

SPEED SKATING CANADA
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CANADA

HIGH PERFORMANCE BULLETIN 185

**2018-2019 World Cups and World Championships
Team Nomination**

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High Performance Committee – Long Track

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1. Information

1.1. Purpose

The strategic purpose of the Speed Skating Canada (“SSC”) High Performance Bulletin for long track Team Nomination (the “HP Bulletin”) is to establish provisions that are designed, ultimately, to assign athletes to Teams who will achieve consistent international medal performances, and perform at the highest level internationally on behalf of Canada at the World Single Distance Championships and the 2022 Olympic Winter Games - and beyond.

1.2. Objective

The objective of this HP Bulletin is to nominate (“Nomination”) the maximum number of medal potential athletes to a World Cup or World Championships Team for Individual Distances and Team Events. For greater certainty, in this HP Bulletin, “Individual Distances” shall mean “500m, 1000m, 1500m, 3000m (Ladies), 5000m, 10000m (Men) and Mass Start” and “Team Events” shall mean Team Pursuit and Team Sprint.

1.3. Definitions

Some terms have been identified within this HP Bulletin. For clarification, the following additional definitions will apply and be referenced as such within this HP Bulletin:

Team:	Athletes who have been Nominated and accept their Nomination to a World Cup, World Championship, or Olympic Games.
Event:	Any ISU World Cup or ISU World Championships will be identified, Multiple Events may be mentioned.
Selection Event:	The Event where the bases of Nomination will occur.
HPC-LT:	HPC-LT consists of the three voting members of the High Performance Committee – Long Track and the High Performance Director (the “HPD”)

1.4. Nomination Committee

The Nomination Committee constituted pursuant to this HP Bulletin will be the voting members of the HPC-LT as per the Term of Reference. The Technical Coach Advisor (the “TCA”) and coaches will be included in discussions prior to the formal World Cup or World Championships Team Nomination meeting to provide technical recommendations pursuant to this HP Bulletin however will not be present when the formal Team Nomination process and voting occurs.

1.5. Authority

The voting members identified above have sole, full and complete authority and accountability to apply HP Bulletin contained herein without interference from any additional persons.

1.6. Conflict of Interest

In the exercise of the authority granted above, any and all members of the HPC-LT, as described above have the obligation to apply SSC’s Conflict of Interest Policy in the exercise of their duties and as found at the following location: <http://www.speedskating.ca/sites/speedskating.ca/files/int400-conflictofinterestpolicy.pdf>

In the case where any member of the HPC-LT is deemed to have or declares a conflict of interest in relation to a specific decision, or when a member of the HPC-LT has advised that such member will be unable to complete her or his duties under this HP Bulletin, a member of the Short Track High Performance Committee (the “HPC-ST”), selected by the remaining members of the Nomination Committee, will vote in his or her place. If such member of the HPC-ST is unable to vote or if there are two or more members of the HPC-LT in a conflict of interest, such members will be replaced by an additional member(s) of the HPC-ST.

1.7. Quorum

A quorum for any meeting or decision of the HPC-LT will consist of a majority of the HPC-LT members serving on the HPC-LT at the time of such meeting or decision. Any members found to be in a conflict of interest according to Section 1.5 above cannot be counted for quorum or for voting purposes on the topic(s) in which the member is in a conflict of interest.

Should quorum not be present for voting on a particular topic, either due to a declared conflict of interest or to the absence of one or more committee members, then a member of the HPC-ST will vote in his or her place. If such member of the HPC-ST is unable to vote or if there are two or more members of the HPC-LT in a conflict of interest or absent, such members will be replaced by the additional members of the HPC-ST.

1.8. Announcements

The HPC-LT will issue HP Bulletins throughout the season informing athletes, coaches, and other relevant SSC Committees and SSC Branches (“**PTSOs**”) of updates and/or changes with respect, but not limited, to selection criteria and/or competitions. All HP Bulletins will be posted on the SSC Website.

As indicated herein, any amendments as per Section 1.8 of this HP Bulletin will be communicated through the release of additional Bulletins specifying the changes.

1.9. Amendments and Unexpected Circumstances

1.9.1. Changes to This Document

HPC-LT reserves the right to make changes to this HP Bulletin which, in the HPC-LT’s sole, full and absolute discretion, are necessary to ensure Nomination of the best Teams possible for the World Cups, World Single Distance Championships and the Olympic Games. Any changes to this document shall be communicated to all high performance program athletes potentially eligible for a Team Nomination by sending an electronic communication to relevant athletes, and also posting of the changes to the SSC website.

All athletes and coaches are reminded that it is their obligation to understand this HP Bulletin and to make themselves aware of any subsequent changes. Athletes are encouraged to check with their coach(es), or the HPD to confirm if there are any changes to this HP Bulletin.

This clause shall not be used to justify changes to the HP Bulletin after a Selection Event which formed part of the HPC-LT’s Nomination process unless it is related to an unforeseen circumstance. The purpose of this clause is to allow for changes to this document, or International Skating Union (the “**ISU**”) communications, that may become necessary due to a typographical error, a lack of clarity in a definition or wording before it has an impact on athletes. The purpose of such changes must be identified to avoid disputes over the meaning of the provisions of this document rather than who to allow changes to be made to justify the Nomination of different athletes than would have otherwise been Nominated. Such changes must be reasonably justifiable in accordance with fundamental principles of natural justice and procedural fairness.

1.9.2. Unexpected Circumstances

Should the HPC-LT determine that unexpected or unusual circumstances have arisen during the process of applying this HP Bulletin, the HPC-LT shall have the sole, full and absolute discretion to resolve the matter as it sees fit, considering factors and circumstances that it deems in its sole, full and absolute discretion as relevant.

In the event of unforeseen circumstances beyond the control of SSC that prevent the HPC-LT from implementing SSC’s Nomination procedures fairly, as written, the Chief Sport Officer (the “**CSO**”) of SSC, or in the absence of a CSO, the Chief Executive Officer the “**CEO**”), or in the absence of the CEO, such person the Board of Directors shall appoint, shall have the sole, full and absolute discretion to resolve the matter as he or she sees fit, taking into account factors and circumstances that he or she deems relevant.

Any such exercise of discretion shall be subject to the Canadian administrative law principles of fairness.

1.10. International Skating Union Regulations

The International Skating Union (the “ISU”) regulations specific to the discipline of Speed Skating (long track) can be found at: [SPECIAL REGULATIONS & TECHNICAL RULES SPEED SKATING](#) as accepted by the 57th Ordinary Congress June 2018 which will determine the allocation process for quota positions available for each Event, Individual Distance and/or Team Event to each Member Federation.

2. Guidelines

2.1. International Skating Union Qualification

The applicable ISU Qualifying Times and conditions for approval of achieved Qualifying Times will be announced in [ISU Communications](#). For convenience, ISU Qualifying Times are also included in Appendix A of this HP Bulletin.

2.2. Athlete Eligibility

In accordance with ISU rule 208, all athletes must meet the relevant ISU eligibility requirements in order to be considered for Nomination to an Event. In order to be eligible for Nomination to the Team, the athletes must also meet all of the following eligibility conditions:

- Be a Canadian citizen;
- Hold a valid Canadian passport that is valid for at least six months following the Selection Event;
- Meet the ISU citizenship and nationality criteria in order to be eligible;
- Hold a duly valid membership according to Speed Skating Canada’s 2018-2019 Athlete Agreement and be a member in good standing;
- Have signed the SSC Declaration to Compete Agreement (Appendix B) two weeks prior to the Selection Event in the case of pre-selected athletes, and immediately following the Selection Event for all other athletes;
- Sign and submit the ISU Declaration Form two weeks prior to the ISU Event.

2.3. Replacement of Athletes

The HPC-LT reserves the right to remove an athlete from competing at an Event if medical advice is such that competing in the Event would be potentially injurious to the Nominated athlete or if the athlete has not recovered sufficiently from an existing injury or illness.

If an athlete who is named to a Team withdraws or declines his/her position on the Team prior to departure for the Event, he/she may be replaced on the Team at the sole, full and absolute discretion of the HPC-LT. Eligible replacements will be determined by the HPC-LT on the basis of the ranking of athletes from the Selection Event.

In determining if a replacement will be Nominated to the relevant Team, the HPC-LT will consider:

- the performances of the replacement athlete during the prior 12-month period;
- in consultation with the TCA and the coaches, the development value of competing in the respective Event for such athlete;
- the budgetary circumstances;
- racing in more than one distance/team event or race at the Event;
- competitiveness of the athlete;
- progression of preparation; coaches’ recommendations; and international ranking.

If an athlete who is named to a Team withdraws from the Team following departure from Canada for the Event, or series of Events, he/she will not be replaced on the Team. Another athlete who is already Nominated for the Team may be offered the opportunity to substitute for the withdrawn athlete. Eligible replacements will be

determined firstly from the ranking of athletes from the Selection Event, and secondly based on coaches' recommendations.

In either of the above situations, if the replacement athlete is the next ranked athlete from the Selection Event, he/she will be deemed as qualified and will be eligible to earn Canadian Ranking points from their participation in the respective competition. If the replacement athlete is not the next ranked athlete from the original selection competition, he/she will not be eligible to earn Canadian Ranking Points.

2.4. Requirement to Compete

Each athlete who accepts a Nomination for one or more individual distances or team events contested at Events will be required to compete in all such individual distances and team events at all Events for which the athlete has qualified except in the following circumstances:

- A junior-aged athlete shall be permitted to compete in fewer than the first four Fall World Cup Events for which he or she has accepted a Nomination if his or her coach believes it is in the best interest of the athlete to do so;
- An athlete who is injured, sick or otherwise physically incapable of competing at any particular individual distance, team event or Event shall be permitted not to compete in such individual distance, team event or Event upon the athlete providing medical evidence satisfactory to the TCA or, in absence of the TCA, the head coach at the Event of such athlete's inability to compete in such individual distance, team event or Event. At the sole, full and absolute discretion of the HPC-LT after receiving and considering submissions from an athlete, and a submission by the coach, as to why it would be in the best interests of such athlete not to compete in the Event in which such athlete has accepted a Nomination.
- For budgetary reasons or other considerations as determined by the SSC CEO.

2.5. Appeals

Following the announcement of the Team for an Event or Events, an athlete has 7 calendar days within which to appeal the decision in accordance with the Speed Skating Canada Appeals Policy.

3. Process

The HPC-LT will Nominate athletes for each specific Event in accordance with the following general procedures. Athletes will be nominated, in order of priority, to a Team by one of three methods:

- Pre-selection
- Performance/results at designated selection event(s) as detailed in this Bulletin. Nomination is subject to any Bye request application being granted (See Appendix C)
- Additional athletes may be added for Nomination to the Team at the sole, full and absolute discretion of the HPC-LT considering performance potential in the Team Pursuit and Mass Start.

3.1. Pre-Selection

Pre-selection decisions will be based on specific and objective results obtained by the athlete during the past or present skating season, in Individual Distances, and are not subject to any decisions made with regard to Bye request application. A pre-selection may or may not be available for all Event or Individual Distances. The pre-selection for each Event is detailed in the relevant Event section within this HP Bulletin.

Pre-selection shall be determined before any such Selection Event, and therefore all athletes participating in the competition will be notified of the number of positions available for selection through performance results. The HPC-LT will announce all pre-selected athletes/teams prior to the start of the Selection Event.

Pre-selection is normally restricted to a maximum number of athletes as detailed within each Event section of this HP Bulletin. However, the HPC-LT has the sole, full and absolute discretion to pre-select additional athletes to an Event if the performance(s) of an athlete, in the opinion of the HPC-LT, is/are clearly superior to others in contention for selection and that these performances warrant such pre-selection.

3.2. Performance Results at Selection Events

Selection on the basis of performance results at designated Selection Event(s) is subject to any decisions made with regard to Bye request applications (see Appendix C).

Designated Selection Events will be named for 2018-2019 World Cups (including Junior/Neo-Senior World Cup), 2019 World Single Distance Championships, 2019 World Sprint Championships, 2019 World All Round Championships, and 2019 World Junior Championship Teams.

In case of a tie in an Individual Distance at the designated Selection Event, times will be used to the thousandth of seconds. If a tie still exists, head-to-head comparisons of the athletes will be made by the HPC-LT in the following order:

- results at the most recent international Event in which both athletes raced that same Individual Distance (on the same day) and;
- if no such results exist as indicated above, results at the 2018 Olympic Selections will be used, where both athletes raced that same Individual Distance (on the same day) and;
- if not such results exist in both instances above, results from an ISU sanctioned event in the 2017-2018 season, where both athletes raced that same Individual Distance (on the same day).

3.3. Mass Start , Team Pursuit, and Team Sprint

3.3.1. Team Pursuit

Athletes will be selected to the Team Pursuit Pools (Ladies and Men) according to the following priority:

- Each Team Pursuit Team will be made up of athletes in the Team Pursuit Pool who are qualified for an Individual Distance at the World Cups or World Championships. At the sole, full and absolute discretion of the HPC-LT, additional athletes from the Team Pursuit Pool may be added to a Team in order to field a competitive Team Pursuit Team.
- The HPC-LT may, in its sole, full and absolute discretion, grant an athlete a Bye onto the Team Pursuit Pool.

The Team Pursuit Pool will be named following the Selection Event. The Team Pursuit Team selected for each Event will be determined by the Team Pursuit coach, the TCA and/or the HPD and coaches at each Event as per, but not limited to the composition identified in Appendix D.

3.3.2. Team Sprint

Athletes for the Team Sprint Team will be made up of athletes who are qualified for an Individual Distance at the Event.

Starting order for the final composition of the Team Sprint for each Event will be based on the most recent Event performance results (or Selection Event if this is the most recent Event) as follows:

- Start position #1 will be the athlete who skated the fastest 500m;
- Start position #2 will be the athlete who skated the fastest lap considering the 500m/1000m;
- Start position #3 will be the athlete who skated to the fastest 1000m;
- If a skater has both the fastest 500m and the fastest lap, the Team Sprint coach, the TCA and/or the HPD will determine the start position to which that skater will be selected;
- The vacant start position will be filled by the next fastest skater in that particular start position category;
- If a skater is unable to compete or chooses not to accept a start position, that start position will go to the next fastest skater in that particular start position category.

3.3.3. Mass Start

Subject to Byes, the HPC-LT may, in its sole, full and absolute discretion, Nominate athlete(s) to the Team for Mass Start (up to quota) based on the recommendation by the coaches, the TCA and the HPD. In Nomination of the athlete for the Team for Mass Start, the HPC-LT may in its sole, full and absolute discretion consider the following:

- Result at CSD Championships in the Mass Start;
- Athletes who have been Nominated in other individual distance(s);
- International historical Mass Start performances of the athlete;
- Ability to work together with the another mass start athletes, for the best Canadian Team result and;
- Other factors as may be identified by the HPC-LT.

3.4. Filling Entry Quota

If the processes herein result in less than the maximum Team quota being selected for either gender, the HPC-LT has the sole, full and absolute discretion to Nominate, or not to Nominate, any remaining Team positions. For greater certainty, the HPC-LT may determine in its sole, full and absolute discretion not to fill the maximum Team entry quota.

3.5. Unfilled Entry Quota

In the event that entry quota spots in an Individual Distance remains unfilled, the athlete who may fill such vacancies may be selected from athletes already selected to the Team in order of priority, and based on:

- the finishing order per distance and gender from the Selection Event; and
- the sole, full and absolute discretion of the HPD and/or the TCA and/or the HPD, and coaches at each event.

3.6. Financial Support

SSC will financially support a maximum number of Nominated athletes to Events as per Appendix E. This number may be reduced or increased at the sole, full and absolute discretion of the HPC-LT, for budgetary reasons or other considerations.

4. ISU World Cup Team Nomination

4.1. ISU World Cup Schedule

As per ISU Communication 2092, the following ISU World Cup schedule has been set:

ISU World Cup 1 November 16-18, 2018 Obihiro, JPN	500m(x2), 1000m, 1500m, 3000m(L), 5000m(M), Team Pursuit, Mass Start, Team Sprint
ISU World Cup 2 November 23-25, 2018 Tomakomai, JPN (outdoor rink)	500m(x2), 1000m, 1500m, 3000m(L), 5000m(L), Team Pursuit, Mass Start, Team Sprint
ISU World Cup 3 December 7-9, 2018 Tomaszow Mazowiecki, POL	500m(x2), 1000m, 1500m, 5000m(L), 10000m(M), Team Pursuit, Team Sprint
ISU World Cup 4 December 14-16, 2018 Heerenveen, NED	500m, 1000m, 1500m, 3000m(L), 5000m(M), Mass Start
ISU World Cup 5 March 9-10, 2019 Hamar, NOR	500m(X2), 1000m, 1500m, 3000m(L), 5000m(M), Team Pursuit, Mass Start,

ISU World Cup Final February 1-3, 2019 Salt Lake City, USA	500m(X2), 1000m, 1500m, 3000m(L), 5000m(M), Mass Start,
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4.2. Entry Quota

In accordance with ISU Communication 2192 for ISU World Cup Speed Skating 2018/19, 3.3.1 Entry Quotas for World Cup 1 to 5: SSC has been granted maximum entry quotas for all events, stated as follows:

Ladies 500	Ladies 1000	Ladies 1500	Ladies 3000/5000	Mass Start
4	3	4	4	2
Men 500	Men 1000	Men 1500	Men 5000/10000	Mass Start
5	4	5	4	2

Athletes will be allowed to compete in accordance with ISU Communication 2192 for ISU World Cup Speed Skating 2018/19, Article 3.1.4 Entry Quotas and selection of skaters and teams for the ISU World Cup Final.

4.3. Qualifying Time

Unless otherwise pre-selected in accordance with Section 4.4.1. below, in order to be nominated for ISU World Cup 1 and ISU World Cup 2, an athlete must achieve the following Qualifying Time set forth in an Individual Distance at the Canadian Single Distance Championships.

	Ladies	Men
500m	38.49	34.86
1000m	1:16.18	1:09.11
1500m	1:57.59	1:44.92
3000m	4:09.34	---
5000m	7:05.50	6:22.38
10000m	---	13:04.34

4.4. ISU World Cup 1 and ISU World Cup 2 – Nomination

Nomination for ISU World Cup 1 and ISU World Cup 2 will be a maximum of twelve (12) athletes as per Section 3.6 of this HP Bulletin.

4.4.1. Pre-Selection

Athletes will be pre-selected in order of their finish position in an Individual Distance to a maximum of 2 quota entries in the following priority:

- Athlete who placed in the top 5 in an individual distance at the 2018 Olympic Games;

The following athlete has been pre-selected for ISU World Cup 1 and ISU World Cup 2:

- 5000m: Ted-Jan Bloemen

4.4.2. Performance Results

Selection Event: Canadian Single Distance Championships (“CSD Championships”), October 20-23, 2018 (Calgary)

Subject to Byes, athletes who have achieved the Qualifying Time in one or more Individual Distance will be ranked in order of priority as follows:

- Athletes not already selected pursuant to Section 4.4.1, and those who have achieved the Qualifying Time in an Individual Distance pursuant to Section 4.3 above will be identified.
- If the number of athletes identified above exceeds the maximum number of 12 athletes, those athletes who achieved a Qualifying Time will then be ranked by their final placing in each Individual Distance at CSD Championships according to the following distance matrix:

NOTE: If athletes achieve the Qualifying Time for a distance spot ranked on the matrix, the next ranked distance on the matrix will be used, until all spots are filled and Nomination is completed, up to the maximum twelve (12) athletes.

PS = Pre-Selected

Rank	Distance	Gender	Position	Name
1	5000m	M	1	Ted-Jan Bloemen (PS)
2	3000m	L	1	
3	3000m	L	2	
4	500m	M	1	
5	1000m	M	1	
6	500m	L	1	
7	1500m	M	1	
8	500m	L	2	
9	1500m	L	1	
10	500m	M	2	
11	5000m	M	2	
12	500m	M	3	
13	1000m	M	2	
14	1500m	M	2	
15	1500m	L	2	
16	1000m	L	1	
17	1500m	L	3	
18	500m	M	4	
19	3000m	L	3	
20	5000m	M	3	
21	500m	L	3	
22	1000m	L	2	
23	1000m	M	3	
24	1500m	M	3	
25	1000m	L	3	
26	500m	L	4	

- If fewer than 12 athletes achieve a Qualifying Time in one or more Individual Distances, then priority for filling the remaining spots will be determined as follows:
 - At the sole, full and absolute discretion of the HPC-LT, skaters may be added to the Team, from the Team Pursuit Pool (as per Section 3.3.1) in order to field a competitive Team Pursuit Team.
 - Subject to Byes, the HPC-LT may, at its sole, full and absolute discretion, nominate additional athlete(s) to the Team for Mass Start based on the recommendation by the coaches, TCA and/or HPD, those which are deemed relevant as per section 3.3.3.

4.5. ISU World Cup 3 and ISU World Cup 4 – Nomination

Nomination for ISU World Cup 3 and ISU World Cup 4 will be a maximum of twelve (12) athletes as per Section 3.6 of this HP Bulletin.

4.5.1. Pre-Selection

Skaters who placed in the top 5 in an individual distance at the 2018 Olympic Games are pre-selected in order of their finish position in a specific distance to a maximum of 2 quota entries.

The following athletes have been pre-selected for the ISU World Cup 3 and ISU World Cup 4

- 5000m: Ivanie Blondin (World Cup 3)
- 5000m: Ted-Jan Bloemen (World Cup 4)

- 10000m: Ted-Jan Bloemen (World Cup 3)
- 10000m: Jordan Belchos (World Cup 3)

4.5.2. Performance Results

The priority of selection of athletes, and the events they will be nominated to race, will be based on the following:

- athletes granted a Bye at the discretion of the HPC-LT for each event in which they were granted a Bye;
- athletes who are Nominated to the Team for World Cup 1 and World Cup 2*;
- for World Cup 3, athletes who have placed in the top two (2) positions at CSD Championships in the Ladies 5000m and Men's 10000m and have satisfied the Qualifying Time in those respective distances;

*each athlete who has not qualified for Division A after ISU World Cup 2 must present rationale or recommendations to the HPC-LT as to why such athlete should attend World Cup 3 and/or 4. This rationale or recommendation should align with Section 1.1 or Section 3.4 of this HP Bulletin.

4.6. ISU World Cup 5 - Nomination

4.6.1. Pre-selection

Athletes nominated to the World Single Distance Championships will be pre-selected to compete in the ISU World Cup 5.

5. World Championships Team Nomination

5.1. Schedule

2019 World Single Distance Championships February 7-10, 2019 Inzell, GER	500m, 1000m, 1500m, 3000m(L), 5000m(M), Team Pursuit, Mass Start, Team Sprint
2019 World Junior Championships February 15-17, 2019 Baselga di Pine, ITA	500m, 1000m, 1500m, 3000m, Team Pursuit, Team Sprint, Mass Start
2019 World Sprint Championships February 23-24, 2019 Heerenveen, NED	500m X 2, 1000m X 2
2019 World Allround Championships March 2-3, 2019 Calgary, CAN	500m, 1500m, 3000m(L), 5000m(M), 50000m(L), 10000m (M)

5.2. Entry Quota

5.2.1. World Single Distance Championships

In accordance with ISU Rule 208, 2.1.1, Entry Quota for the World Single Distance Championships will be allocated to ISU members according to the Special Qualification Ranking List (the “SQRL”) for each competition based on the results achieved in designated World Cup Events during the season.

5.2.2. World Junior Championships

In accordance with ISU Rule 208, 2.6.1, each ISU Member may enter a total of 5 Ladies and 5 Men. For each competition substitutes can be named among the maximum 5 competitors entered for the Championships.

5.2.3. World Sprint Championships

In accordance with ISU Rule 208, 2.3.1, Canada has been pre-allocated an entry quota of one competitor for the Men and no competitors for the Ladies. Remaining quota (a maximum of 3) are allocated based on the SQRL for each Event based on the results achieved in designated World Cup Events during the season.

5.2.4. World Allround Championships

In accordance with ISU Rule 208, 2.2.1, Canada has been pre-allocated an entry quota of one competitor for the Ladies and one competitor for the Men (based on host country). Remaining quota (a maximum of 3) are allocated based on the SQRL for each Event based on the results achieved in designated World Cup Events during the season.

5.3. World Single Distance Championships – Nomination

SSC is permitted to enter a maximum quota of three (3) skaters per distance at the World Single Distance Championships for the 500m, 1000m and 1500m for both Ladies and Men, 3000m for Ladies and 5000m for Men. A maximum quota of two (2) is permitted for the Mass Start in both Ladies and Men, 5000m for ladies and 10000m for men. The quota will be determined in accordance with ISU Rule 208, 2.2.1.

The HPC-LT may, in its sole discretion, grant an athlete a Bye onto the World Single Distance Championships Team due to illness, injury or exceptional circumstances as per Appendix C of this Bulletin.

5.3.1. Performance Results

Selection Event: World Single Distance Championships Skate-off, January 4-6, 2019 (Calgary)

- Subject to Byes, athletes will be nominated to the World Single Distance Championships Team according to Entry Quota determined by the ISU in Section 5.2.1. If Canada has a quota of 3 or fewer skaters for a particular distance according to the SQRL, the following process will be used:
 - If Canada has a quota of one (1) for a particular distance, and an athlete is ranked in the top five (5) on the SQRL, then this skater will be selected from the SQRL points ranking list. If no athlete is ranked in the top five (5), then the quota spot will be selected from the finishing rank at the World Single Distance Championships Skate-off.
 - If Canada has a quota of two (2) for a particular distance, the first skater selected will be the highest ranked Canadian on the SQRL points ranking list. The second quota position will be selected from the finishing rank at the World Single Distance Championships Skate-off unless two (2) athletes are ranked in the top five (5) on the SQRL points ranking list, in which case both skaters will be selected from the SQRL points ranking list.
 - If Canada has three (3) quota positions qualified, the first two positions will be filled by those athletes with the SQRL highest rank (points and/or time) and the selection for the third quota position will take place from finishing rank at the 2019 World Single Distance Championships Skate-off.

- At the sole, full and absolute discretion of the HPC-LT, skaters may be added to the Team, from the Team Pursuit Pool (as per Section 3.3.1) in order to field a competitive Team Pursuit Team.
- If Canada has a quota of one (1) for Mass Start, then the quota spot will be selected from the finishing rank in the Mass Start event at the World Single Distance Championships Skate-off.
- If Canada has a quota of two (2) for Mass Start, the first skater selected will be the highest ranked Canadian on the SQRL points ranking list. The second quota position will be selected from the finishing rank in the Mass Start event at the World Single Distance Championships Skate-off.

5.4. World Junior Championships - Nomination

5.4.1. Pre-Selection

Athletes will be pre-selected (up to a maximum of 1 quota spot per gender for Sprint, 1 quota spot per gender or Allround, and 1 quota spot per gender for Mass Start, based on qualification to the World Single Distance Championships.

5.4.2. Performance Results

Selection Event: Canadian Junior Championships, January 4-5, 2019 (Calgary)

The priority of selection of athletes and the events they will be nominated to race, will be based on the following:

Priority 1

Subject to Byes, the first four (4) athletes (per gender) in the Allround ranking (total points) will be nominated according to:

- Ranking determined as the cumulative total of 4 distances, in sammelagt,
- Distances used: 500m (first), 1000m (first), 1500m, 3000m Ladies, 5000m Men

ISU Rules require Allround skaters to have the time standards in all distances.

Priority 2

The HPC-LT, in its sole, full and absolute discretion, reserves the right to add up to one additional athlete per gender, who shows medal potential possibility in a sprint distance. To be considered for Nomination, athlete(s) must achieve one or more of the following Qualifying Times at the Canadian Junior Championships:

	Ladies	Men
500m	38.58	35.10
1000m	1.16.19	1.09.02

5.5. World Sprint Championships - Nomination

Nomination for World Sprint Championships will be according to Entry Quota allowed as per Section 5.2.3, however no athletes will be financially supported to this Event.

5.5.1. Performance Results

Selection Event: ISU World Cup 1-4 based on SQRL , Rule 208, 2.3

Athletes will be selected to World Sprint Championships Team according to the following priority:

- Subject to Byes, athletes will be chosen in order of their cumulative two (2) distance sammelagt ranking from the 500m and 1000m on the SQRL.

5.6. World Allround Championships - Nomination

Nomination for World Allround Championships will be according to Entry Quota allowed as per Section 5.2.4.

5.6.1. Performance Results

Selection Event: ISU World Cup 1-4 based on SQRL , Rule 208, 2.2

Athletes will be selected to World Allround Championships Team according to the following priority:

- Ladies – Subject to Byes, athletes will be chosen in order of their cumulative two (2) distance sammelagt ranking from the 1500m and 3000m on the SQRL.
- Men – Subject to Byes, athletes will be chosen in order of their cumulative two (2) distance sammelagt ranking from the 1500m, and 5000m on the SQRL.

6. Neo-Senior/Junior World Cup Team Nomination

6.1. Schedule

Neo-Senior/Junior World Cup 1 November 24-25, 2018 Tomaszow, POL	500m, 1000m, 1500m, 3000m, Team Sprint, Team Pursuit, Mass Start
Neo-Senior/Junior World Cup Final February 9-10, 2019 Baselga di Pine, ITA	500m, 1000m, 1500m, 3000m, Team Sprint, Team Pursuit, Mass Start

6.2. Entry Quota

Entry quota will be in accordance with ISU Communication 2196, Section 4.2 Entry Quotas for Neo-Senior and Junior World Cups.

6.3. Qualifying Time (Neo-Seniors only)

In order to be Nominated for a Neo-Senior/Junior World Cup, an athlete must achieve one or more of the Qualifying Times set forth below in at least one event at the CSD Championships.

	Ladies	Men
500m	39.55	35.61
1000m	1.18.33	1.10.60
1500m	2.01.66	1.48.60
3000m	4.18.64	---
5000m		6.27.46

6.4. Neo-Senior/Junior World Cup 1 - Nomination

A maximum of six (6) Neo-Senior athletes, 3 per gender, born in the period July 1, 1995 to June 30, 1999 will be nominated to the Neo-Senior World Cup 1 as per Section 3.6 of this HP Bulletin.

6.4.1. Performance Results

Selection Event: Canadian Single Distance Championships (CSD Championships), October 20-24, 2018 - Calgary

Subject to Byes, 3 Neo-Senior athletes per gender who are not already selected the Fall World Cup Team will be Nominated to the Neo-Senior World Cup Team as follows:

- Each Neo-Senior athlete will be ranked based on their best performance in an Individual Distance at the CSD Championships as a percentage of the Individual Distance Qualifying Time set forth in Section 6.3 (the “**Neo-Senior Ranking**”)
- The top three (3) athletes per gender in the Neo-Senior Ranking will be Nominated to the Neo-Senior World Cup Team

6.5. Neo-Senior/Junior World Cup Final - Nomination

As per ISU Communication 2196, athletes meeting the Entry Quota will be allowed to attend this Event at their own expense.

APPENDIX A – ISU Qualifying Times

As per ISU Communications, in order for a result to be a valid Qualifying Time, it must have been achieved in ISU or International Events and National Championships in the period between July 1, 2017 and the entry deadline for the ISU World Cup or World Championship Event concerned. For the Mass Start and Team Events, any of the listed Qualifying Times will apply.

The ISU Speed Skating Technical Committee has determined Qualifying times required for participation in ISU Speed Skating Championships. For all ISU Championships, except for the ISU World Junior Speed Skating Championships, two alternative sets of Qualifying times have been defined. The slower Qualifying time, listed in (brackets), applies for results achieved outside the high altitude ice rinks in Calgary (Olympic Oval), Salt Lake City (Utah Olympic Oval) and Ürümqi (Xinjiang Ice Sports Center). The following Qualifying time limits apply for ISU Speed Skating Championships:

ISU World Cup Qualifying Times

ISU World Cup

To be entered, a skater must have achieved the following Qualifying Time.

	Ladies	Men
500m	39.60 (40.10)	35.70 (36.10)
1000m	1.19.00 (1.20.00)	1.11.20 (1.12.10)
1500m	2.00.50 (2.02.50)	1.49.00 (1.50.50)
3000m	4.19.00 (4.23.00)	---
5000m	4.11.00 or 7.23.00 (4.15.00 or 7.30.00)	6.40.00 (6.44.00)
10000m	---	13.30.00 or 6.28.00 (13.40.00 or 6.32.00)

ISU Neo-Senior World Cup

To be entered, a skater must have achieved the following Qualifying Time.

	Ladies	Men
500m	42.50	37.50
1000m	1.25.00	1.15.00
1500m	2.11.50	1.56.50
3000m	4.43.00	4.08.00

ISU World Championships Qualifying Times

World Single Distance Championships

To be entered, a skater must have achieved the Qualifying Time in all Individual Distance entered.

	Ladies	Men
500m	40.00 (40.50)	36.20 (36.60)
1000m	1.20.00 (1.21.00)	1.11.90 (1.12.80)
1500m	2.03.00 (2.05.00)	1.51.00 (1.52.50)
3000m	4.24.00 (4.28.00)	---
5000m	4.15.00 or 7.25.00 (4.20.00 or 7.32.00)	6.48.00 (6.52.00)
10000m	---	13.40.00 or 6.35.00 (13.50.00 or 6.40.00)

World Junior Championships

To be entered, allround skaters must achieve the Qualifying Time in all Individual Distance entered.

	Ladies	Men
500m	42.50	38.50
1000m	1.25.00	1.16.00
1500m	2.12.00	1.58.00
3000m	4.45.00	---
5000m	---	7.05.00 or 4.05.00

World Sprint Championships

To be entered, a skater must have achieved the following Qualifying Time in either the 500m or 1000m.

	Ladies	Men
500m	40.00 (40.50)	36.20 (36.60)
1000m	1.20.00 (1.21.00)	1.11.90 (1.12.80)

World Allround Championships

To be entered, a skater must have achieved the following Qualifying Time

	Ladies	Men
3000m	4.24.00 (4.28.00)	---
5000m	---	6.48.00 (6.52.00)

APPENDIX B - Declaration to Compete

Please place an "X" under the following Individual Distances in which you would like your Nomination to be considered, for each corresponding Event.

This form does not confirm your participation in the events listed, only that you intend to compete if Nominated and accept your Nomination.

Name: _____

Event	500m(1)	500m(2)	1000m	1500m	3000m	5000m	10000m	MS
ISU World Cup 1 Obihiro, JPN								
ISU World Cup 2 Tomakomai, JPN								
ISU World Cup 3 Tomaszow, POL								
ISU World Cup 4 Heerenveen, NED								
ISU Neo-Senior World Cup 1 Tomaszow, POL								
ISU World Cup 5 Hamar, NOR								
ISU World Single Distance Championships, Inzell, GER								
ISU World Junior Champ. Baselga di Pine, ITA								

By signing this Declaration to Compete, you agree to the Guidelines set forth in Section 2 of this HP Bulletin 185, and agree to participate in the Individual Distances indicated if Nominated and selected to the Team.

Athlete Signature

Date

Coach Approval – Signature

Date

APPENDIX C – Guidelines for the Allocation of Byes

Philosophy

In exceptional circumstances, as the HPC-LT may in its sole, full and absolute discretion determine that, where an athlete has not had the opportunity, through no fault of his or her own, to compete in the Selection Event or Events, the athlete may be eligible to apply for a Bye selection to the relevant Team. A Bye request is considered as the last means by which an athlete can earn Nomination and is intended to provide for exceptional circumstances outside the normal Nomination criteria rather than being part of the normal means by which an athlete can earn Nomination. Note the bye policy considerations and application herein is specific to the Event.

Due to exceptional circumstances (e.g. illness, injury, equipment breakage) and through no fault of their own, an athlete may not have the opportunity to compete in the Selection Event. For greater certainty, Byes are not available to earn Pre-Selection Nomination.

The basic philosophy for Nomination by granting a bye is that, all things being equal, the athlete given the bye has demonstrated clearly superior performances in previous competition to other athletes being considered for Nomination.

Rules for Requesting a Bye

- Bye requests must be made in writing to the HPC-LT as per the designated timelines indicated below.
- Unless physically incapable, only the athlete requesting a bye is permitted to submit the request.
- If the bye request is made on the basis of an illness or injury, the athlete must provide documented evidence from a medical practitioner. The HPC-LT has the right to request further independent medical review after the bye request has been submitted.
- A bye request may be made on the basis of equipment breakage. In the case of equipment breakage, such bye request has to have been reported to and verified by the race referee and the High Performance Director (or other member of the HPC-LT if the High Performance Director is absent) immediately following the race in which the equipment breakage occurred.

Conditions for Applying for a Bye

Bye requests will be considered in two categories:

1. Pre-competition Illness or Injury

Pre-competition illness or injury, which prevents an athlete from competing in the Selection Event will only be considered if the athlete is ill or injured before the beginning of the Selection Event. The athlete must request a bye prior the coaches meeting, or daily draw, for which the athlete is requesting the bye. The HPC-LT must formally announce all pre-competition illness or injury bye requests at this meeting so that all other competitors are made aware of the possibility of a bye being granted.

In the case of Nomination to the Team Pursuit Team, where a cumulative ranking from multiple distances may be used, an athlete is eligible to apply for a Bye request if they are prevented from competing in one of the combined distances due to a pre-existing illness or injury.

A Bye request will be ruled ineligible if the athlete subsequently competes in the Selection Event for which the bye request is made.

In the case of Nomination being based upon a cumulative ranking from multiple events, an athlete is eligible to apply for a Bye request to a subsequent ranking event if they are prevented from competing in one of the ranking events due to a pre-existing illness or injury.

A Bye request must be made within 24 hours following the end of the competition unless the athlete is physically incapable of making this request (in such a case, the athlete's coach may make the request).

2. Injury, Illness or Equipment Breakage During the Selection Event

Injury, illness or equipment breakage during the Selection Event and other exceptional circumstances, will be determined at the sole, full and absolute discretion of the HPC-LT. A bye request for injury or illness during the Selection Event must be made within 24 hours following the end of the Selection Event unless the athlete is physically incapable of making this request (in such a case, the athlete's coach may make the request).

Each bye request must state clearly what the athlete is seeking, and supporting documentation (medical, race referee report, for example) must be attached.

Process for Reviewing a Bye Request

The following outlines the process for considering Bye requests:

Following the completion of the Selection Event the HPC-LT will review the facts and make a decision on each bye request with supporting rationale:

- In cases where multiple bye applications are submitted and in consideration they will be assessed individually and on their own merit.
- If relevant, the HPC-LT will establish a revised ranking of athletes based upon the Selection Event and an assessment of previous performances from those who have requested a bye and the final Nomination will be made from the revised ranking.
- After the HPC-LT makes its final decision regarding to a Bye request, its decision will be communicated to the athlete/s requesting the Bye, athlete/s directly affected by the bye request, the coaches, and athletes' representatives prior to the final nominations allowing for the required 7 day period for the submission of an Appeal, unless the deadline for nomination precedes this 7 day period. Under such circumstances, the HPC-LT will be notified that an Appeal has been received and is under review.

Conditions for Granting a Bye

When considering whether or not to grant a Bye, the HPC-LT must first evaluate the medical condition of the athlete, the degree to which the athlete has followed the prescribed rehabilitation process, and his/her readiness to compete according to feedback received from the medical team and his/her coaches. If any of the above conditions are not at a level satisfactory to the HPC-LT, the bye may be refused on that basis alone.

The HPC-LT may award a "Conditional Bye" to athletes recovering from injury or illness. In this situation the athlete may have certain conditions imposed on any bye that is granted. The conditions may include, but are not limited to a certain time frame within which to demonstrate fitness or the meeting a performance requirement. In order to make bye decisions the HPC-LT will evaluate a number of elements including, but not limited to the following:

- Head-to-head competition results of the athletes being considered as part of the bye request.
- Past performances of the athlete requesting the bye.
- Results of the Selection Event (by athletes in contention for the Team).
- Recent training and testing performances

In evaluating past performances, the HPC-LT will assign higher weighting priority to those performances from the 12-month period immediately prior to the final selection event. However, occasionally this is not possible because of injuries, or the lack of opportunity for the athletes to compete. In such instances, performances beyond this 12-month period may be considered but will be treated as having a lower weighting in assessing the Bye request.

Other than Mass Start, following the consideration of the bye request, the HPC-LT may, at its sole, full and absolute discretion, award a Bye to an athlete who is:

- 0.5 sammelagt points faster than the last athlete selected in a specific distance based on the race skated at the selection event (that would mean 0.5 seconds in the 500m, 1 second in the 1000m, 1.5 seconds in the 1500m, 3 seconds in the 3000m, 5 seconds in the 5000m, and 10 seconds in the 10000m); or,
- 0.5 sammelagt point per race skated for a selection over cumulative points (4 distances skated = 2 sammelagt points, 500m skated twice = 1.0 sammelagt point).

In assessing the past performances of the athlete requesting the Bye and the history of the athletes involved, the HPC-LT will give priority and weighting to the best time (in sanctioned events) of the athletes involved during the last 12 months including the selection competition(s).

For Mass Start, the HPC-LT may, at its sole, full and absolute discretion, may award a bye to an athlete after the consideration of the factors and requirements described in this Appendix C, other than the sammelagt considerations described above. In the case of a multiple Event Nomination if an athlete cannot complete the selection competition due to exceptional circumstances, the missing distances will be evaluated by using the Personal best time (in the last 12 months) for the athletes involved.

The HPC-LT will only consider an athlete's personal best time for that distance recorded as far back as July 1, 2018. This time must be achieved in speed skating events listed on the ISU International Calendar or sanctioned Domestic Events and have electronic timing.

Injury Replacements

In the event that an athlete is nominated to the Team on the basis of a successful bye request, they will be required to prove full recovery, both from a medical perspective and also a performance perspective in order to confirm their Nomination to the Event

The determination of what constitutes full recovery will be made by the Team medical and coaching staff and will be based upon an assessment of the athlete's ability to perform at the same performance level that earned them Nomination to the Team and such other criteria as determined by the HPC-LT in its sole, full and absolute discretion.

If an athlete is injured following their Nomination to the Team the same conditions of full medical and performance recovery as described above will apply.

APPENDIX D – Team Pursuit Composition

The specific composition of the three (3) or four (4) members Team Pursuit Team, if applicable, that will compete at the Event, including the athletes that will compete in each Event, will be determined at the sole, full and absolute discretion of the Team Pursuit coach(es), the TCA and/or Team Leader.

Different weightings will be determined according to the importance of factors considered in the decision-making process as they deem appropriate with the goal of fielding the best possible Team Pursuit Team. The following factors will be considered along with any other factors deemed relevant:

- Medal potential of the individual athletes selected to the Team;
- Medal potential of the Team Pursuit Team with the athletes qualified in an individual distance;
- Historical individual and team pursuit performances;
- Availability and commitment to train as part of the Team Pursuit Team;
- International experience in the event of Team Pursuit;
- International performance profile in the event of Team Pursuit;
- Fit with other athletes already qualified for the Team and selected to be part of Team Pursuit Team;
- Other factors as may be identified, by the Team Pursuit coach(es), the TCA and/or Team Leader.

APPENDIX E – SSC Funding Model for World Cups and World Championships

World Cups and World Championships (Senior)

	World Cup 1 and 2 (JPN)	World Cup 3 and 4 (POL/NED)	World Cup 5 (NOR)	World Single Distance Championships (GER)	World Allround Championships (CAN)	World Sprint Championships (NED)	World Cup Final (USA)
Entry Quota (number of potential athletes)	As per quota	As per quota	As per quota	As per quota	Up to 6 (max 3 per gender as per quota)	Up to 6 (max 3 per gender as per quota)	As qualified
Maximum Nomination Funded by SSC (number of athletes)	Up to 12, as approved by HPC-LT	Up to 12, as approved by HPC-LT	WSD Team as approved by HPC-LT	Up to quota, as approved by HPC-LT	Up to 6, as approved by HPC-LT (host country)	0	0
Partial Funded (by ISU for Accommodation and Meals)	0	0	0	Up to quota by ISU	Up to 6 by ISU as approved by HPC-LT	Up to 6 by ISU as approved by HPC-LT	0
Self Funded	0	0	0	0	0	Up to 6	As qualified

World Cups and World Championships (Neo-Senior/Junior)

	Neo-Senior World Cup 1 (POL)	Neo-Senior/Junior World Cup Final (ITA)	World Junior Championships (ITA)
Entry Quota (number of potential athletes)	20	16	10
Maximum Nomination Funded by SSC (number of athletes)	6	0	8
Partial Funded (by ISU for Accommodation and Meals)	0	0	Up to 8 by ISU as approved by HPC-LT
Self Funded	0	As qualified	0