composed of:

- 2014 Olympic Winter Games competitors not already qualified above;
- Athletes with a 2013-2014 ISU World Cup Final Ranking per distance between 21 – 28;

- 2014 World All Round Championships competitors, excluding alternates, not already qualified above;
- 2014 World Sprint Championship competitors, excluding alternates, not already qualified above;
- Athletes who finish in a top 8 position in an Allround classification at the 2014 World Junior Championship or top 5 in an individual distance;
- The top ranked athletes per distance and gender from the 2013 – 2014 Canadian Ranking List not already selected to the National Team (including mass start);
- The second and third ranked athletes per distance and gender from the 2013 – 2014 Canadian Ranking List not already selected to the National Team may be considered for selection to a maximum Long Track National and Development team size of 28 athletes of least 12 men and 12 women after byes have been awarded (excluding mass start).

Selection priority will be based upon season best times from all sanctioned competitions as a percentage of the Winter World Cup standards. Athletes ranked third within a distance cannot pass athletes ranked second in the same distance because of a better season's best time.

FOR EXAMPLE.

Athlete A - Rank 2nd 500m Time percentage 96%

Athlete B – Rank 3rd 500m Time percentage 93%

Athlete C – Rank 2nd 1000m Time percentage 95%

Athlete D – Rank 3rd 1000m Time percentage 98%

Athlete E - Rank 2nd 1500m Time percentage 91%

Athlete F – Rank 3rd 1500m Time percentage 92%

Final team selection priority:

Athlete E

Athlete F

Athlete C

Athlete A

Athlete B

Athlete D

Talent Squad – 2014/2015 Season

- Athletes who finish in a top 8 position in an individual distance at the 2014 World Junior Championship;
- The second and third ranked athletes per distance and gender from the 2013 – 2014 Canadian Ranking List not already selected to the National Team may be considered for selection to a maximum Long Track National, Development and Talent Squad team size of 32 athletes of least 14 men and 14 women after byes have been awarded.

Selection priority will be based upon season best times from all sanctioned competitions as a percentage of the Winter World Cup standards. Athletes ranked third within a distance cannot pass athletes ranked second in the same distance because of a better season's best time.

Notification:

National and Development team athletes will be advised of their selection to these teams following the Annual Spring meeting of the HPC-LT.

Confirmation of Team Membership:

Athletes have 2 weeks following the official announcement of the 2014 – 2015 Teams to confirm acceptance of their position on the Team.

Confirmation of Team membership is a commitment by the athlete to participate fully in the National / Development team programs and that they are available for selection to any representative team and will participate in the respective selection events for these teams.

Confirmation of Team membership also confirms acceptance of the Terms and Conditions of the SSC National / Development Team Agreement.

If SSC does not receive confirmation from the athlete within the stipulated time limit that they accept their position on the Team and that they agree to the Terms and Conditions of the SSC National / Development Team Agreement, they will be regarded as having declined their position and any associated benefits.

Any extensions to this confirmation period must be requested in writing by the athlete and will only be considered in exceptional circumstances.

Replacement of Athletes:

If an athlete withdraws subsequently from the National Team they will not be replaced on the National Team.

If a Development Team athlete withdraws from the Development Team prior to the 1st World Cup of the 2014 – 2015 season, they may, at the absolute discretion of the HPC-LT, be replaced by the next ranked athlete in the respective distance from the 2013 – 2014 Canadian Rankings List.

If the athlete earned their Development Team position from multiple distances then the next ranked athlete from each specific distance may replace them.

2015 Fall World Cup Pre-Selection

Athletes who placed top 5 at the Olympic Winter Games will be pre-selected to a 2015 Fall World Cup position in order of their finish position in a specific distance to a maximum of quota -2.

Athlete of the Year / Rising Star

Speed Skating Canada announces at the Annual General Meeting each year a Male and Female Long Track Athlete of the Year and a “Rising Star” award. .

The HPC-LT will determine the winner of the awards with consideration given to all performances throughout the current season including World Championships, World Cups and National Competitions.