



National Competition Calendar Update August 2019



Event	ST	Date	Host/Location	
Canadian Short Track Championships	ST	20-22 September 2019	Montreal	
Short Track Canada Cup 1	ST	18-20 October 2019	Sherbrooke, QC	
Canadian Junior Short Track Championships	ST	29 Nov – 1 December 2019	Calgary	
Canadian Short Track Invitational	ST	6-8 December 2019	Montreal	
Short Track Canada Cup 2	ST	7-9 February 2020	Sherbrooke, QC	
Short Track Canada Cup Final	ST	13-15 March 2020	Calgary	
Short Track Canada Cup Junior Final	ST	20-22 March 2020	Richmond, BC	
Canadian Youth Short Track Championships (West)	ST	28-29 March 2020	Selkirk, MB	
Canadian Youth Short Track Championships (East)	ST	28-29 March 2020	Sherbrooke, QC	
Event	LT	Date	Host/Location	
Canadian Long Track Championships	LT	17-20 October 2019	Calgary	
Long Track Canada Cup 1	LT	6-8 December 2019	Fort St John, BC	
Canadian Junior Long Track Championships / Long Track Canada Cup 2	LT	3-6 January 2020 ²	Calgary	
Long Track Canada Cup 3	LT	17-18-19 January 2020	Lake Placid ¹	
Canadian Youth Long Track Championships	LT	8-9 February 2020	Red Deer	
Long Track Canada Cup 4	LT	19-22 March 2020	Calgary	

1. Collaboration with US as the host organizing committee
2. Addition of a skate off day