

**LT Canada Cup 1
December 3rd - 5th, 2021
Specifications on COVID-19 measures**

Here are some important specifications regarding the public health measures that will need to be observed during the **LT Canada Cup 1, which will take place at the Centre de glaces Intact assurance on December 3rd to 5th 2021**. These specifications follow the [Quebec Speed Skating Return to Sports Overview](#) (*French only*) based on public health measures.

Since March 2020, sports federations have adjusted their measures depending on the Government of Quebec's instructions and the rules applied by each infrastructure manager. The following measures have been defined in agreement with our partners, the Corporation de gestion du Centre de glaces de Québec and Ville de Québec.

Please note that under the current health rules and according to the number of seats available in the stands, only two (2) guests per participant will be allowed inside the Centre de glaces Intact Assurances.

Participants

- The vaccine passport is required and will be asked at the front desk with an identification card. **The skater will also have to identify his/her guests during the registration process on Ice Reg.**
- Participants must complete the COVID-19 form in the morning prior to the competition [by clicking here](#). *The form is also available on FPVQ.org under the Compétitions > Formulaire COVID-19 tab.*
- Participants must respect their designated locker room during this competition.
- Masking is mandatory, except on the skating rink and once seated in the locker room, if a healthy space of one (1) meter is kept.

Guests

- **Two (2) guests per participant ****
- **Masking is mandatory at all time in the arena, except to eat and drink.**
- Guests must complete the COVID-19 form in the morning prior to the competition [by clicking here](#). *The form is also available on FPVQ.org under the Compétitions > Formulaire COVID-19 tab.*
- The vaccine passport is required and will be asked at the front desk with an identification card.
- Guests must remain seated in the stands as much as possible.

Participants exclusive zones

- Locker rooms
- NOTE: You may access the stands to quickly talk with your guests, but you cannot remain.

****Subject to possible changes, according to Quebec Public Health guidelines****



Volunteer, employees and officials

- The vaccine passport is required and will be asked at the front desk with an identification card.
- Masking is mandatory at all time.
- Volunteer, employees and officials must complete the COVID-19 form in the morning prior to the competition [by clicking here](#). *The form is also available on FPVQ.org under the Compétitions > Formulaire COVID-19 tab.*

Common areas

- Masking is mandatory when moving.
- No gathering is allowed in the common areas.
- Guests must remain seated in the stands as much as possible.

ENJOY THE COMPETITION!