
SPEED SKATING CANADA

HIGH PERFORMANCE BULLETIN

#170 - Long Track



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HIGH PERFORMANCE BULLETINS

The philosophy for team selection is to select the athletes that will achieve the best possible results for Canada at Olympic Games and World Single Distance Championships.

The High Performance Committee will issue bulletins periodically throughout the season informing Skaters, Coaches, ODC and SSC Branches of any update and/or changes to selection criteria, competitions, etc.

The HPC reserves the right to modify or change the enclosed policies in the event that exceptional circumstances arise and that any such changes are clearly in the best interest of the High Performance program. In these situations, all athletes and coaches will be advised of any changes as soon as they are confirmed by the HPC.

2014 – 2015 National / Development Teams

| National Team | National Team |
|--|--|
| 1. Ivanie Blondin (ON) 2. Kali Christ (SK) 3. Kaylin Irvine (AB) 4. Christine Nesbitt (ON) | 1. Tyler Derraugh (MB) 2. Laurent Dubreuil (QC) 3. William Dutton (SK) 4. Jamie Gregg (AB) 5. Gilmore Junio (AB) 6. Denny Morrison (BC) 7. Alex St-Jean (QC) |
| Development Team | Development Team |
| 1. Nicole Garrido (AB) 2. Kate Hanly (AB) 3. Marsha Hudey (SK) 4. Alexandra Ianculescu (ON) 5. Lauren McGuire (ON) 6. Heather McLean (MB) 7. Shannon Rempel (MB) 8. Josie Spence (BC) 9. Tori Spence (BC) 10. Brianne Tutt (AB) | 1. Jordan Belchos (ON) 2. Ted Jan Bloeman (AB) 3. Alex Boisvert-Lacroix (QC) 4. Vincent de Haitre (ON) 5. Alec Janssens (BC) 6. Richard MacLennan (ON) 7. Philippe Riopel (QC) 8. Muncef Ouardi (QC) 9. Stefan Waples (MB) |

Skaters are required to sign the SSC National Team Agreement in order to confirm their position.

Training Squad

Isabelle Weidemann (ON)
 Tamara Oudenaarden (AB)

Training Squad

Francois Dery (QC)
 Daniel Dubreuil (QC)

2014 - 2015 Domestic Competition Schedule

| | | |
|-----------------|---|---------------|
| October 24 - 26 | Olympic Oval Invitational (Open) | Calgary |
| October 23 - 26 | Fall World Cup Trials (Restricted – ISU standard) | |
| Nov 20 - 23 | Can Am (Open) | Calgary |
| Nov 28 – 30 | Canada Cup #1 (Time Standard) | Fort St. John |
| Jan 2 - 5 | Canadian Single Distance Championships (Restricted – ISU standard) Canada Cup #2 (Time Standard) | Calgary |
| Jan 23-25 | Canada Cup #3 (Time Standard) Canadian Junior Championships (Time standard) | Quebec |
| Feb 15 – 20 | Canada Games | Prince George |
| March 19 - 22 | Canada Cup # 4 / Oval Finale (Time Standards) | Calgary |

2014 - 2015 International Competition Schedule

| | | |
|----------------------|-------------------------------------|-------------------|
| November 14-16, 2014 | World Cup All distances | Obihiro (JPN) |
| November 21-23, 2014 | World Cup All distances | Seoul (KOR) |
| November 22-23, 2014 | Jr World Cup Regional | Calgary (CAN) |
| December 5-7, 2014 | World Cup All distances | Berlin GER) |
| December 12-14, 2014 | World Cup All distances | Heerenveen, (NED) |
| Jan 31, Feb1, 2015 | World Cup Middle/Long Distances | Hamar (NOR) |
| February 7-8, 2015 | World Cup Sprint Distances | Heerenveen (NED) |
| February 13-15, 2015 | World Single Distance Championships | Heerenveen (NED) |
| February 14-15, 2015 | Jr World Cup Final | Warsaw (POL) |
| February 20-22, 2015 | World Junior Championships | Warsaw (POL) |
| Feb 28, Mar 1, 2015 | World Sprint Championships | Astana (KAZ) |
| March 7-8, 2015 | World All Round Championships | Calgary (CAN) |
| March 21-22, 2015 | World Cup Final | Erfurt (GER) |

2014 Fall World Cup Pre selections

Skaters who placed top 5 at the 2014 Winter Olympic Games were pre-selected to a Fall World Cup position in order of their finish position in a specific distance.

The following athletes have been pre-selected for the 2014 Fall World Cup races.

Men

1000m Denny Morrison

1500m Denny Morrison

2013-2014 Canadian Rankings

1500m

| Rank | Name | Prov. | Cat. | TOTAL | Ntl Comps | Event | | | | | | | | |
|------|------------------------|-------|------|------------|------------|-------|-----|-----|-----|-----|---|---|---|-----|
| | | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | |
| | Kali Christ | SK | S | OWG | | | 116 | | | | | | | |
| 2 | Christine Nesbitt | ON | S | 349 | 225 | 100 | 124 | | 125 | | | | | |
| 3 | Kate Hanly | AB | S | 333 | 333 | | | 70 | 63 | 100 | | | | 100 |
| 4 | Josie Spence | BC | S | 311 | 270 | 60 | 101 | 60 | 45 | 80 | | | | 70 |
| 5 | Brianne Tutt | AB | S | 271 | 170 | 70 | 101 | | 100 | | | | | |
| 6 | Sarah Gregg | AB | S | 230 | 230 | 40 | | 50 | 32 | 60 | | | | 80 |
| 7 | Shannon Rempel | MB | S | 218 | 218 | 50 | | 80 | 88 | | | | | |
| 8 | Brittany Schussler | MB | S | 210 | 80 | 80 | 130 | | | | | | | |
| 9 | Isabelle Weidemann | ON | Ja | 204 | 204 | 26 | | 100 | 28 | 50 | | | | |
| 10 | Hillary Fast | SK | S | 174 | 174 | 24 | | 45 | 24 | 45 | | | | 60 |
| 11 | Juliette Wheler | SK | Jb | 158 | 158 | | | 28 | 15 | 70 | | | | 45 |
| 12 | Lauren McGuire | ON | S | 145 | 145 | 45 | | 36 | 22 | 28 | | | | 36 |
| 13 | Heather McLean | MB | S | 118 | 118 | 32 | | | 36 | | | | | 50 |
| 14 | Tori Spence | BC | S | 114 | 114 | 18 | | 24 | 18 | 32 | | | | 40 |
| 15 | Méryem Labidi | QC | S | 106 | 106 | 28 | | 26 | 20 | 26 | | | | 26 |
| 16 | Noémie Fiset | QC | Ja | 93 | 93 | 36 | | | 17 | 40 | | | | |
| 17 | Lea Thibault | QC | S | 88 | 88 | | | 40 | 12 | 36 | | | | |
| 18 | Janessa Kemp | AB | S | 82 | 82 | | | 32 | 26 | 24 | | | | |
| 19 | Maddison Pearman | AB | Ja | 76 | 76 | | | 18 | 8 | 22 | | | | 28 |
| 20 | Kaylin Irvine | SK | S | 75 | 75 | | | | 75 | | | | | |
| 21 | Ashley Nelson | BC | S | 70 | 70 | | | 22 | 16 | | | | | 32 |
| 22 | Kelly Prokopchuk | AB | S | 68 | 68 | 20 | | 16 | 7 | 14 | | | | 18 |
| 23 | Danielle Wallish | AB | S | 60 | 60 | 17 | | 11 | 6 | 9 | | | | 17 |
| 24 | Geanne Blais-Dufour | QC | Ja | 50 | 50 | | | 20 | 10 | 20 | | | | |
| 25 | Adeline Maunder | AB | Ja | 50 | 50 | | | 14 | 2 | 18 | | | | 16 |
| 26 | Sophie Croteau | AB | S | 49 | 49 | | | 9 | 4 | 12 | | | | 24 |
| 27 | Jeanette Steinmann | BC | S | 45 | 45 | | | 10 | 15 | | | | | 20 |
| 28 | Anne-Marie Couture | QC | S | 44 | 44 | | | 15 | 13 | 16 | | | | |
| 29 | Caitlyn MacDonald | AB | S | 42 | 42 | | | 7 | 3 | 10 | | | | 22 |
| 30 | Alexandra Ianculescu | ON | S | 40 | 40 | | | | 40 | | | | | |
| 31 | Sara Spence | BC | Ja | 39 | 39 | | | 17 | 5 | 17 | | | | |
| 32 | Anastasia Bucsis | AB | S | 36 | 36 | 22 | | | 14 | | | | | |
| 33 | Christina Thiel | SK | S | 33 | 33 | | | 13 | | 11 | | | | 9 |
| 34 | Katie Babich | SK | S | 28 | 28 | | | | | 13 | | | | 15 |
| 35 | Carolane Gingras | QC | Jb | 25 | 25 | | | 6 | | 6 | | | | 13 |
| 36 | Beatrice Lamarche | QC | Jc | 23 | 23 | | | 12 | 11 | | | | | |
| 37 | Michelle Gauthier | ON | S | 22 | 22 | | | 8 | | | | | | 14 |
| 38 | Emilie Medland-Marchen | BC | Ja | 16 | 16 | | | 4 | | 8 | | | | 4 |
| 39 | Abigail McCluskey | BC | Jb | 15 | 15 | | | | | 4 | | | | 11 |
| 40 | Anna-Belle Dubreuil | QC | Ja | 13 | 13 | | | | | 5 | | | | 8 |
| 41 | Keira Poelzer | AB | S | 12 | 12 | | | | | | | | | 12 |
| 42 | Paisley Perrie | ON | Jb | 11 | 11 | | | 5 | | 3 | | | | 3 |
| 43 | Hee-Won Son | AB | Jd | 10 | 10 | | | | | | | | | 10 |
| 44 | Isabelle Carrier | QC | S | 9 | 9 | | | | 9 | | | | | |
| 45 | Carley Hopkins | MB | Jc | 9 | 9 | | | | | 2 | | | | 7 |
| 46 | Allison Bates | AB | Ja | 8 | 8 | | | | 1 | 7 | | | | |
| 47 | Marianne Portelance | ON | Ja | 7 | 7 | | | | | 1 | | | | 6 |
| 48 | Julia Roth | AB | Jb | 5 | 5 | | | | | | | | | 5 |
| 49 | Veronique Dery | QC | Jc | 4 | 4 | | | 2 | | | | | | 2 |
| 50 | Laurence Paquet | QC | Jb | 3 | 3 | | | 3 | | | | | | |
| 51 | Jasmine Chase | ON | Jb | 1 | 1 | | | | | | | | | 1 |
| 51 | Nichole Tofflemire | QC | S | 1 | 1 | | | 1 | | | | | | |

Event

- 1 Fall World Cup Trials
- 2 Fall World Cups - best points out of the 4 World Cups
- 3 Canada Cup 1
- 4 Canadian Single Distance Championships/Canada Cup 2
- 5 Canada Cup 3
- 6 Inzell World Cup
- 7 Heerenveen World Cup Final
- 8 Canada Cup 4 (Final)

1500m

| Rank | Name | Prov. | Cat. | TOTAL | Ntl Comps | Event | | | | | | | | |
|------|------------------------|-------|------|------------|------------|-------|-----|-----|-----|-----|---|-----|-----|-----|
| | | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | |
| | Denny Morrison | BC | S | OWG | | | 128 | | | | | 132 | 124 | |
| 2 | Vincent DeHaitre | ON | S | 361 | 360 | 60 | 101 | 100 | 100 | | | | | 100 |
| 3 | Richard MacLennan | ON | S | 369 | 323 | 80 | 109 | | 63 | 100 | | | | 80 |
| 4 | Mathieu Giroux | QC | S | 305 | 195 | 70 | 110 | | 125 | | | | | |
| 5 | Lucas Makowsky | SK | S | 299 | 188 | 100 | 111 | | 88 | | | | | |
| 6 | Philippe Riopel | QC | S | 260 | 260 | 26 | | 80 | 40 | 80 | | | | 60 |
| 7 | Alec Janssens | BC | S | 221 | 221 | 45 | | | 36 | 70 | | | | 70 |
| 8 | Tyler Derraugh | MB | S | 196 | 95 | 50 | 101 | | 45 | | | | | |
| 9 | Daniel Dubreuil | QC | Ja | 169 | 169 | 24 | | 45 | 14 | 50 | | | | 50 |
| 10 | Francois Dery | QC | S | 156 | 156 | 40 | | 60 | 18 | 28 | | | | 28 |
| 11 | Rob Watson | ON | S | 148 | 148 | 16 | | 32 | 13 | 60 | | | | 40 |
| 12 | Ben Donnelly | ON | Jb | 129 | 129 | | | 36 | 12 | 45 | | | | 36 |
| 13 | Martin Corbett | ON | S | 126 | 126 | 22 | | 50 | 22 | 32 | | | | |
| 14 | Remi Beaulieu | QC | S | 107 | 107 | 32 | | | | 75 | | | | |
| 15 | Laurent Dubreuil | QC | S | 96 | 96 | | | 70 | 26 | | | | | |
| 16 | Leo Landry | QC | S | 96 | 96 | 20 | | 40 | 20 | 13 | | | | 16 |
| 17 | Mikhail Jeonghan Choi | AB | S | 93 | 93 | | | 26 | 11 | 36 | | | | 20 |
| 18 | Nicholas Goplen | BC | S | 90 | 90 | 18 | | 16 | 16 | 40 | | | | |
| 19 | Elliott Nelson | SK | S | 88 | 88 | 13 | | 28 | | 15 | | | | 32 |
| 20 | Stefan Waples | MB | S | 74 | 74 | | | | 32 | 20 | | | | 22 |
| 21 | Scott Bickerton | BC | S | 69 | 69 | | | | 24 | | | | | 45 |
| 22 | Sam Deckert | MB | Ja | 69 | 69 | | | 20 | 7 | 18 | | | | 24 |
| 23 | Braden Clouthier | BC | Ja | 65 | 65 | | | 20 | 6 | 22 | | | | 17 |
| 24 | Samuel Des Cormiers | QC | S | 63 | 63 | | | 22 | 9 | 14 | | | | 18 |
| 25 | Axel Morin | SK | S | 62 | 62 | 12 | | 24 | | 26 | | | | |
| 26 | Jess Neufeld | MB | S | 49 | 49 | | | 15 | 5 | 16 | | | | 13 |
| 27 | Michael Wrubleski | SK | S | 47 | 47 | 14 | | 10 | 3 | 8 | | | | 15 |
| 28 | Jordan Bertagnolli | AB | S | 47 | 47 | | | 17 | 2 | 17 | | | | 11 |
| 29 | Justin Warsylewicz | SK | S | 45 | 45 | 17 | | | | 28 | | | | |
| 30 | Jamie Gregg | AB | S | 36 | 36 | 36 | | | | | | | | |
| 31 | Christopher Fiola | QC | Jb | 35 | 35 | | | 9 | | 12 | | | | 14 |
| 32 | Alexandre Déry | QC | Jb | 32 | 32 | | | | 8 | 24 | | | | |
| 33 | Lucas Morin | SK | Ja | 32 | 32 | | | 6 | 4 | 10 | | | | 12 |
| 34 | Guillaume Blais-Dufour | QC | S | 28 | 28 | 28 | | | | | | | | |
| 35 | Alex Boisvert-Lacroix | QC | S | 26 | 26 | | | | | | | | | 26 |
| 36 | Patrick Marsh | ON | S | 25 | 25 | 15 | | | 10 | | | | | |
| 37 | Pieter Stoffel | SK | S | 25 | 25 | | | 7 | | 11 | | | | 7 |
| 38 | Conner McConvey | ON | Ja | 20 | 20 | | | 11 | | 9 | | | | |
| 39 | Marc-Andre-P Michaud | QC | S | 19 | 19 | | | 12 | | 7 | | | | |
| 40 | Alexandre St Jean | QC | S | 17 | 17 | | | | | 17 | | | | |
| 41 | Jordan Belchos | ON | S | 15 | 15 | | | | | 15 | | | | |
| 42 | Arthur Iwaniszyn | AB | Jb | 14 | 14 | | | | | 6 | | | | 8 |
| 43 | Alex Ruel-Garvey | AB | Ja | 14 | 14 | | | | | 4 | | | | 10 |
| 44 | Dan Carruthers | ON | S | 14 | 14 | | | 14 | | | | | | |
| 45 | Jackson Hill | AB | S | 13 | 13 | | | 13 | | | | | | |
| 46 | Andrew Lawler | MB | Ja | 11 | 11 | | | 2 | | | | | | 9 |
| 47 | Jamie Inglis | BC | S | 8 | 8 | | | 8 | | | | | | |
| 48 | BJ Schmidt | BC | S | 6 | 6 | | | | | 2 | | | | 4 |
| 49 | Nicholas Hiller | BC | Jb | 6 | 6 | | | | | | | | | 6 |
| 50 | Dylan White | AB | Jb | 6 | 6 | | | 1 | | 3 | | | | 2 |
| 51 | Nolan Messer | AB | S | 5 | 5 | | | | | | | | | 5 |
| 52 | Kirk Wright | MB | Ja | 5 | 5 | | | | | 5 | | | | |
| 53 | Marc-Olivier Lemay | QC | Jb | 5 | 5 | | | 5 | | | | | | |
| 54 | Jerome Detuncq | QC | S | 4 | 4 | | | 4 | | | | | | |
| 55 | Antoine Roy | QC | Ja | 3 | 3 | | | 3 | | | | | | |
| 56 | Guillaume Labbe | QC | Jb | 3 | 3 | | | | | | | | | 3 |
| 57 | Maxim Morris | ON | S | 2 | 2 | | | | | 1 | | | | 1 |
| 58 | Troy Henry | YK | S | 1 | 1 | | | | | 1 | | | | |

Event

- 1 Fall World Cup Trials
- 2 Fall World Cups - best points out of the 4 World Cups
- 3 Canada Cup 1
- 4 Canadian Single Distance Championships/Canada Cup 2
- 5 Canada Cup 3
- 6 Inzell World Cup
- 7 Heerenveen World Cup Final
- 8 Canada Cup 4 (Final)

3000m

| Rank | Prov. | Cat. | TOTAL | Ntl Comps | Event | | | | | | | | | |
|------|------------------------|------|-------|-----------|-------|-----|-----|-----|-----|----|-----|-----|---|-----|
| | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | |
| 1 | Ivanie Blondin | ON | S | 428 | 200 | 100 | 110 | | 100 | 80 | | 118 | | |
| 2 | Josie Spence | BC | S | 323 | 323 | 45 | | 80 | 63 | | 80 | | | 100 |
| 3 | Brittany Schussler | MB | S | 320 | 205 | 80 | 115 | | 125 | | | | | |
| 4 | Brianne Tutt | AB | S | 319 | 218 | 60 | 101 | 70 | 88 | | | | | |
| 5 | Lauren McGuire | ON | S | 301 | 260 | 70 | 101 | 60 | 45 | | 60 | | | 70 |
| 6 | Isabelle Weidemann | ON | Ja | 272 | 272 | 32 | | 100 | 40 | | 100 | | | |
| 7 | Tori Spence | BC | S | 236 | 236 | 28 | | 50 | 36 | | 70 | | | 80 |
| 8 | Nicole Garrido | ON | S | 226 | 125 | 50 | 101 | | 75 | | | | | |
| 9 | Ashley Nelson | BC | S | 181 | 181 | 36 | | 45 | 32 | | 40 | | | 60 |
| 10 | Juliette Wheler | SK | Jb | 154 | 154 | | | 28 | 26 | | 50 | | | 50 |
| 11 | Sophie Croteau | AB | S | 120 | 120 | 26 | | 26 | 24 | | 28 | | | 40 |
| 12 | Adeline Maunder | AB | Ja | 106 | 106 | | | 36 | 12 | | 26 | | | 32 |
| 13 | Maddison Pearman | AB | Ja | 102 | 102 | | | 17 | 17 | | 32 | | | 36 |
| 14 | Anne-Marie Couture | QC | S | 92 | 92 | | | 13 | 14 | | 20 | | | 45 |
| 15 | Méryem Labidi | QC | S | 86 | 86 | | | 40 | 22 | | 24 | | | |
| 16 | Lea Thibault | QC | S | 74 | 74 | | | 32 | 20 | | 22 | | | |
| 17 | Caitlyn Macdonald | AB | S | 68 | 68 | | | 15 | 12 | | 15 | | | 26 |
| 18 | Danielle Wallish | AB | S | 65 | 65 | | | 22 | 11 | | 10 | | | 22 |
| 19 | Noémie Fiset | QC | Ja | 64 | 64 | | | | 28 | | 36 | | | |
| 20 | Jeanette Steinmann | BC | S | 61 | 61 | | | 14 | 8 | | 17 | | | 22 |
| 21 | Christina Thiel | SK | S | 60 | 60 | | | 20 | 7 | | 18 | | | 15 |
| 22 | Shannon Rempel | MB | S | 60 | 0 | | | | | 60 | | | | |
| 23 | Geanne Blais-Dufour | QC | Ja | 50 | 50 | | | 18 | 16 | | 16 | | | |
| 24 | Carolane Gingras | QC | Jb | 50 | 50 | | | 12 | 6 | | 14 | | | 18 |
| 25 | Anna-Belle Dubreuil | QC | Ja | 45 | 45 | | | 10 | 4 | | 11 | | | 20 |
| 26 | Sarah Gregg | AB | S | 45 | 45 | | | | | | 45 | | | |
| 27 | Sara Spence | BC | Ja | 42 | 42 | | | 24 | 18 | | | | | |
| 28 | Kali Christ | SK | S | 40 | 40 | 40 | | | | | | | | |
| 29 | Katie Babich | SK | S | 38 | 38 | | | | 10 | | | | | 28 |
| 30 | Kelly Propchuk | AB | S | 37 | 37 | | | | 13 | | | | | 24 |
| 31 | Beatrice Lamarche | QC | Jc | 31 | 31 | | | 16 | 15 | | | | | |
| 32 | Carley Hopkins | MB | Jc | 28 | 28 | | | | | | 12 | | | 16 |
| 33 | Julia Roth | AB | Jb | 26 | 26 | | | | 3 | | 9 | | | 14 |
| 34 | Emilie Medland-Marchem | BC | Ja | 25 | 25 | | | | 2 | | 13 | | | 10 |
| 35 | Marianne Portelance | ON | Ja | 25 | 25 | | | 5 | | | 8 | | | 12 |
| 36 | Abigail McCluskey | BC | Jb | 18 | 18 | | | | 1 | | | | | 17 |
| 37 | Kiersten Hagen | BC | Jb | 18 | 18 | | | | | | 7 | | | 11 |
| 38 | Veronique Dery | QC | Jc | 16 | 16 | | | 7 | | | | | | 9 |
| 39 | Emily Mellors | AB | Ja | 15 | 15 | | | 2 | | | | | | 13 |
| 40 | Paisley Perrie | ON | Jb | 14 | 14 | | | 9 | | | 5 | | | |
| 40 | Jasmine Chase | ON | Jb | 14 | 14 | | | | | | 6 | | | 8 |
| 42 | Michelle Gauthier | ON | S | 11 | 11 | | | 11 | | | | | | |
| 43 | Alison Desmarais | BC | Jb | 9 | 9 | | | | 9 | | | | | |
| 44 | Laurence Paquet | QC | Jb | 8 | 8 | | | 8 | | | | | | |
| 45 | Stephanie Lareau | BC | Ja | 7 | 7 | | | | | | | | | 7 |
| 46 | Genevieve Patry | QC | S | 6 | 6 | | | 6 | | | | | | |
| 46 | Lily Weidemann | ON | Jc | 6 | 6 | | | | | | | | | 6 |
| 48 | Allison Bates | AB | Ja | 5 | 5 | | | | 5 | | | | | |
| 49 | Catherine Mailoux | QC | Jc | 4 | 4 | | | 4 | | | | | | |
| 50 | Nichole Tofflemire | QC | S | 3 | 3 | | | 3 | | | | | | |
| 51 | Jade Quevillon | QC | Jb | 1 | 1 | | | 1 | | | | | | |

Event

- 1 Fall World Cup Trials
- 2 Fall World Cups - best points out of the 3 World Cups
- 3 Canada Cup 1
- 4 Canadian Single Distance Championships/Canada Cup 2
- 5 Continentals Championships
- 6 Canada Cup 3
- 7 Inzell World Cup
- 8 Heerenveen World Cup Final
- 9 Canada Cup 4 (Final)

5000m

| Rank | Name | Prov. | Cat. | TOTAL | Ntl Comps | Event | | | | | |
|------|--------------------|-------|------|------------|------------|-------|-----|-----|-----|-----|-----|
| | | | | | | 1 | 2 | 3 | 4 | 5 | 6 |
| | Ivanie Blondin | ON | S | OWG | | 110 | | | | 100 | |
| 2 | Nicole Garrido | ON | S | 303 | 200 | 100 | 103 | | 100 | | |
| 3 | Josie Spence | BC | S | 260 | 260 | 80 | | 70 | 80 | | 100 |
| 4 | Tori Spence | BC | S | 220 | 220 | 50 | | 80 | 60 | | 80 |
| 5 | Isabelle Weidemann | ON | Ja | 210 | 210 | 40 | | 100 | 70 | | |
| 6 | Lauren McGuire | ON | S | 180 | 180 | 60 | | 60 | 50 | | 60 |
| 7 | Brittany Schussler | MB | S | 171 | 70 | 70 | 101 | | | | |
| 8 | Ashley Nelson | BC | S | 165 | 165 | 36 | | 50 | 45 | | 70 |
| 9 | Shanon Rempel | MB | S | 60 | 0 | | | | | | 60 |
| 10 | Christine Nesbitt | ON | S | 45 | 45 | 45 | | | | | |

Event

- 1 Fall World Cup Trials
- 2 Astana World Cup
- 3 Canada Cup 1
- 4 Canadian Single Distance Championships/Canada Cup 2
- 5 Continental Championships
- 6 Canada Cup 4 (Final)

5000m

| Rank | Name | Prov. | Cat. | TOTAL | Ntl Comps | Event | | | | | | | | | | | | | |
|------|-------------------------|-------|------|-------|-----------|-------|-----|-----|-----|-----|-----|---|---|---|--|--|--|-----|--|
| | | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | | | |
| 1 | Mathieu Giroux | QC | S | 396 | 195 | 70 | 101 | | 125 | 100 | | | | | | | | | |
| 2 | Jordan Belchos | ON | S | 345 | 155 | 80 | 110 | | 75 | 80 | | | | | | | | | |
| 3 | Alec Janssens | BC | S | 323 | 323 | 60 | | | 63 | | 100 | | | | | | | 100 | |
| 4 | Lucas Makowsky | SK | S | 298 | 188 | 100 | 110 | | 88 | | | | | | | | | | |
| 5 | Scott Bickerton | MB | S | 290 | 290 | 50 | | 100 | 32 | | 60 | | | | | | | 80 | |
| 6 | Stefan Waples | MB | S | 265 | 265 | 40 | | | 80 | 45 | 80 | | | | | | | 60 | |
| 7 | Francois Dery | QC | S | 213 | 213 | | | 70 | 28 | | 70 | | | | | | | 45 | |
| 8 | Leo Landry | QC | S | 187 | 187 | 32 | | 28 | 40 | | 45 | | | | | | | 70 | |
| 9 | Ben Donnelly | ON | Jb | 182 | 182 | | | 60 | 22 | | 50 | | | | | | | 50 | |
| 10 | Elliott Nelson | SK | S | 162 | 162 | 20 | | 50 | 36 | | 40 | | | | | | | 36 | |
| 11 | Justin Warsylewicz | SK | S | 145 | 145 | 45 | | | 100 | | | | | | | | | | |
| 12 | Nicholas Goplen | BC | S | 128 | 128 | 28 | | 32 | 24 | | 28 | | | | | | | 40 | |
| 13 | Daniel Dubreuil | QC | Ja | 102 | 102 | 22 | | 24 | 20 | | 36 | | | | | | | | |
| 14 | Remi Beaulieu | QC | S | 96 | 36 | 36 | | | | 60 | | | | | | | | | |
| 15 | Rob Watson | ON | S | 87 | 87 | 24 | | 45 | 18 | | | | | | | | | | |
| 16 | Sameul Descormiers | QC | S | 84 | 84 | | | 36 | 5 | | 11 | | | | | | | 32 | |
| 17 | Jess Neufeld | MB | S | 80 | 80 | | | 22 | 14 | | 16 | | | | | | | 28 | |
| 18 | Sam Deckert | MB | Ja | 80 | 80 | | | 16 | 8 | | 32 | | | | | | | 24 | |
| 19 | Troy Henry | YK | S | 78 | 78 | 26 | | 10 | 26 | | 7 | | | | | | | 16 | |
| 20 | Christopher Fiola | QC | Jb | 76 | 76 | | | 17 | 16 | | 26 | | | | | | | 17 | |
| 21 | Lucas Morin | SK | Ja | 75 | 75 | | | 14 | 17 | | 24 | | | | | | | 20 | |
| 22 | Dylan White | AB | Jb | 73 | 73 | | | 26 | 3 | | 18 | | | | | | | 26 | |
| 23 | Braden Clouthier | BC | Ja | 72 | 72 | | | 18 | 12 | | 20 | | | | | | | 22 | |
| 24 | Conner McConvey | ON | Ja | 64 | 64 | | | 40 | 9 | | 15 | | | | | | | | |
| 25 | Mikhail Jeonghan Choi | AB | S | 46 | 46 | | | 16 | 15 | | | | | | | | | 15 | |
| 26 | Graeme Fish | SK | Jb | 45 | 45 | | | | 10 | | 17 | | | | | | | 18 | |
| 27 | Alexandre Dery | QC | Jb | 33 | 33 | | | | 11 | | 22 | | | | | | | | |
| 28 | Lukas Conly | SK | Jb | 28 | 28 | | | 2 | | | 14 | | | | | | | 12 | |
| 29 | Antoine Roy | QC | Ja | 25 | 25 | | | 12 | 13 | | | | | | | | | | |
| 30 | Marc-Andre-P Michaud | QC | S | 20 | 20 | | | 11 | | | 9 | | | | | | | | |
| 31 | Pieter Stoffel | SK | S | 20 | 20 | | | 20 | | | | | | | | | | | |
| 32 | Nicolas Hiller | BC | Jb | 19 | 19 | | | | 6 | | 13 | | | | | | | | |
| 33 | Maxim Morris | ON | S | 18 | 18 | | | 6 | | | 1 | | | | | | | 11 | |
| 34 | Justin Maunder | AB | S | 18 | 18 | 18 | | | | | | | | | | | | | |
| 35 | Robert Winter | AB | S | 14 | 14 | | | | 1 | | | | | | | | | 13 | |
| 36 | Antoine Roger | QC | Jb | 14 | 14 | | | | | | 4 | | | | | | | 10 | |
| 37 | Kevin Yaholnitsky | AB | Jb | 14 | 14 | | | | | | | | | | | | | 14 | |
| 38 | Michael Wrubelski | SK | S | 13 | 13 | | | 9 | 4 | | | | | | | | | | |
| 39 | Sebastien Beaulieu | QC | S | 13 | 13 | | | 13 | | | | | | | | | | | |
| 40 | Jake Weidemann | ON | Jb | 12 | 12 | | | | | | 3 | | | | | | | 9 | |
| 41 | Martin Corbett | ON | S | 12 | 12 | | | | | | 12 | | | | | | | | |
| 42 | Jean-Christophe Pouliot | QC | Jb | 11 | 11 | | | 7 | 2 | | 2 | | | | | | | | |
| 43 | Arthur Iwaniszyn | AB | Jb | 10 | 10 | | | | | | 10 | | | | | | | | |
| 44 | Cameron Mason | ON | Jb | 8 | 8 | | | | | | 8 | | | | | | | | |
| 44 | Marc-Olivier Lemay | QC | Jb | 8 | 8 | | | 8 | | | | | | | | | | | |
| 44 | Tyson Langerlaar | MB | Jc | 8 | 8 | | | | | | | | | | | | | 8 | |
| 47 | Nolan Messer | AB | S | 7 | 7 | | | | 7 | | | | | | | | | | |
| 48 | Adam Szkraba | ON | S | 7 | 7 | | | | | | | | | | | | | 7 | |
| 49 | Simon Koots | MB | Ja | 6 | 6 | | | | | | | | | | | | | 6 | |
| 50 | Marco Schumann | SK | Jc | 6 | 6 | | | | | | 6 | | | | | | | | |
| 51 | Kirk Wright | MB | Ja | 5 | 5 | | | | | | 5 | | | | | | | | |
| 51 | Phillippe Clement | QC | S | 5 | 5 | | | 5 | | | | | | | | | | | |
| 51 | Graham Lock | MB | Jb | 5 | 5 | | | | | | | | | | | | | 5 | |
| 54 | Phillipe Croteau | AB | Jb | 4 | 4 | | | | | | | | | | | | | 4 | |
| 55 | Laurent Marcotte | QC | Ja | 4 | 4 | | | 4 | | | | | | | | | | | |
| 56 | Bruno-Olivier Brabant | QC | S | 3 | 3 | | | | | | | | | | | | | 3 | |
| 57 | Andrew Lawler | MB | Ja | 3 | 3 | | | 1 | | | | | | | | | | 2 | |
| 57 | Hubert Drouin-Belleau | QC | Jb | 3 | 3 | | | 3 | | | | | | | | | | | |
| 59 | Garrett Gledhill | MB | Jb | 1 | 1 | | | | | | | | | | | | | 1 | |

Event

| | | | |
|---|---|---|----------------------------|
| 1 | Fall World Cup Trials | 6 | Canada Cup 3 |
| 2 | Fall World Cups - best points out of the 3 World Cups | 7 | Inzell World Cup |
| 3 | Canada Cup 1 | 8 | Heerenveen World Cup Final |
| 4 | Canadian Single Distance Championships/Canada Cup 2 | 9 | Canada Cup 4 (Final) |
| 5 | Continental Championships | | |

10000m

| Rank | Name | Prov. | Cat. | TOTAL | Ntl Comps | Event | | | | | |
|------|--------------------|-------|------|------------|------------|-------|-----|-----|-----|-----|-----|
| | | | | | | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | Jordan Belchos | ON | S | 310 | 200 | 100 | 110 | | 100 | 100 | |
| 2 | Alec Janssens | BC | S | 272 | 230 | 70 | 102 | | 60 | | 100 |
| 3 | Stefan Waples | MB | S | 260 | 260 | 60 | | 100 | 80 | | 80 |
| 4 | Francois Dery | QC | S | 220 | 220 | 45 | | 80 | 70 | | 70 |
| 5 | Scott Bickerton | MB | S | 160 | 160 | 50 | | 70 | 36 | | 40 |
| 6 | Elliott Nelson | SK | S | 155 | 155 | | | 60 | 45 | | 50 |
| 7 | Leo Landry | QC | S | 150 | 150 | 28 | | 50 | 40 | | 60 |
| 8 | Troy Henry | YK | S | 135 | 135 | 40 | | | 50 | | 45 |
| 9 | Remi Beaulieu | QC | S | 116 | 116 | 36 | | | | 80 | |
| 10 | Mathieu Giroux | QC | S | 106 | 0 | | 106 | | | | |
| 11 | Christopher Fiola | QC | Jb | 81 | 81 | | | 45 | | | 36 |
| 12 | Lucas Makowsky | SK | S | 80 | 80 | 80 | | | | | |
| 13 | Sameul DesCormiers | QC | S | 40 | 40 | | | 40 | | | |
| 14 | Justin Warsylewicz | SK | S | 32 | 32 | 32 | | | | | |
| 15 | Nicholas Goplen | BC | S | 26 | 26 | 26 | | | | | |
| 16 | Rob Watson | ON | S | 24 | 24 | 24 | | | | | |
| 17 | Justin Maunder | AB | S | 22 | 22 | 22 | | | | | |

Event

- 1 Fall World Cup Trials
- 2 Astana World Cup
- 3 Canada Cup 1
- 4 Canadian Single Distance Championships/Canada Cup 2
- 5 Continental Championships
- 6 Canada Cup 4 (Final)