



**CANADIAN OPEN MASTERS**  
**Fort St John, BC**  
**February 4-5, 2012**



NAMES		Cat	500m	POINTS	1500m	POINTS	POINTS	1000m	POINTS	POINTS	3000m	POINTS	POINTS		100m	100m	10K	25K	
<b>MASTER FEMALES</b>																			
Pepin	Michelle	F	30-34	0:48,79	48.79	2:40,23	53.41	102.20	1:40,13	50.07	152.27	5:38,38	56.40	208.67	GOLD	0:12,84	0:12,73		
Steckle	Sue	F	35-39	0:54,93	54.93	2:53,48	57.83	112.76	1:45,16	52.58	165.34	5:30,69	55.12	220.46	GOLD	0:14,12	0:13,64	19:44.80	51:09.54
Braun	Leela	F	40-44	0:48,97	48.97	2:53,38	57.79	106.76	1:41,39	50.70	157.46	6:06,41	61.07	218.53	GOLD	0:12,59	0:12,61		
Weiss	Alicia	F	40-44	1:01,60	61.60	3:20,76	66.92	128.52	2:02,49	61.25	189.77	7:19,69	73.28	263.05	SILVER	0:16,06	0:16,23		1:08.34.93
Ramer	Sandy	F	50-54	0:52,33	52.33	2:49,80	56.60	108.93	1:47,27	53.64	162.57	6:02,60	60.43	223.00	GOLD	0:13,37	0:13,40	19:46.86	51:14.71
Polehoykie	Barb	F	50-54	0:57,65	57.65	2:51,65	57.22	114.87	1:52,96	56.48	171.35	5:49,98	58.33	229.68	SILVER	0:15,62	0:15,59	19:40.85	51:10.15
Bilodeau	Hilda	F	50-54	DQ	no lane ch	3:49,12	76.37	76.37	2:33,58	76.79	153.16	8:09,24	81.54	234.70	BRONZE	0:18,94	0:19,23		
Douglas	Ann	F	60-64	1:02,81	62.81	3:19,25	66.42	129.23	2:04,82	62.41	191.64	7:04,58	70.76	262.40	GOLD	0:16,93	0:16,60		
McCracken	Heather	F	Sr-Exhit	0:53,07	53.07	2:44,27	54.76	107.83	1:43,49	51.75	159.58	5:52,17	58.70	218.28		0:13,29	0:13,15		
McPhedran	Kim	F	Sr-Exhit	0:54,60	54.60	3:04,16	61.39	115.99	1:53,13	56.57	172.56	6:32,73	65.46	238.02		0:14,68	0:14,27		
Mullen	Shannon	F	Sr-Exhit	1:11,03	61.03	3:39,34	73.11	134.14	2:12,60	66.30	200.44	7:14,52	72.42	272.86		0:14,46	0:14,63		
<b>NAMES</b>		<b>S</b>	<b>Cat</b>	<b>500m</b>	<b>POINTS</b>	<b>1500m</b>	<b>POINTS</b>	<b>POINTS</b>	<b>1000m</b>	<b>POINTS</b>	<b>POINTS</b>	<b>3000m</b>	<b>POINTS</b>	<b>POINTS</b>		<b>100m</b>	<b>100m</b>	<b>10K</b>	<b>25K</b>
<b>MASTER MALES</b>																			
Wong	Andy	M	35-39	1:06,09	66.09	3:31,41	70.47	136.56	DQ	Crossed	0.00	8:04,47	80.75	80.75	GOLD	0:14,60	0:14,57		
Lavoie	Rejean	M	40-44	0:44,88	44.88	2:13,78	44.59	89.47	1:29,26	44.63	134.10	4:45,28	47.55	181.65	GOLD	0:12,09	0:12,36	16:28.61	
Enns	Bernie	M	40-44	0:51,51	51.51	2:31,69	50.56	102.07	1:40,93	50.47	152.54	5:22,34	53.72	206.26	SILVER	0:14,27	0:14,44		
Lee	Rick	M	45-49	0:44,65	44.65	2:16,51	45.50	90.15	1:28,15	44.08	134.23	4:47,12	47.85	182.08	GOLD	0:12,16	0:12,15	16:28.83	45:16.39
Connell	David	M	45-49	0:46,83	46.83	2:22,14	47.38	94.21	1:32,22	46.11	140.32	5:00,76	50.13	190.45	SILVER	0:12,09	0:12,07		
Sipe	Robin	M	45-49	1:02,96	62.96	2:34,09	51.36	114.32	1:42,20	51.10	165.42	5:35,14	55.86	221.28	BRONZE	DNS	DNS		
Pillar	John	M	50-54	0:46,10	46.10	2:19,77	46.59	92.69	1:32,07	46.04	138.73	4:56,39	49.40	188.13	GOLD	0:12,59	0:12,81	17:00.68	45:16.47
Hrynyk	Donnie	M	50-54	0:49,91	49.91	2:32,23	50.74	100.65	1:37,86	48.93	149.58	5:26,16	54.36	203.94	SILVER	0:12,76	0:13,08		
Dickieson	Lyle	M	55-59	0:44,58	44.58	2:12,26	44.21	88.79	1:27,81	43.91	132.70	4:43,52	47.25	179.95	GOLD	0:11,88	0:12,13		42:08.82
Johnston	Brian	M	55-59	0:44,68	44.68	2:23,15	47.72	92.40	1:32,10	46.05	138.45	5:08,68	51.45	189.90	SILVER	0:12,05	0:12,17	16:31.76	43:14.19
Hanham	Ross	M	55-59	0:49,36	49.36	2:30,51	50.17	99.53	1:38,22	49.11	148.64	5:12,79	52.13	200.77	BRONZE	0:13,33	0:12,97	18:15.90	51:13.08
Hagen	Mike	M	55-59	0:52,31	52.31	2:39,78	53.26	105.57	1:46,32	53.16	158.73	5:29,29	54.89	213.62		0:14,15	0:14,43	18:10.71	46:19.30
Miller	Steven	M	55-59	0:53,91	53.91	2:43,59	54.53	108.44	1:47,02	53.51	161.95	5:33,20	55.53	217.48		0:14,31	0:14,21		
Knudson	Ross	M	55-59	0:51,01	51.01	2:46,89	55.63	106.64	1:44,20	52.10	158.74	6:04,94	60.82	219.56		0:14,02	0:13,88		
Simper	Tom	M	55-59	0:56,22	56.22	2:51,72	57.24	113.46	1:49,05	54.53	167.99	5:50,65	58.44	226.43		0:14,29	0:14,48	20:52.36	51:39.61
Irvine	Bob	M	55-59	0:42,64	42.64	2:10,51	43.50	86.14	1:24,73	42.37	128.51	DQ	no lane	0.00		0:11,92	0:12,09	16:32.05	
Arnason	Brett	M	60-64	0:44,05	44.05	2:18,78	46.26	90.31	1:28,92	44.46	134.77	5:12,01	52.00	186.77	GOLD	0:11,98	0:11,91		
Phillips	Ian	M	60-64	0:50,25	50.25	2:33,10	51.03	101.28	1:39,52	49.76	151.04	5:25,53	54.26	205.30	SILVER	DNS	DNS		
Skjolingstad	Laurits	M	70-74	1:04,02	64.02	3:07,54	62.51	126.53	2:00,12	60.06	186.59	6:31,93	65.32	251.91	GOLD	0:15,46	0:15,57		
Meyer	Werner	M	70-74	1:06,16	66.16	DQ	no lane c	0.00	2:09,22	64.61		7:01,68	70.28		SILVER	0:17,41	0:17,45		
Blokker	Peter	M	75-79	1:02,14	62.14	3:16,05	65.35	127.49	2:03,67	61.84	189.33	6:44,53	67.42	256.75	GOLD	0:16,29	0:16,29		
Whitney	Roy	M	80-84	1:14,54	64.54	3:55,19	78.40	142.94	2:35,53	77.77	220.71	8:19,68	83.28	303.99	GOLD	0:18,74	0:20,20		
Morrison	Jay	M	Sr-Exhit	0:38,20	38.20	1:53,12	37.71	75.91	1:13,97	36.98	112.89	4:07,82	41.30	154.19		0:10,91	DNS	15:45.26	41:39.23
McPhedran	Chris	M	Sr-Exhit	0:52,47	52.47	2:49,68	56.56	109.03	1:49,01	54.51	163.54	6:04,05	60.68	224.22		0:12,26	0:12,22		